

OUT OF CONTROL

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Count: 48 **Wall:** 4 **Level:** Beginner level

Choreographer: Peter & Alison (The Dance Factory, UK) July 07

Music: Song 4 Mutya by Groove Armada (Mutya Buena) CD single or CD Real Girl

start on spoken vocals 16 counts in 1-8 Syncopated jazz box with $\frac{1}{4}$ R turn, sway hips R & L, R back, L cross rock & recover

1-2-3&4 Step L fwd, cross step R over L, step L back, $\frac{1}{4}$ turn R step R to R side, cross step L over R

5-6-&7-8 Step R to R side and sway hips R & L, step R back, cross rock L over R, recover weight on R

9-16 L side step & hold, R ball cross, turning $\frac{1}{2}$ L step L side & hold, R ball cross

1-2&3-4 Step L to L side & hold, step R next to L & ball cross L over R, step R to R side

5-6&7-8 Hinge $\frac{1}{2}$ turn L & repeat above steps

17-24 L back rock & recover, L ball cross, $\frac{1}{4}$ L & L fwd, R fwd, $\frac{1}{2}$ L pivot turn, walk fwd R & L

1-2&3-4 Rock back on L, recover weight on R, step L next to R & ball cross R over L, turn $\frac{1}{4}$ L and step L forward

5-6-7-8 Step R forward, pivot $\frac{1}{2}$ left, step forward R, step forward L (Option for counts 23-24 ? Full left turn when you step fwd R & L)

25-32 Jazz jumps with $\frac{1}{4}$ L, R & L fwd syncopated rock steps

&1-2 Jump R & L forward, hold (clap hands on hold)

&3-4 $\frac{1}{4}$ L & jump forward R & L, hold (clap hands on hold)

5-6 Rock forward on R, recover weight on L

&7-8 Step R in place, rock forward on L, recover weight on R Extra 4 counts to be added here on wall 3 and re-start dance from the beginning (you will be facing 3 o'clock) &1-4 Syncopated R fwd rock & recover, R coaster step

&1-2 Step L next to R, rock forward on R, recover weight on L

3&4 Step R back, step L next to R, step R forward

33-40 L ball step fwd, $\frac{1}{4}$ L pivot turn, weave L 2, R sailor, $\frac{1}{4}$ L toaster step

&1-2 Step L together, step R forward, pivot $\frac{1}{4}$ left

3-4 Cross step R over L, step L to L side

5&6 Cross step R behind L, step L in place, step R to R side

7&8 Turn $\frac{1}{4}$ L & step L behind R, step R in place, step L to L side (toaster step)

41-48 R side rock & recover, $\frac{1}{2}$ L & R side rock & recover, R cross rock & recover, sway L & R

1-2 Rock step R to R side & recover weight on L

&3-4 Turning $\frac{1}{2}$ L rock R to R side, recover weight on L, cross rock R over L

5-6-7-8 Recover weight on L, step R to R side, sway hips L & R Website