

Get Sexy

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Count: — **Wall:** 2 **Level:** Advanced

Choreographer: Joey Warren , USA (Feb 11)

Music: Get Sexy by SugaBabes

A A (32)

□□

Walk, Walk, Rock-Recover-Ball Step,

Step, Body Roll x2

1-2

Walk fwd on L, Walk fwd on R □□□□ , □□□□

3-4

Rock fwd on L, Recover back on R □□□□ , □□□□

&5-6

Step back on ball of L, Step R fwd, Step L out to L side

□□□□ , □□□□ , □□□□

7-8

Body Roll from chest to hips, Body Roll from chest to hips (weight on R) □□□□□□□□ ,

□□□□□□□□ (□□□□)

□□

Ball Step Knee Roll X2, Weave To R W/

¼ Turn L

&1-2

Ball step L back/in (L slightly behind R), Step R out to R rolling R

knee out, Recover down on L

□□□□□□□□ , □□□□□□□□ , □□□

&3-4

Ball step R back/in (R slightly behind L), Step L out to L rolling L

knee out, Recover down on R

□□□□□□□□ , □□□□□□□□ , □□□

5-6

Step L behind R, Step R out to R □□□□□□□□ , □□□□

7-8

Cross L over R, ¼ Turn L stepping R back

□□□□□□□□ , □□ 90□□□□□□

□□□

¾ Turn L W/ Dip, Side Step W/ Bumps

Heel Flick, ¾ Turn W/ L Coaster Step

&1-2

½ Turn L stepping L fwd, ¼ Turn stepping R out as you dip down with

weight over that R foot, Bring your body back upright as you begin to transfer

your weight over to the L

□□ 180□□□□□□ , □□ 90□□□□□□ , □□□□□□□□□□

3&4

As you place weight over on L Step R out to R, Step L next R, Flick L

foot across in front of R leg (as you step to R bump hips R)

□□□□ , □□□□ , □□□□□□□□

5-6

¼ Turn L stepping L fwd, ¼ Turn L stepping R out to R

□□ 90□□□□ , □□ 90□□□□

7&8

¼ Turn L stepping L back, Step R beside L, Step L fwd

□□ 90□□□□ , □□□□ , □□□□

□□□

Ball-Rock-Step Back, Ball-Rock-Step

Fwd, Walk Fwd R, L, R, L

&1-2

Ball step R next to L, Rock fwd on L lean upper body fwd, Step back on R □□□□ ,
□□□□□□□□ , □□□□

&3-4

Ball step L next to R, Rock back on R as you hitch L knee up, Step down

on L □□□□ , □□□□□□□□ , □□□

5-8

Walk fwd R, L, R, L □□□□ -□ , □ , □ , □

B (32□)

□□□

mso-font-kerning:0pt">Step-Touch To R Diagonal, Walk Back ½ Turn To L

Diagonal

1-2

Step R fwd towards R diagonal, Touch L toe out in front of R

□□□□□□ , □□□□□□

3-4

Step L slightly fwd from where you were touched, Touch R fwd to R

diagonal □□□□□□ , □□□□□□

5-6

Step back on R foot, Step back on L foot (Still facing the R diagonal) □□□□ , □□□□ (□□□□□□)

7&8

Step back on R foot, 1/2 Turn L stepping L fwd, Step R fwd (facing

diagonal) □□□□ , □□ 180□□□□□□ , □□□□ (□□□□□□)

□□□

Step-Touch To R Diagonal, Walk Back 5/8 Turn L, Bump

Hips L Then R

1-2

Step/Cross L in front of R, Touch R toe fwd to R diagonal

□□□□□□□□□□ , □□□□□□□□

3-4

Step down on R foot, Touch L toe fwd to R diagonal

□□□□ , □□□□□□□□

5-6

Step back on L, Step back on R (still facing diagonal)

□□□□□□ , □□□□□□ (□□□□□□)

&7&8

½ Turn L stepping L fwd, Step R fwd, 1/8 Turn L stepping L to L and

bumping hips L, Bump hips to R weight R (1/8 turn centers you up to facing wall)

1 180 1 1 1 1 1 1 , 1 1 1 1 , 1 1 45 1 1 1 1 1 1 1 1 , 1 1 1 1 1 1 1 1 (1 1)

1 1 1

mso-font-kerning:0pt">Sway Hips L Then R, ¼ Turn L, Ball-Rock-Recover, ½ Turn

Ball Rock Recover

1-2

Sway hips to L but dip down as you start, Come up on count 2 weight on L 1 1 1 1 , 1 1 1 1 1 1

3-4

Sway hips to R as you dip them, Come up on R as you make ¼ Turn R 1 1 1 1 , 1 1 1 1 90 1

