

All Shook Up

Count: — **Wall:** 1 **Level:** Advanced

Choreographer: Naomi Fleetwood-Pyle

Music: All Shook Up by Billy Joel [156 bpm / CD: Honeymoon In Vegas]

PART A:

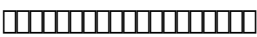


SHUFFLE FORWARD LEFT AND RIGHT GRAPEVINE LEFT AND TOUCH

 -

1-4

Shuffle forward on left, right, left, Shuffle forward on right, left,

right 

5-8

Step left foot to left, Step right

foot to left behind left, Step left

foot to left; touch right on 4th count

 **4**

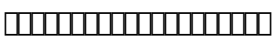


SHUFFLE BACKWARDS RIGHT AND LEFT GRAPEVINE RIGHT AND TOUCH

 -

1-4

Shuffle backwards on right, left, right, Shuffle backwards on left,

right, left 

5-8

Step right foot to right, Step

left foot to right behind left, Step

right foot to right; touch left on 4th count

□□□□□ 4□

□□

WALK FORWARD LEFT, RIGHT, LEFT, KICK

RIGHT:

WALK BACK RIGHT, LEFT, RIGHT, TOUCH

LEFT:

□□□□□□□□□□

1-4

Walk forward on left, right, left □ Kick right

□□ 3□□□□□□□□

5-8

Walk back on right,

left, right□ Touch left foot stomp,

□□ 3□□□□□□□□

□□

ROLL HIPS TWICE (ELVIS HIPS!) □□□□

1-2

Stomp left to left side; clap hands □□□□□

3-4

Hold for two beats □□□□

5-8

Roll hips twice in two complete circles

□□□□□□ 2□ ELVIS HIPS□

PART B:

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mso-font-kerning:0pt">GRAPEVINE LEFT AND TOUCH, PIVOT ½

LEFT TWICE

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1-4

Step left foot to left, Step right foot to left behind left, Step left

foot to left; touch right foot

□□□ , □□□□□□ , □□□□ , □□

5-8

Step forward on right, Pivot ½ left moving weight to left foot, Step

forward on right, Pivot ½ left moving weight to left foot

□□□ , □□ 180□ (□□□□□□) , □□□□ , □□ 180□ (□□□□□□)

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mso-font-kerning:0pt">

mso-font-kerning:0pt">GRAPEVINE RIGHT AND TOUCH, PIVOT ½ RIGHT

TWICE

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1-4

Step right foot to right, Step left foot to right behind right, Step right

foot to right; touch left foot

□□□□ , □□□□□□□□ , □□□□ , □□□

5-8

Step forward on left, Pivot 1/2 right moving weight to right foot, Step

forward on left, Pivot 1/2 right moving weight to right foot

□□□□ , □□ 180□ (□□□□□□□□) , □□□□ , □□ 180□ (□□□□□□□□)

mso-font-kerning:0pt">REPEAT PARTS A AND B

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mso-font-kerning:0pt"> A □ B

PART C:

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mso-font-kerning:0pt">STEP LEFT, RIGHT BEHIND, STEP LEFT, PIVOT 1/2

LEFT & HITCH RIGHT, WALK BACKWARDS RIGHT, LEFT, RIGHT, LEFT

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mso-font-kerning:0pt">, □□ , □□ , □□ 1/2

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">, □□ (□□ , □□ , □□ , □□)

1-4

Step forward on left; step right behind left; step forward on left;

pivot ½ left on ball of left foot and hitch right at the same time

□□□□ 3□□□ 4□□□□□ 180□□

5-8

Walk backwards on right, left, right, left

□□ 4□□□□□□□□

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mso-font-kerning:0pt">ROLL KNEES LEFT, RIGHT, LEFT, RIGHT (LIKE IN

LONG-LEGGED HANNAH)

1-8

Roll knees left, right, left, right as you walk forward (as is done in

Long Legged Hannah) □□□□□□□□□□□□

mso-font-kerning:0pt">Repeat part C □□ C

mso-font-kerning:0pt">Begin over with A, then B, then C until end of music □□

mso-font-kerning:0pt"> A B C □□□