

Hou Sai Lei

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Count: 192 **Wall:** 1 **Level:** Phrased Intermediate

Choreographer: Jennifer Jou ,Taiwan (Nov. 2015)

Music: Hou Sai Lei by Chen Lei

Intro: 8 counts - Sequence:A/B/C /A/B/C / TAG / C/A

Note: For a clearer picture of the hand movements, do watch our video in youtube

Part A:64 counts

Sec A1: R CHASSE,L CHASSE,SIDE,TOUCH,1/4 TURN FWD,SCUFF FWD

1&2R chasse on RLR

3&4L chasse on LRL

5 6 7 8 Step RF to right side,touch LF beside RF,1/4 turn left step LF fwd,scuff RF fwd

Sec A2: R CHASSE,L CHASSE,SIDE,TOUCH,1/4 TURN FWD,SCUFF

Repeat Sec 1

Sec A3: R CHASSE,L CHASSE,SIDE,TOUCH,1/4 TURN FWD,SCUFF

Repeat Sec 1

Sec A4: R CHASSE,L CHASSE,SIDE,TOUCH,1/4 TURN FWD,SCUFF

Repeat Sec 1

Sec A5: SIDE,HOLD,TOGETHER,HOLD,SIDE,TOGETHER,R CHASSE

1 2 3 4 Step RF to R side,hold,step LF together,hold (Shimmy)

5 6 7&8 Step RF to R side,step LF together,R chasse on RLR

Sec A6: HIP BUMP,FULL TURN R

1 2 3 4 Hip bump to R over 4 counts

5 6 7 8 Cross LF over RF, unwind full turn R (weight on RF)

Sec A7: SIDE,HOLD,TOGETHER,HOLD,SIDE,TOGETHER,L CHASSE

1 2 3 4 Step LF to L side,hold,step RF together,hold (Shimmy)

5 6 7&8 Step LF to L side,step RF together,L chasse on LRL

Sec A8: HIP BUMP,FULL TURN L

1 2 3 4 Hip bump to L over 4 counts

5 6 7 8 Cross RF over LF, unwind full turn L (weight on LF)

Part B: 64 counts

Sec B1:KICK,STEP,KICK,STEP,R CHASSE,BEHINE,RECOVER

1 2 3 4 Kick RF to L diag,step RF to R ,kick LF to R diag,step LF to L

5&6 Step RF to R side,step LF together,step RF to R side

7&8 Rock LF behine RF,recover on RF

Sec B2: KICK,STEP,KICK,STEP,L CHASSE,BEHINE,RECOVER

Mirror Sec 1

Sec B3: 1/4 TURN KICK,STEP,KICK,STEP,BACK,RECOVER,1/2 TURN SHUFFLE BACK

1 2 3 41/4 turn R kick RF fwd,step RF down,kick LF fwd,step LF down

5 6 Rock RF back,recover on LF

7&81/2 turn left step RF back,step LF over RF,step RF back

Sec B4: KICK,STEP,KICK,STEP,BACK,RECOVER,1/4 TURN L CHASSE

1 2 3 4 Kick LF fwd,step LF down,kick RF fwd,step RF down

5 6 Rock LF back,recover on RF

7&81/4 turn right step LF to L side,step RF together,step LF to L side 12:00

Sec B5: FWD SHUFFLE,1/2 TURN BACK SHUFFLE,R MAMBO,L MAMBO

1&2 Step RF fwd,step LF behine RF.step RF fwd

3&41/2 turn right Step LF back,step RF over LF,step LF back

5&6 Rock RF to right side,recover on LF,step RF next LF

7&8 Rock LF to left side,recover on RF,step LF next RF

Sec B6: ROLLING VINE R,SLIDE,CROSS,RECOVER,SIDE,CROSS,RECOVER,SIDE

1 2 3 4 1/4 turn right step RF fwd, 1/2 turn right step LF back, 1/4 turn right step RF to Right side, slide LF toward RF

5&6 Cross LF over RF, recover on RF, step LF to left side

7&8 Cross RF over LF, recover on LF, step RF to right side

Sec B7: ROLLING VINE L, SLIDE, CROSS, RECOVER, SIDE, CROSS, RECOVER, SIDE

Mirror Sec 6

Sec B8: FWD SHUFFLE, 1/2 TURN BACK SHUFFLE, R MAMBO, L MAMBO

Repeat Sec 5

PART C : 64 counts

C[1-8] (RECOVER & SWAY) * 8

1 Recover on to RF swaying hips right

Optional arms : Raise both two arms horizontally with bending elbows and cross wrists in front of your chest.

2 Recover onto LF swaying hips left

Optional arms : Keep arms horizontally. Raise wrists vertically with two palms facing to each other.

3 Repeat count 1.

4 Repeat count 2.

5 Recover onto RF swaying hips right

Optional arms : Push right hand out forward with right palm vertically facing to the front while bend your left elbow with left palm facing to your left shoulder.

6 Recover onto LF swaying hips left

Optional arms : Push left hand out forward with left palm vertically facing to the front while bend your right elbow with right palm vertically facing to your right shoulder.

7 Repeat count 5.

8 Repeat count 6.

C[9-16] WAVE HANDS, TOUCH SHOULDERS, HANDS FORWARD,

- 1-4 Turn your body to the left side with two palms flat and facing to each other. Wave two hands up and down like cutting carrots.
- 5 Touch the middle fingers on your shoulders
- 6 Push both two hands out forward.
- 7 Rotate right palm clockwise while rotate left palm counterclockwise.
- 8 Take your hands back in front of your chest.

C[17-24] Repeat count 1-8

C[25-32] Repeat count 9-16

C[33-40] Repeat count 1-8

C[41-48] Repeat count 9-16

C[49-56] TOUCH SHOULDERS, BACK, CROSS OVER, HOLD, SIDE, SIDE, HOLD

- 1-2 Touch the left shoulder with right hand.
- 3-4 Touch the right shoulder with left hand
- &5-6 Step LF back, cross jump LF over RF, hold

Optional arms : point your left index finger out forward while touch your right hand on your waist

- &7-8 Stomp LF to left side and RF to right side (shoulder apart), hold

C[57-64] FULL TURN RIGHT (R-L-R-L), RAISE HANDS, SLAP HIPS

- 1-4 Make a full turn right stepping forward with RF-LF-RF-LF
- 5-6 Raise left hand up, raise right hand up (like a V shape)
- 7-8 Slap left hip with left hand, slap right hip with right hand

Have fun and enjoy !

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