

# Into My Heart

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**Count:** 24      **Wall:** 4      **Level:** Beginner

**Choreographer:** Greg Wynn (Feb 2014)

**Music:** Knee Deep in My Heart by Shane Filan

## **Intro: 8 counts - start on vocals**

### **ROCK FORWARD RIGHT, SHUFFLE BACK, ROCK BACK LEFT, SHUFFLE FORWARD**

- 1-2**      Rock forward on the right, replace weight back on the left,  
**3&4**      Shuffle back - right, left, right,  
**5-6**      Rock back on the left, replace weight back on the right,  
**7&8**      Shuffle forward - left, right left,

### **¼ TURNING JAZZ BOX, POINT LEFT, BEHIND SIDE CROSS, POINT RIGHT**

- 1-2**      Cross right over left, step back left with ¼ turn to the right, (3:00)  
**3-4**      Step to the right, point left to the left side,  
**5-6**      Step left behind right, step right to the right,  
**7-8**      Cross left in front of right, point right to the right side,

### **ROCK FORWARD RIGHT, RIGHT COASTER STEP, ROCK FORWARD LEFT, SHUFFLE ½ TURN LEFT**

- 1-2**      Rock forward right, replace weight back on left,  
**3&4**      Step back right, step left next to right, step forward on right,  
**5-6**      Rock forward left, replace weight back on right,  
**7&8**      Shuffle ½ turn left - left, right, left. (9:00)

## **REPEAT**

**Also useful as a floor split with "In My Heart" (choreographed by Maggie Gallagher)**

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