

All You Need Is Me

LINEDANCE.COM

Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Johanna Barnes (March 2013)

Music: All You Need Is Me by Joey + Rory

16 count intro

[1~8&]: HEEL HOOK SWITCHES x2

1R present heel forward (12:00)

2R bend knee, 'hook' heel (or toe) across L

3R present heel forward

&R step next to L, taking weight

4L present heel forward

&L step next to R, taking weight

5R present heel forward

6R bend knee, 'hook' heel (or toe) across L

7R present heel forward

&R step next to L, taking weight

8L present heel forward

&L step next to R, taking weight

[9~16]: R ROCKING CHAIR, ¼ R JAZZ CROSS

1R push step forward

2recover weight back onto L

3R push step back

4recover weight forward onto L

5R step across L

6¼ turn R while stepping slightly back on L

7R step to R side (now facing 3:00)

8L step across R

[17~24]: R ROCK-RECOVER, R CROSSING SHUFFLE, L 'SWINGING' ROCKING CHAIR

1R push step to R side

2recover weight onto L

3R step across L

&L small step to L side

4R step across L

5L push step forward, sway hip L

6recover weight back on R, sway hip R

7L push step back, sway hip L

8recover weight forward on R, sway hip R

(The crossing shuffle leaves your hips rotated to the left, it's most comfortable to remain at this slight angle while doing the sway-rocking chair)

[25~32]: L ¼ and ½ PUSH TURNS R, L SLIDE, BACK R ROCK-RECOVER

1L step forward (3:00)

2¼ turn R putting weight onto R (6:00)

3L step forward (6:00)

4½ turn R putting weight onto R (12:00)

5L step to L side (longer than normal)

6R small drag in toward L

7R small push step behind R

8L recover weight slightly across R

(The R foot remains in place as you step and rotate the $\frac{1}{4}$ and $\frac{1}{2}$ turns, like a 'basketball pivot')

[33~40]: R SIDE, L ROCK-RECOVER, L $\frac{1}{2}$ TURN R TO R, L CROSS ROCK-RECOVER, SIDE L

1R step to R side

2L push step back, open toward L to prep

3recover weight onto R

4L step to L side as you begin to rotate R

a $\frac{1}{2}$ turn R (6:00)

5R step to R side

6L push step across R

7recover weight back onto R

8L step to L side

[41~48]: R CROSS-HOLD, L SIDE-REPLACE, L CROSS-HOLD, R SIDE, $\frac{1}{2}$ L TURN TO L

1R step across L

2hold

3L push step out to L side

4recover weight to R, slightly open to R

5L step across R

6hold

7R step to R side

a $\frac{1}{2}$ turn L (12:00)

8L step forward and slightly L

[49~56]: R FWD STEP-HOLD, L FWD STEP-HOLD, R SIDE HIP SWAY, L SIDE HIP SWAY, R COASTER STEP

1R step forward and across L*

2hold

3L step forward and across R*

4hold

5R small step to R side, sway hips R

6L small step to L side, sway hips L

7R small step back

&L step next to R

8R small step forward

*** For styling: add a small knee lift before the step, and take the step rolling through the foot heel-to-toe, adding a settling of the hip. Strut!**

[57~64]: L ROCKING CHAIR, ½ TURN R, STEP BACK L, R, L, TOUCH R

1L push step forward

2recover weight back onto R

3L push step back

4recover weight forward onto R

a½ turn R, with a small left knee hitch (6:00)

5L step back

6R step back

7L step back

8R touch next to L

(BEGIN AGAIN, and most certainly DWYF!)

**Contact : johanna@dancewhatyoufeel.com ~ www.dancewhatyoufeel.com ~
203.464.5322 (U.S.A.)**

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=92115