

BODY SOUL & HEART

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Count: 32 **Wall:** 2 **Level:** beginner/intermediate

Choreographer: Janet Jolliffe

Music: Body Soul & Heart by Cherie

- 1-2** Rock forward on right, recover weight back to left
- 3-4** Step back on right, hook left over right with left toes touching floor
- 5** Step forward on left
- 6&7** Triple forward stepping right, left, right
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- 8-1** Step forward on left, pivot ½ turn to the right
- 2-3** Step forward on left, touch right toes beside left
- 4&5** Triple forward right, left, right
- 6&7** Triple forward left, right, left
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- 8&1** Mambo forward on right, recover weight to left, step back on left
- 2&3** Mambo back on left, recover weight to right, point left toes to left side
- 4-5** Point left toes to front, touch left toes to left side
- 6-7** Step left beside right, kick right to front
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- 8&1** Coaster step back right, left, forward on right
- 2-3** Step forward on left, pivot ½ turn to the right
- 4-5** Step forward on left, touch right beside left
- 6-7** Step forward on right, pivot ½ turn to the left
- 8** Kick right forward low on floor

REPEAT