

# Dance Ladies' Dance (□□□□ )

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Emily Woo (Can) Feb 09

**Music:** Dance Little Lady Dance by Tina Charles

□□□ **Start on vocal** □□□□

□□□

**Side Together, Cross Side**

**Cross** □ □ , □□□□ , □ □ , □□□□

**1-2**

**Step right foot to right side, step left foot next to**

**right.**

□□□□ , □□□□

**3&4**

**Cross right foot over left, step left foot to left**

**side, cross right foot over left.** □□□□□□□□ , □□□□ , □□□□□□□□

**5-6**

**Step left foot to left side, step right foot next to**

**left.**

□□□□ , □□□□

**7&8**

**Cross left foot over right, step right foot to right**

**side, cross left foot over right.** □□□□□□□□ , □□□□ , □□□□□□□□

□□□

**Right Side, Left Recover, 1/4 Left Turn & Sit On Right, Left**

**Back & Flick R Behind, Body Shake** □ , □ , 1/4□□ , □ □ , □ , □□

**1**

**Step right foot to side (right hand throw straight up**

**to right side with fingers stretched out, and look up to right hand, put left hand on waist).**

□□□□ (□□□□□□□□ , □□□ , □□□□□ )

**2**

**Recover weight on left foot (put right hand on chest,**

**look down to left).** □□□□ (□□□□□ , □□□□□ )

**3**

**Turn 1/4 left and shift weight to right foot in a sitting**

**position with left foot touch forward (right hand still on chest, left hand still on waist).** □□ 90□□□□□□□□□□□□ (□□□□□ , □□□□□ )

**4**

**Step left foot back while raising up the body and flick**

**right foot behind at the same time, (right hand still on chest, left hand still on waist through to the 8th count).**

□□□□□□□□ (□□□□□ , □□□□□ )

**5**

**Step right foot next to left foot with both knees bent**

**(right hand straight out pointing front, palm facing down).**

□□□□□□ (□□□□□□ , □□□□□□ )

**6&7&8**

**Shake body to right, left, right, left, right (sweep right hand from front to right side for a quarter-circle).**

□□□□ -□ , □ , □ , □ , □ (□□□□□□ 1/4□ )

□□□

**Full Turn Left □□□**

**1-8**

**Walk a big full circle to the left in a model style starting with right foot for 8 counts.**

□□□□□□□□ , □□□□□□□□□□

□□□

**Right Shuffle Forward,**

**Left Shuffle Forward □□□ , □□□**

**1&2**

**Step right foot forward (diagonal to right), step left foot together, step right foot forward.**

□□□□ (□□□□□□□□ ) , □□□□□□ , □□□□

**(While doing the shuffle forward, cross both hands at waist level, palms up and extend both hands from front to sides.)**

□□□□□□ , □□□□□□□□□□ , □□□□□□ , □□□□□□□□

**3&4**

**Step left foot forward (square up), step right foot**

**together, step left foot forward (return both hands to waist).**

□□□□ (□□ ), □□□□ , □□□□ (□□□□□□ )

**5&6**

**Repeat 1 & 2 (Right shuffle forward). □□ 1&2(□□□□ )**

**7&8**

**Repeat 3 & 4 (Left shuffle forward). □□ 3&4(□□□□ )**

**Ending: When the music begins to die down, you'll be walking**

**the big circle to the left to the front wall. At the 8th count, raise up both**

**hands above your head in a 'V' shape to pose.**

□□ : □□□□□□□□ , □□□□□□□□□□ , □ 8□□□□□□□□ **V**□□□□□□□□

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