

Check It Out

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Count: 64 **Wall:** 4 **Level:** Phrased Intermediate

Choreographer: Betsy Courant (August 2017)

Music: Check It Out by Oh the Larceny

Intro: 32 counts

SEQUENCE: A, B, Tag 1, A, B, Tag 2, B, Tag 3, B, B*, Tag 3(16 cts. with ending)

THIRD PLACE PHRASED DIVISION, USLDCC, HOTLANTA LINE DANCE JAM

SECTION A: 32 counts

A1: R SIDE, BEHIND SIDE CROSS, SIDE, KNEE POPS, L CHASSE $\frac{1}{4}$ LEFT, HOLD, OUT OUT

1, 2&31) Step R to right side, 2) step L behind R, &) step R to right side, 3) cross L over R

4&54) Step R to right side, &) lift heels as you pop knees, 5) drop both heels (weight on R)

6&76) Step L to left side, &) step R next to L, 7) $\frac{1}{4}$ turn left step L forward - (9:00)

8&18) Hold, &) step R out to right side, 1) step L out to left side

A2: R MAMBO, L TOUCH BACK, $\frac{1}{2}$ TURN LEFT, L SHUFFLE FWD, SHAKE

2&32) Step R forward, &) recover L, 3) step R back

4&54) Touch L toe back, &) $\frac{1}{2}$ turn left on your heels (toes lifted), 5) step down on R - (3:00)

6&76) Step L forward, &) step R next to L, 7) step L forward

&a8e&a1 Step R to right side as you shake shoulders/upper body (shimmy)

A3: L BACK LOCK STEP, R HEEL, $\frac{1}{4}$ RIGHT/GRIND, L SIDE, R SAILOR, L FWD

2&32) Step L back, &) cross R over L, 3) step L back

4&54) Touch R heel to right side, &) $\frac{1}{4}$ turn right on R heel (grind), 5) step L to left side - (6:00)

6 - 86) Step R back, &) step L next to R, 7) step R to right side, 8) step L forward

A4: WALK AROUND $\frac{1}{2}$ CIRCLE 4 COUNTS, 3 KNEE POPS, $\frac{1}{4}$ RIGHT WITH R HOOK

- 1 - 4 Starting with R, walk around $\frac{1}{2}$ circle over left shoulder as you pop knees LRLR - (12:00)
- 5 Pop left knee out & lean forward, arms down in front of body, right arm crossed over left & snap fingers
- 6 Pop right knee out as you start to rise up, bring arms slightly up & uncrossed, snap fingers
- 7 Pop left knee as you straighten up, arms at waist level, left arm crossed over right, snap fingers
- 8 Make $\frac{1}{4}$ turn right as you recover L and hook R over left, pointing right pointer finger forward - (3:00)

SECTION B: 32 counts:: For clock references below, Section B starts at original 3:00

B1: FWD R, $\frac{1}{2}$ R, $\frac{1}{2}$ SHUFFLE FORWARD, $\frac{1}{2}$ R SHUFFLE BACK, $\frac{1}{2}$ R SHUFFLE FORWARD

1 - 21) Step R forward, 2) make $\frac{1}{2}$ turn and step L back - (9:00)

3&43) Make a $\frac{1}{2}$ turn right & step R forward &), step L next to R, 4) step R forward - (3:00)

5&65) Make a $\frac{1}{2}$ turn right & step L slightly back, &) step right beside left, 6) step left slightly back (9:00)

7&87) Make a $\frac{1}{2}$ turn right & step R forward &), step L next to R, 8) step R forward (3:00)

B2: STEP, $\frac{1}{4}$ R, L CROSS & HEEL & R CROSS & HEEL & L CROSSING SHUFFLE

1 - 21) Step L forward, 2) $\frac{1}{4}$ turn right step R to right side (6:00)

3&4&3) Cross L over R, &) recover R, 4) touch L heel to left diagonal, &) recover L

5&6&5) Cross R over L, &) recover L, 6) touch R heel to right diagonal, &) recover R

7&87) Cross L over R, &) recover R, 8) cross L over R

B3: $\frac{1}{4}$ R, $\frac{1}{2}$ R, R BACK LOCK STEP, L COASTER, R KICK OUT OUT

1 - 21) $\frac{1}{4}$ right step R forward, 2) $\frac{1}{2}$ turn right step L back (3:00)

3&43) Step R back, &) cross L over R, 4) step R back

5&65) Step L back, &) step R next to L, 6) step L forward

&7&87) kick R forward, &) step R to right side, 8) step L to left side

B4: ¼ R TURNING JAZZ BOX, OUT, OUT, IN, IN

1 - 4) Cross R over L, 2) ¼ right step L back, 3) step R to right side, 4) cross L over R (6:00)

5 - 8) Step R to right side, 6) step L to left side, 7) step R in, 8) step L next to R

TAG 1:

1 - 4) Step R to right side, 2) Hold, 3) step L to left side, 4) Hold

5 - 8) Step R next to L, 5) touch L to left side, 6) Hold, 7) step L back

8) Leaning slightly back shake upper body and shoulders (shimmy)

TAG 2:

1 - 2) Cross R over L, 2) step L back

3) Leaning slightly back shake upper body and shoulders (shimmy), 4) ¼ turn right as you hook R over left (prep to Restart Section B)

TAG 3:

GRAPEVINE R, TOUCH, GRAPEVINE L WITH ¼ TURN LEFT, TOUCH

1 - 4) R to right side, left behind R, R to right side, touch L next to R

5 - 8) L to left side, R behind L, ¼ turn left step L forward, touch R next to L

RIGHT ROCKING CHAIR, ½ PIVOT TURN LEFT (2X)

1 - 4) Rock R forward, recover L, rock R back, recover L

5 - 8) Step R forward, ½ turn L step on L, step R forward, ½ turn L step on L

GRAPEVINE R, TOUCH, GRAPEVINE L WITH ¼ TURN LEFT, TOUCH

1 - 4) R to right side, left behind R, R to right side, touch L next to R

5 - 8) L to left side, R behind L, ¼ turn left step L forward, touch R next to L

WALK AROUND ½ CIRCLE 4 COUNTS, 3 KNEE POPS, ¼ RIGHT WITH R HOOK (last 8 of A)

1 - 4) Starting with R, walk around ½ circle over left shoulder as you pop knees LRLR

- 5 Pop left knee out & lean forward, arms down in front of body, right arm crossed over left & snap fingers
- 6 Pop right knee out as you start to rise up, bring arms slightly up & uncrossed, snap fingers
- 7 Pop left knee as you straighten up, arms at waist level, left arm crossed over right, snap fingers
- 8 Make $\frac{1}{4}$ turn right as you recover L and hook R over left, pointing right pointer finger forward

ENDING: Dance first 16 counts of Tag 3 (you'll end up at the original 12:00 wall) and step out RL on counts &1

***NOTE: To clarify, the second "B" after Tag 3 starts to your front wall (there is no $\frac{1}{4}$ turn)**

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