&5-6

Ball step L next to R, Rock fwd on R, Recover back on L

1 1 1 1 , 1 1 1 1 1 1 , 1 1 1 1

&7-8

½ Turn R stepping down on R, Rock fwd on L, Recover back on R

1 1 180 1 1 1 1 , 1 1 1 1 1 1 , 1 1 1 1

1 1 1

mso-font-kerning:0pt">Ball Step R Fwd, R Hip Roll x2, Out-Out, Touch/Look,

Step-Step Flick

mso-font-kerning:0pt">Rock Recover Kick x3, Rock Recover Half Turn L

1&2&

Rock fwd on R, Recover back on L, Kick R fwd, Step R beside L

□□□□ , □□□□ , □□□□ , □□□□

3&4&

Rock fwd on L, Recover back on R, Kick L fwd, Step L beside R

□□□□ , □□□□□□□□ , □□□□

5&6&

Rock fwd on R, Recover back on L, Kick R fwd, Step R beside L

□□□□ , □□□□ , □□□□ , □□□□

7&8

Rock fwd on L, Recover back on R, ½ Turn L stepping L fwd

□□□□ , □□□□ , □□ 180□□□□

□□□

mso-font-kerning:0pt">Rock Recover Kick Cross Traveling Fwd x3, Touch-Hitch

Half Turn

1&2&

Rock R out to R, Recover to L, Kick R fwd, Cross R over L

□□□□ , □□□□ , □□□□ , □□□□□□□□

3&4&

Rock L out to L, Recover to R, Kick L fwd, Cross L over R

□□□□ , □□□□ , □□□□ , □□□□□□□□

5&6&

Rock R out to R, Recover to L, Kick R fwd, Cross R over L

□□□□ , □□□□ , □□□□ , □□□□□□□□

7&8

Touch L toe back, 1/2 Turn L hitching L knee up, Step L fwd

□□□□ , □□ 180□□□□ , □□□□

□□□

mso-font-kerning:0pt">1/4 Turn

Touch-Together-Step, 1/2 Turn Touch Together Step, L Sailor, R Weave

1&2&

1/4 Turn L on ball of L touching R toe out to R, Touch R beside L, Touch R

out to R, 1/2 Turn L on ball of L touching R toe beside of L

□□ 90□□□□□□□□ , □□□□ , □□□□ , □□ 180□□□□□□□□

3&4

Touch R out to R, Touch R beside L, Step R out to R

□□□□ , □□□□ , □□□□

5&6

Step L behind R, Step R out to R, Step L slightly fwd

□□□□□□□□ , □□□□ , □□□□

7&8

Step R behind L, Step L out to L, Cross R over L (angled slightly to

diagonal)

□□□□□□ , □□□□ , □□□□□□□□ (□□□□□)

□□□

mso-font-kerneing:0pt">Diagonal Rocking Chair x2, Rock-Recover Cross Behinds

Traveling Back

1&2&

Rock L fwd to L diagonal, Recover back on R, Rock back on L still on

diagonal, Recover on to R

□□□□□□□□ , □□□□ , □□□□ (□□□□□□) , □□□□

3&4

Rock L fwd to L diagonal, Recover back on R, Step back on L still on

diagonal □□□□□□□□ , □□□□ , □□□□ (□□□□□□)

5&6

Rock R out to R centering up with facing wall, Recover on to L, Step R

behind L □□□□□ (□□□□□□) , □□□□ , □□□□□□

&7&8

Rock L out to L, Recover over to R, Step L behind R, Step R fwd

□□□□□□ , □□□□ , □□□□□□□□ , □□□□

*** (Travel back as you do those rocks recovers step backs)**

□□□□□□□□□□

RESTART:
Happens the 5th time you start A, so it's a good way in

to the dance. You do all of A and the only thing different is you're going to

add a step on the last 8 count as your walking fwd. So, here is the last 8 count of A with the extra step you take to restart the dance with A again

□□□□ A□□□□□□□□□□□□□□ A□□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Ball-Rock-Step Back, Ball-Rock-Step Fwd, Walk Fwd R, L, R, Ball Step ¼ Turn L

&1-2

Ball step R next to L, Rock fwd on L lean upper body fwd, Step back on R □□□□ , □□□□□□□□ , □□□□

&3-4

Ball step L next to R, Rock back on R as you hitch L knee up, Step down

on L □□□□ , □□□□□□□□ , □□□

5-7

Walk fwd R, L, R □□□ -□ , □ , □

&-8

Step L next to R, ¼ Turn L stepping back on R as you flick L fwd

□□□□ , □□ 90□□□□□□□□

Start over again with A and follow the sequence as stated at the top of the sheet!!

□□□□□□□□ A□□□□