

JILLS COWBOY UP

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Count: 96

Wall: 4

Level: intermediate

Choreographer: Anne Southway

Music: Cowboy Up by Jill Johnson

CHASSE, UNWIND, ROCK, CROSS, SWAY TWICE

- 1&2** Step right to right side, close left next right, step right to right side
- 3-4** Cross left foot behind right, unwind $\frac{1}{2}$ turning left
- 5&6** Rock right to right side, cross right foot in front of left
- 7-8** Step left to left swaying hips left, sway hips right

COASTER STEP, ROCK, COASTER STEP, UNWIND $\frac{1}{2}$

- 1&2** Step back on left, step right next left, step forward on left
- 3-4** Rock right to right side, recover to left
- 5&6** Step back on right, step left next right, step forward on right
- 7-8** Cross left foot behind right, unwind $\frac{1}{2}$ turning left

STEP KICK, COASTER STEP, WALK WALK, SAILOR TURN $\frac{1}{2}$

- 1-2** Step forward on right, kick left foot forward
- 3&4** Step back on left, step right next left, step forward on left
- 5-6** Walk forward on right, walk forward on left
- 7&8** Cross right behind left, step left to left side turning $\frac{1}{2}$ right, step right to place

WALK, WALK, KICK BALL CHANGE, WALK, WALK, WALK CLAP, CLAP

- 1-2** Walk forward on left, walk forward on right
- 3-4** Kick left foot forward, step left beside right, step right in place
- 5-6** Walk forward on left, walk forward on right
- 7&8** Walk forward on left, clap hands twice

CHASSE, UNWIND, CHASSE, UN-TURN

- 1&2** Step right to right side, close left next right, step right to right side
- 3-4** Cross left foot behind right, unwind $\frac{1}{2}$ turning left
- 5&6** Step right to right side, close left next right, step right to right side

7-8 Cross left foot behind right, unwind $\frac{1}{2}$ turning left

WALK, WALK, KICK BALL CHANGE, WALK, WALK, HOLD; CLAP; CLAP

1-2 Walk forward on right, walk forward on left

3-4 Kick right foot forward, step right beside left, step left in place

5-6 Walk forward on right, walk forward on left

7-8 Hold for a beat, clap hands twice

ROCK, RECOVER, BEHIND, SIDE, CROSS TWICE

1-2 Step right to right side, recover onto left in place

3&4 Step right, behind left, step left to left side, step right across left foot

5-6 Step left to left side, recover onto right in place

7&8 Step left behind right, step right to right side, step left across right foot

TOE TOUCHES TWICE, HEEL TWICE, TOE TWICE, PADDLE TURN, CLAP, CLAP

1& Touch right toe to left instep, step right foot next to left

2& Touch left toe to right instep, step left foot next to right

3& Touch right heel to front, step right foot beside left

4& Touch left heel to front, step left foot beside right

5& Touch right toe back, step right foot beside left

6& Touch left toe back, step left foot beside right

7&8 Step forward right, pivot $\frac{1}{4}$ turn left, clap, clap

ROCK, RECOVER, BEHIND, SIDE, CROSS TWICE

1-2 Step right to right side, recover onto left in place

3&4 Step right, behind left, step left to left side, step right across left foot

5-6 Step left to left side, recover onto right in place

7&8 Step left behind right, step right to right side, step left across right foot

TOE TOUCHES TWICE, HEEL TWICE, TOE TWICE, PADDLE TURN, CLAP, CLAP

1& Touch right toe to left instep, step right foot next to left

2& Touch left toe to right instep, step left foot next to right

3& Touch right heel to front, step right foot beside left

- 4& Touch left heel to front, step left foot beside right
- 5& Touch right toe back, step right foot beside left
- 6& Touch left toe back, step left foot beside right
- 7&8 Step forward right, pivot $\frac{1}{4}$ turn left, clap, clap

CHASSE TO RIGHT, CHASSE TO LEFT, SHUFFLE $\frac{1}{2}$ TURN RIGHT, COASTER STEP

- 1&2 Step right to right, close left next right, step right to right side
- 3&4 Step left to left, close right next left, step left to left side
- 5&6 Shuffle step $\frac{1}{2}$ turn right, stepping- right, left, right
- 7&8 Step back on left, step right next left, step forward on left

CHASSE TO RIGHT, CHASSE TO LEFT, SHUFFLE $\frac{1}{4}$ TURN RIGHT, COASTER STEP

- 1&2 Step right to right, close left next right, step right to right side
- 3&4 Step left to left, close right next left, step left to left side
- 5&6 Shuffle step $\frac{1}{4}$ turn right, stepping- right, left, right
- 7&8 Step back on left, step right next left, step forward on left

REPEAT

TAG

On wall 3, omit steps 41-48

On wall 4, omit steps 17-48