

BRING IT ALL BACK

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Count: — **Wall:** 2 **Level:** intermediate

Choreographer: Wayne Parkin

Music: Bring It All Back by S Club 7

Sequence: ABA, ACBA, ACC, TAG, A to the end

PART A

SYNCOPATED OUT-OUT, HOLD, SHUFFLE FORWARD, ROCK FORWARD, SHUFFLE BACK

- &1-2** Jump feet apart right, left. Hold
- 3&4** Shuffle forward right, left, right
- 5-6** Rock forward on left, back on right
- 7&8** Shuffle back left, right, left

MONTEREY TURN RIGHT, SHUFFLE LEFT, ROCK BACK, SHUFFLE RIGHT

- 1-2** Touch right to right side, while turning bring right foot to left foot
- 3&4-5-6** Shuffle left. Left, right, left. Rock right behind left
- 7&8** Shuffle right. Right, left, right

PART B

ROCK LEFT TO LEFT, CROSS SHUFFLE, ROCK RIGHT TO RIGHT, TURN RIGHT, THEN FULL TURN

- 1-2-3&4** Rock left to left, cross left over right and shuffle right. Left, right, left
- 5-6** Rock right to right, when rocking back on to left turn right
- 7&8** Full turn right, left, right

ROCK FORWARD ON LEFT, LEFT SAILOR STEP, RIGHT SAILOR STEP, ROCK BACK ON LEFT

- 1-2** Rock forward on left and back on right
- 3&4** Step left behind right, rock right to right, transfer weight center on left
- 5&6** Step right behind left, rock left to left, transfer weight center on right
- 7-8** Rock left behind right

STEP, HOLD, & SMALL JUMP LEFT, HOLD, STEP, STEP, STEP, TWIST HEALS LEFT, TWIST HEALS RIGHT

1-2&3-4 Step left to left hold small jump to left, hold

5-6-7-8& Step forward right, left, right, twist heals left twist heals back to right

ROCK FORWARD ON LEFT SHUFFLE LEFT BACK, MONTEREY TURN RIGHT, TRIPLE STEP

1-2 Rock forward on left

3&4 Shuffle back on left

5-6 Touch right to right side, while turning bring right foot to left foot

7&8 Triple step. Left, right, left

STEP FORWARD, STEP FORWARD SHUFFLE FORWARD, ROCK FORWARD TURN SHUFFLE

1-2 Step forward right, left

3&4 Shuffle forward right, left, right

5-6 Rock forward on left and back on right

7&8 Turn to left shuffle left, right, left

STEP FORWARD, STEP FORWARD SHUFFLE FORWARD, 2 X PADDLE TURNS, SHUFFLE

1-2 Step forward right, left

3-4 Step forward on right turn left

5-6 Step forward on right turn left

7&8 Turn to left shuffle right, left, right

PART C

STEP LEFT FORWARD 2X HIP BUMPS, STEP RIGHT FORWARD 2X HIP BUMPS, ROCK LEFT FORWARD, TURN SHUFFLE

1-2 Step forward left, push hips forward twice

3-4 Step forward right, push hips forward twice

5-6 Rock forward on left, back on right

7&8 Turn shuffle left. Left, right, left

STEP RIGHT FORWARD 2X HIP BUMPS, STEP LEFT FORWARD 2X HIP BUMPS, ROCK RIGHT FORWARD, TURN SHUFFLE

- 1-2 Step forward right, push hips forward twice
- 3-4 Step forward left, push hips forward twice
- 5-6 Rock forward on right, back on left
- 7&8 Turn shuffle right. Right, left, right

TAG

STEP FORWARD, STEP FORWARD SHUFFLE FORWARD, ROCK FORWARD TURN SHUFFLE

- 1-2 Step forward left, right
- 3&4 Shuffle forward left, right, left
- 5-6 Rock forward on right and back on left
- 7&8 Turn to right shuffle right, left, right

STEP FORWARD, STEP FORWARD SHUFFLE FORWARD, 2 X PADDLE TURNS, SHUFFLE

- 1-2 Step forward left, right
- 3-4 Step forward on left turn right
- 5-6 Step forward on left turn right
- 7&8 Shuffle forward left, right, left