

Dessert

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Count: 64

Wall: 1

Level: Phrased Intermediate - Funky

Choreographer: Kitija Vāvere - March 2016

Music: "Dessert" by Dawin (BPM 97)

Sequence: AAB A AA BBA

PART A - 32 counts

A1: KICK, STEP, TOUCH, STEP, HEEL TURN, JUMP, KICK, HOLD, HEAD MOVEMENT, SHOULDER HIT

1RF Kick forward

&RF Step in place

2LF Touch to L

3LF Kick forward

&LF Step in place,

4RF Step to R,

& Turn RF toes out and LF heel in

5 Turn both feet back in place

&RF Jump to R, kicking LF to L (R arm hit to right - like catching something)

6LF Step next to RF (bring R arm back)

7 Turn head to L

8 Hit shoulder up, snap fingers

A2: STEP, TOUCH, STEP, TOUCH, STEP TOUCH DIAGONALLY BACK x4

9RF Step to R

10LF Touch behind RF

11LF Step to L

12RF Touch behind LF

13RF Step diagonally back

&LF Touch next to RF

14LF Step diagonally back

&RF Touch next to LF

15RF Step diagonally back

&LF Touch next RF

16LF Step diagonally back

A3: TOUCH, HEEL TWIST, STEP, TURN $\frac{1}{4}$ L, STEP, LOW BODY ROLL, ROCK STEP $\frac{1}{4}$ R, STEP $\frac{1}{4}$ R

17RF Touch forward (R arm bring forward with palm down)

&RF Twist heel out (Turn palm same direction like heel)

18RF Twist heel in (Palm movement follows heel movement)

19RF Step on RF, making circle with shoulders, turn $\frac{1}{4}$ L

20LF Step together

21LF Step forward, make low body roll

22RF Step back, end body roll and bring body straight up

23LF Step forward

&RF Step R $\frac{1}{4}$ to R (12:00)

24LF Step L $\frac{1}{4}$ (3:00)

A4: STEP, HITCH, STEP HITCH, WALK $\frac{1}{8}$, WALK $\frac{1}{8}$, OUT OUT, BEND KNEES, BODY MOVEMENT, TOE, HEEL, TOE, JUMP

25RF Step forward

&LF Hitch

26LF Step back

&RF Hitch

27RF Step forward 1/8 to L

&LF Step forward 1/8 to L (12:00)

28RF Step R bending knee

&LF Step L bending knee

29 Bring body R

30 Bring body L

31 Bring both feet toes in

& Bring both heels in

32 Jump both feet together, hands lift up

PART B - 32 counts

B1: STEP DIAGONALLY, KICK ¼, STEP, FLICK, TOUCH 1/8, BODY MOVEMENT, JUMP TOGETHER, TOUCH BACK 3X, HAND MOVEMENT, WEIGHT CHANGE

1RF Step diagonally R (1:30)

&LF Kick ¼ L (10:30)

2LF Step forward (10:30), flick RF back

&RF Touch 1/8 R (12:00)

3 Slowly bending both knees

4 Movement goes down (bending knees more), make circle with shoulders (counter clockwise)

& Jump both feet together, hands hit up making X shape

5LF Touch back, open hands and bring lower

&LF Touch a bit further backward, bring arms shoulder height

6LF Step back further, hit arms down

7 Make R arm wave in front of body

8 Make R arm wave in front of body

& Lean body forward, bring weight on RF, kick LF back, open both arms side

B2: KICK, CROSS, STEP, KICK, WALK ¼ L, STEP BACK x2, FAST STEP BACK x4

9LF Step back,RF kick forward

&RF Cross over LF

10LF Step back, kick RF forward

11RF Step 1/8 L (bringing knees in)

&LF Step 1/8 forward (bring knees out) (9:00)

12RF Step R (knees in)

13RF Step back, hit R arm in front of body

14LF Step back, hit L arm in front of body

15RF Step back, L arm goes to R shoulder and R arm Goes to L shoulder (making X)

&LF Step back, L arm to L shoulder, R arm to R shoulder

16RF Step back, both hands lift up

&LF Step back, both hands hit down

B3: STEP, HITCH X3, STEP ¼ L, TOUCH, ROCK STEP DIAGONALLY, STEP, HITCH, ROCK STEP DIAGONALLY, TOUCH ¼ L

17RF Step to R

&LF Hitch

18LF Step to L

&RF Hitch

19RF Step to R

&LF Hitch

20LF Step $\frac{1}{4}$ L (6:00)

&RF Touch next to L

21RF Step diagonally forward (7:30)

&LF Step back

22RF Step diagonally forward

&LF Hitch $\frac{1}{4}$ L (5:30)

23LF Step diagonally forward (5:30)

&RF Step back

24LF Step diagonally forward

&RF Touch next to LF $\frac{1}{8}$ L (3:00)

B4: STEP, HITCH X3, STEP $\frac{1}{4}$ L, TOUCH, ROCK STEP DIAGONALLY, HITCH $\frac{1}{4}$, ROCK STEP DIAGONALLY, SLIDE, TOUCH

25RF Step to R

&LF Hitch

26LF Step to L

&RF Hitch

27RF Step to R

&LF Hitch

28LF Step $\frac{1}{4}$ L (12:00)

&RF Touch next to L

29RF Step diagonally forward (1:30)

&LF Step back

30RF Step diagonally forward

&LF Hitch $\frac{1}{4}$ L (11:30)

31LF Big step to L

32RF Touch next to LF

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