

Arriba Las Manos

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Count: 96 **Wall:** 1 **Level:** Phrased Intermediate

Choreographer: Wodlei Guenther (Sept 2013)

Music: Sube Las Manos pa Arriba by Pitpull engl.

Start after 16 counts - Seq: B, AA,C,B, AA,C,B, A, C, B,B

Part A: 32 counts

SHUFFLE FWD, STEP,STEP, SHUFFLE FWD, ½ STEP TURN LEFT

- 1&2 Step forward on Right. Left on Right. Step forward on Right
- 3,4 Step Left forward, Step Right forward
- 5&6 Step forward on Left. Right on Left. Step forward on Left
- 7,8 Step forward on Right. 1/2 Step turn Left.

MAMBO SIDE, MAMBO SIDE, MAMBO FWD., COASTER STEP

- 1&2 Rock step Right out to side, replace weight onto Left, step Right to Left
- 3&4 Rock step Left out to side, replace weight onto Right, step Left to Right
- 5&6 Rock step forward on Right, replace weight back on Left, step back on Right
- 7&8 Step back on Left, Right to Left, Step forward on Left

SHUFFLE FWD, STEP, STEP, SHUFFLE FWD, ½ STEP TURN LEFT

- 1&2 Step forward on Right. Left on Right. Step forward on Right
- 3,4 Step Left forward, Step Right forward
- 5&6 Step forward on Left. Right on Left. Step forward on Left
- 7,8 Step forward on Right. 1/2 Step turn Left.

CROSS, SIDE, HEEL & CROSS, SIDE, HEEL, MAMBO FWD, COASTER STEP

- 1&2 Step Right over Left, Left side, touch Right Heel diag.
- &3&4 Right to Left, Step Left over Right, Right to side, touch Right heel diag.
- &5&6 Left to Right, Rock step forward on Right, replace weight back on Left, step back on Right
- 7&8 Step back on Left, Right to Left, Step forward on Left

Part B: 32 counts

SIDE, CROSS, CHASSE, JAZZBOX CROSS

- 1, 2 Step Right to side, Left cross over Right
- 3&4 Step Right to Right side, Step Left next to Right, Step Right to right side
- 5, 6 Cross Left over Right. Step Right back..
- 7, 8 Step Left to left side. Cross Right over Left

SIDE, CROSS, CHASSE, JAZZBOX CROSS

- 1, 2 Step Left to side, Right cross over Left
- 3&4 Step Left to left side, Step Right next to Left, Step Left to left side
- 5, 6 Cross Right over Left. Step Left back
- 7, 8 Step Right to Right side. Cross Left over Right

MAMBO SIDE, MAMBO SIDE, MAMBO FORWARD, COASTER STEP

- 1&2 Rock step Right out to side, replace weight onto Left, step Right on Left
- 3&4 Rock step Left out to side, replace weight onto Right, step Left on Right
- 5&6 Rock step forward on Right, replace weight back on Left, step back on Right
- 7&8 Step back on Left, Right to Left, Step forward on Left

SHUFFLE FWD., ½ STEP TURN RIGHT, SHUFFLE FWD., ½ STEP TURN LEFT

- 1&2 Step forward on Right. Left on Right. Step forward on Right
- 3,4 Step forward on Left, ½ turn right
- 5&6 Step forward on Left. Right on Left. Step forward on Left
- 7,8 Step forward on Right, ½ turn left

PART C: 32 counts

STEP, STEP , JUMP OUT-OUT,CLAP, IN- IN,CLAP, HIP BUMPS RIGHT & LEFT

- 1,2 Step forward on Right, Step forward on Left
- &3,4 Jump, out - out (Right - Left), Clap
- &5,6 Jump, in-in (Right-Left), clap
- 7,8 Hip pump to right side and left side

SAILOR STEP, ¼ LEFT SAILOR TURN, SHUFFLE FWD., ½ TURN WITH HOOK AND CLAP

- 1&2 Step Right behind Left, Step Left to left side, Step Right diag. to right side

- 3&4** Step left with $\frac{1}{4}$ turn left behind Right, Step Right to right side, Step Left diag. to left side
- 5&6** Step forward on Right. Left on Right. Step forward on Right
- 7,8** Step Left forward, $\frac{1}{2}$ turn right with hook and clap

STEP, STEP , JUMP OUT-OUT,CLAP, IN- IN,CLAP, HIP PUMPS RIGHT & LEFT

- 1,2** Step forward on Right, Step forward on Left
- &3,4** Jump, out - out (Right - Left), Clap
- &5,6** Jump, in-in (Right-Left), clap
- 7, 8** Hip pump to right side and left side

SAILOR STEP, $\frac{1}{4}$ LEFT SAILOR TURN , MAMBO FWD., COASTER STEP

- 1&2** Step Right behind Left, Step Left to left side, Step Right diag. to right side
- 3&4** Step left with $\frac{1}{4}$ turn left behind Right, Step Right to right side, Step Left diag. to left side
- 5&6** Rock step forward on Right, replace weight back on Left, step back on Right
- 7&8** Step back on Left, Right to Left, Step forward on Left

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