

HARD WORK (AKA TUFFT JOBB)

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Count: 94 **Wall:** 1 **Level:** Intermediate level

Choreographer: Thomas Malmgren (Sweden) Oct 06

Music: Tufft Jobb by Nisse Hellberg, Album: Snackbar Blues (154 bpm)

32 count intro Mambo rock forward & back.

1 ? 4 Rock Right forward, Recover back on Left, Step Right beside Left, Hold.

5 ? 8 Rock back on Left, Recover forward on Right, Step Left beside Right, Hold.

½ Monterey turn, Chasse Right, Left cross rock back.

9 ? 10 Touch Right to Right side, On ball of Left foot turn ½ Right stepping Right beside Left.

11 ? 12 Touch Left to Left side, Step left beside Right.

13 & 14 Step Right to Right side, Step Left beside Right, Step Right to Right side.

15 ? 16 Cross rock Left behind Right, Recover forward on Right.

Step, Hold, ¼ turn, Cross step, Hold, ¾ turn.

17 ? 20 Step Left forward, Hold, Step Right forward, ¼ turn Left.

21 ? 22 Cross Right over Left, Hold.

23 ? 24 Turn ¼ Right step Left back, Turn ½ Right step Right forward

Shuffle forward Left & Right, Rock step, Touch, Pivot ½ Left.

25 & 26 Step Left forward, Step Right beside Left, Step Left forward.

27 & 28 Step Right forward, Step Left beside Right, Step Right forward.

29 ? 32 Rock Left forward, Recover back on Right, Touch Left back, Pivot ½ turn Left.

¼ Left chasse Right, Rock back, Chasse Left, Rock back.

33 & 34 ¼ turn Left step Right to Right side, Step Left beside Right, Step Right to Right side.

35 ? 36 Cross rock Left behind Right, Recover forward on Right.

37 & 38 Step Left to Left side, Step Right beside Left, Step Left to Left side.

39 ? 40 Cross rock Right behind Left, Recover forward on Left.

Step, Hold, Step, Hold, Mambo rock.

41 ? 44 Step Right forward, Hold, Step Left forward, Hold.

45 ? 48 Rock Right forward, Recover back on Left, Step Right beside Left, Hold.

Heel twist $\frac{1}{2}$ turn Left.

49 Step Back on Left.

50 ? 54 Making $\frac{1}{2}$ turn Left twist heels R, L, R, L, Centre (Weight ends on Left).

Repeat!

55 ? 94 Repeat count 1 ? 40.

Ending: Step, Hold, $\frac{1}{4}$ Left, Hold.

1 ? 4 Step Right forward, Hold, Turn $\frac{1}{4}$ Left, Hold.

RESTART and ENDING. After the 2nd wall, dance the 32 first count twice. Dance a further 1 wall (94 count) the 40 first count, add 4 counts ending.