

# BUMP-N-GRIND 4-2

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**Count:** 48      **Wall:** —      **Level:** —

**Choreographer:** Dan & Sharon Ross

**Music:** Bump-N-Grind by Ronnie Beard

**Position:** Begin facing line of dance, man on the inside of the circle, Lady on the outside.

**Man's right hand holding lady's left**

**Based on Bump-N-Grind by Jo Thompson & Jamie Marshall**

**POINT, TOGETHER, POINT, TOGETHER, VINE 3, TOUCH**

## MAN

**1-2**      Touch right toe to right side with right hip bump, touch right beside left (hips center)

**3-4**      Touch right toe to right side with right hip bump, touch right beside left (hips center)

**5-7(Letting go of lady's hand and passing behind her) step right foot to right side, step left foot crossed behind right, step right foot to right side**

**8(Taking lady's right hand in his left) touch left beside right**

## LADY

**1-2**      Touch left toe to left side with left hip bump, touch left beside right (hips center)

**3-4**      Touch left toe to left side with left hip bump, touch left beside right (hips center)

**5-7(Passing in front of gentleman) step left foot to left side, step right foot crossed behind left, step left foot to left side**

**8**      Touch right beside left

**HIP CIRCLE TWO TIMES, VINE 3, TOUCH**

## MAN

**1-2**      Touch left foot to left side, circle hips forward and left, finish circle hip back and right

**3-4**      Circle hips forward and left, finish circle hip back and right

**5-7(Letting go of lady's hand and passing behind her) step left foot to left side, step right foot crossed behind left, step left foot to left side**

## **8(Taking lady's left hand in his right) touch right beside left**

### **LADY**

**1-2** Touch right foot to right side, circle hips forward and right, finish circle hip back and left

**3-4** Circle hips forward and right, finish circle hip back and left

## **5-7(Passing in front of gentleman) step right foot to right side, step left foot crossed behind right, step right foot to right side**

**8** Touch left beside right

### **WIGGLE WALK FORWARD**

#### **MAN**

**1&2** Place right foot forward to right diagonal, bump hips right-left-right shifting weight forward to right foot

**3&4** Place left foot forward to left diagonal, bump hips left-right-left shifting weight forward to left foot

**5&6** Place right foot forward to right diagonal, bump hips right-left-right shifting weight forward to right foot

**7&8** Place left foot forward to left diagonal, bump hips left-right-left shifting weight forward to left foot

#### **LADY**

**1&2** Place left foot forward to left diagonal, bump hips left-right-left shifting weight forward to left foot

**3&4** Place right foot forward to right diagonal, bump hips right-left-right shifting weight forward to right foot

**5&6** Place left foot forward to left diagonal, bump hips left-right-left shifting weight forward to left foot

**7&8** Place right foot forward to right diagonal, bump hips right-left-right shifting weight forward to right foot

### **WEAVE, KICK-BALL-CHANGE**

#### **MAN**

**1-2(Turning lady  $\frac{3}{4}$  turn to the right) step right foot forward, (turning  $\frac{1}{4}$  turn to the right) step left foot to left side**

**3-4(Picking up lady's right hand in his left) step right foot crossed behind left, step left foot to left side**

**5-6** Step right foot crossed in front of left, (letting go of lady's right hand & turning  $\frac{1}{4}$  turn to the left) step left foot forward

**7&8** Kick forward with right foot, rock back with ball of right foot, recover weight forward to left foot

#### **LADY**

**1-2(Beginning  $\frac{3}{4}$  turn to the right) step left foot  $\frac{1}{4}$  turn right, pivoting  $\frac{1}{2}$  turn right step right foot to right side**

**3-4** Step left foot crossed in front of right, step right foot to right side

**5-6** Step left foot crossed behind right, (turning  $\frac{1}{4}$  turn to the right) step right foot forward

**7&8** Kick forward with left foot, rock back with ball of left foot, recover weight forward to right foot

#### **SIDE TRIPLE, ROCK BACK, RECOVER (TWICE)**

#### **MAN**

**1&2(Letting go of lady's hand and passing behind her) step right foot to the right side, step together with left, step right foot to right side**

**3-4(Picking up lady's right hand in his left) rock back with ball of left foot, recover weight forward to right foot**

**5&6(Letting go of lady's hand and passing behind her) step left foot to left side, step together with right, step left foot to left side**

**7&8(Picking up lady's left hand in his right) rock back with ball of right foot, recover weight forward to left foot**

#### **LADY**

**1&2(Passing in front of gentleman) step left foot to left side, step together with right, step left foot to left side**

**3-4** Rock back with ball of right foot, recover weight forward to left foot

**5&6(Passing in front of gentleman) step right foot to the right side, step together with left, step right foot to right side**

**7-8** Rock back with ball of left foot, recover weight forward to right foot

### **STEP-TURN, STEP-TURN, HIP BUMPS, HIP CIRCLE**

#### **MAN**

**1-2(Letting go of lady's hand) step right foot forward, turn ½ turn left changing weight to left foot**

**3-4** Step right foot forward, turn ½ turn left changing weight to left foot

**5-6(Picking up lady's left hand with his right) bump hips to the right twice**

**7-8** Circle hips 1 ½ time's to the left ending with weight on left foot

#### **LADY**

**1-2** Step left foot forward, turn ½ turn right changing weight to right foot

**3-4** Step left foot forward, turn ½ turn right changing weight to right foot

**5-6** Bump hips to the left twice

**7-8** Circle hips 1 ½ time's to the right ending with weight on right foot

### **REPEAT**