

# MAMBO NO 5

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**Count:** 48      **Wall:** 4      **Level:** —

**Choreographer:** The Mambo Maniacs (Mar 03)

**Music:** Mambo No 5 by Lou Bega

**Note: This song has a 32 count intro. Start 16 counts after "Ladies & Gentleman, this is Mambo No. 5". The dance will start before he starts singing the lyrics of the song. This dance was inspired by some of the song's lyrics**

## **JAZZ JUMPS FORWARD & BACK (WITH OPTIONAL CLAPS), HITCH TURN $\frac{1}{4}$ LEFT**

- &1-2**      Step right foot forward, step left foot beside right, hold (optional clap)
- &3-4**      Step right foot back, step left foot beside right, hold (optional clap)
- &5-6**      Hitch right knee up and turn  $\frac{1}{4}$  left on ball of left foot, touch right toes to right side, hold
- &7-8**      Hitch right knee up and turn  $\frac{1}{2}$  left on ball of left foot, touch right toes to right side, hold

**PUNCH HIGH (RIGHT THEN LEFT), PUNCH LOW (RIGHT THEN LEFT) Hand placement: make a fist with right hand, cup left hand over right**

- 1**      Punch hands high towards 2:00 & push hips left as you slide right foot beside left
- 2**      Bring hands back to chest level & hips to center
- 3**      Punch hands high towards 10:00 & push hips to right
- 4**      Bring hands back to chest level & hips to center
- 5**      Punch hands low towards 4:00 & push hips to left
- 6**      Bring hands back to chest level & hips to center
- 7**      Punch hands low 8:00 & push hips to right
- 8**      Bring hands back to chest level & push hips to center (end with weight on right foot)

## **MAMBO LEFT, HOLD, MAMBO RIGHT, HOLD**

- 1-4**      Step left foot to left side, step right foot in place, step left foot beside right, hold
- 5-8**      Step right foot to right side, step left foot in place, step right foot beside left, hold

## **MAMBO FRONT, HOLD, $\frac{1}{2}$ RIGHT MONTEREY TOUCH, HOLD**

- 1-4**      Step left foot forward, step right foot in place, step left foot beside right, hold
- 5-6**      Touch right toes to right side, pivot  $\frac{1}{2}$  right on left foot bringing right foot beside left

7-8 Touch left toes to left side, hold

**FORWARD STEP, LOCK STEP, HOLD & CLAP, STEP, CLAP TWICE, HOLD**

1-4 Step left foot forward, lock step right foot behind left, step left foot forward, hold & clap

5-8 Step right foot forward turning shoulders 45 degrees left, clap, clap hold (weight remains on right foot)

**MAMBO WITH ½ TURN RIGHT, WALK, HOLD, WALK, HOLD**

1-2 Step left foot forward, step right foot in place

3-4 Pivot ½ turn left on right foot and step left foot forward, hold

**5-8 Step right foot forward, hold, step left foot forward, hold START AGAIN!**