

# F.T.B. 96 (FOR THE BAND - 96 COUNT)

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**Count:** 96

**Wall:** 1

**Level:** intermediate/advanced west coast swing

**Choreographer:** Mike Salerno

**Music:** Mustang Sally by Wilson Pickett

## VINE RIGHT, POINT ACROSS, STEP SIDE, POINT ACROSS, STEP SIDE, POINT ACROSS

- 1-2** Step right foot to right side, cross/step left foot behind right foot
- 3-4** Step right foot to right side, cross/point left foot in front of right foot
- 5-6** Step left foot to left side (slightly forward), cross/point right foot in front of left foot
- 7-8** Step right foot to right side (slightly forward), cross/point left foot in front of right foot

## SIDE TOE STRUT, CROSSING TOE STRUT, SIDE TOE STRUT, RIGHT KICK-BALL-CHANGE

- 9-10** Step left toe to left side, drop/step left heel in place
- 11-12** Cross/step right toe in front of left foot, drop/step right heel in place
- 13-14** Step left toe to left side, drop/step left heel in place
- 15&** Kick right toe forward, step lightly on ball of right foot
- 16** Step left foot beside right foot

## STEP, ¼ PIVOT LEFT, STEP, ¼ PIVOT LEFT, SIDE TRIPLE STEP, ROCK, STEP

- 17-18** Step right foot forward, pivot a ¼ turn left, transferring weight to left foot
- 19-20** Step right foot forward, pivot a ¼ turn left, transferring weight to left foot
- 21&** Step right foot to right side, step left foot beside right foot
- 22** Step right foot to right side
- 23-24** Rock/step left foot backwards, step right foot in place

## SIDE TRIPLE STEP, ROCK, STEP, STEP, ¼ PIVOT LEFT, STEP, ¼ PIVOT LEFT

- 25&** Step right foot to right side, step left foot beside right foot
- 26** Step right foot to right side
- 27-28** Rock/step left foot backwards, step right foot in place
- 29-30** Step right foot forward, pivot a ¼ turn left, transferring weight to left foot

**31-32** Step right foot forward, pivot a  $\frac{1}{4}$  turn left, transferring weight to left foot

**WALK, WALK, HITCH, STEP, HEEL, POINT, HOLD, POINT, HOLD**

**33-34** Step right foot forward, step left foot forward

**35&36** Hitch right knee, step on ball of right foot beside left foot, tap left heel forward

**&37-38** Step left foot beside right foot, point right toe to right side, hold

**&39-40** Step right foot beside left foot, point left toe to left side, hold

**LEFT SAILOR STEP, RIGHT SAILOR STEP, STEP,  $\frac{1}{2}$  PIVOT, STEP,  $\frac{1}{2}$  PIVOT WITH A TOUCH**

**41&** Cross/step left foot behind right foot, step ball of right foot to right side

**42** Step left foot in place

**43&** Cross/step right foot behind left foot, step ball of left foot to left side

**44** Step right foot in place

**45-46** Step left foot forward, pivot a  $\frac{1}{2}$  turn right, transferring weight to right foot

**47-48** Step left foot forward, pivot a  $\frac{1}{2}$  turn right, touch right toe forward

**VINE TWO RIGHT, SAILOR SHUFFLE, VINE TWO LEFT, SAILOR SHUFFLE**

**49-50** Step right foot to right side, cross/step left foot behind right foot

**&51** Step ball of right foot to right side, tap left heel forward diagonal

**&52** Step ball of left foot beside right foot, cross/step right foot in front of left foot

**53-54** Step left foot to left side, cross/step right foot behind left foot

**&55** Step ball of left foot to left side, tap right heel forward diagonal

**&56** Step ball of right foot beside left foot, cross/step left foot in front of right foot

**BACK, SIDE, CROSS, LEFT KICK-BALL-CROSS, ROCK, STEP, LEFT SAILOR, STEP**

**57&** Step right foot backwards, step left foot to left side

**58** Cross/step right foot in front of left foot

**59&** Kick left toe forward, step lightly on ball of left foot

**60** Cross/step right foot in front of left foot

**61** Rock/step left foot to left side

**62** Step right foot in place

**63&** Cross/step left foot behind right foot, step ball of right foot to right side

64 Step left foot in place

**RIGHT KICK, STEP, HEEL SPLIT, LEFT KICK, STEP, HEEL SPLIT, POINT RIGHT, POINT LEFT, BRUSH, HITCH, STOMP**

65& Kick right foot forward, step right foot beside left foot

66& Spread heels apart, bring heels together

67& Kick left foot forward, step left foot beside right foot

68& Spread heels apart, bring heels together

69& Point right toe to right side, step right foot beside left foot

70& Point left toe to left side, step left foot beside right foot

71&72 Brush right foot forward, hitch right knee, stomp right foot beside left foot

**STEP, DRAG, BALL-CROSS, HIP LIFTS**

73-75 Take a long step to right side with right foot, drag left foot toward right foot

&76 Step on ball of left foot behind right heel, cross/step right foot in front of left foot

77-78 Toe left toe to left side while lifting left hip up to left side, settle hip to right side

79-80 Lift left hip up to left side, settle hip to right side

**PRESS LINE, BALL-CROSS, HOLD, REPEAT**

81-82 Press ball of left foot into floor with heel up, knee bent, shift weight to left foot

&83 Step on ball of left foot behind right heel, cross/step right foot in front of left foot

84 Hold

85-88 Repeat steps 81-84 above

**ROCK/STEP, ¼ TURNING COASTER STEP, POINT AND ½ TURNING HIP ROLL**

89-90 Rock/step left foot to left side, step right foot in place

91& Step left foot backwards, step right foot beside left foot with a ½ turn left

92 Step left forward

93-96 Point right foot forward with pressure on ball of foot, hip roll to the left while turning ½ left ending with weight on left foot

**REPEAT**

**Easy option:**

**93-96** Right foot forward,  $\frac{1}{4}$  pivot with hip roll, repeat

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=54167](https://www.linedance.com/index.php?f=dance_view&id=54167)