

Back it Up, Now!

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Count: 48

Wall: 2

Level: Intermediate

Choreographer: Pim van Grootel & Bella Scholtz  - June 2015

Music: "Back it Up" by Prince Royce ft. Pitbull

Starts after: After 32 Counts

S1: Basic Samba Steps, R, L, Shuffle Fwd, Diagonal R, Kick, Cross Shuffle Back, Kick

1RF Step to right side

&LF Rock back

2RF Recover weight

3LF Step to left side

&RF Rock back

4LF Recover weight

5RF Step side, Diagonal right forward - (10.30)

&LF Step next to RF

6RF Step side, Diagonal right forward - (10,30)

&LF Kick to left side

7LF Step side, Diagonal left backwards (10.30)

&RF Cross over LF

8LF Step side, Diagonal left backwards (10.30)

&RF Kick to right side, (Body rotate to 12.00)

(Note: Count 5 up to 8& is done in the diagonals from 1.30 - 7.30, Body is Facing 10.30)

S2: Sailor Step R, L, Cross Behind, Shuffle L, Rock R, Recover Weight

1RF Cross behind LF (12.00)

&LF Step to left side

2RF Small step to right side

&LF Cross behind RF

3RF Step to right side

&LF Small step to left side

4RF Cross behind LF

5LF Step to left side

&RF Step next to LF

6LF Step to left side

7RF Rock to right side

8LF Recover weight

S3: Step Fwd 1/8 Turn L, 1/2 Turn L, Cross Shuffle 1/2 Turn L, Full Turn L, Coaster Step, Flick

1RF Step diagonal left forward (10.30)

2LF 1/2 Turn left, stepping forward (4.30)

3RF 1/4 Turn left, stepping to right side (3.00)

&LF Cross over RF

4RF 1/4 Turn left, stepping backwards (10.30)

5LF 1/2 Turn left, stepping forward (4.30)

6RF 1/2 Turn left, stepping backwards (10.30)

7LF Step backwards

&RF Step next to LF

8LF Step forward

&RF Flick backwards

S4: Rocking Chair, Cross Rock Step, Cross Rock Step, Cross Over, $\frac{1}{4}$ Turn R

1RF Rock forward (10.30)

&LF Recover weight

2RF Rock backwards

&LF Recover weight

3RF $\frac{1}{8}$ Turn right, crossing over LF (12.00)

&LF Rock to left side

4RF Recover weight

5LF Cross over RF

&RF Rock to right side

6LF Recover weight

7RF Cross over LF

8LF $\frac{1}{4}$ Turn right, Stepping backwards (3.00)

S5: $\frac{3}{8}$ Turn R, Lock Shuffle Right, $\frac{1}{2}$ Turn R, Lock Shuffle L, $\frac{1}{2}$ Turn R, Lock Shuffle R, Step Fwd $\frac{1}{2}$ Turn R

1RF $\frac{3}{8}$ Turn right, stepping forward (7,30)

&LF Lock behind RF

2RF step forward

3LF $\frac{1}{2}$ Turn right, Stepping backwards (1.30)

&RF Cross over LF

4LF Step backwards

5RF $\frac{1}{2}$ Turn right, stepping forward (7.30)

&LF Lock behind RF

6RF Step forward

7LF Step forward

8RF ½ Turn right, stepping forward (1.30)

S6: Walk L, R, Step fwd, Lock Step, Shuffle R, Step Fwd 5/8 Turn L

1LF Step forward (1.30)

2RF Step forward

&LF Step forward - (Go a little on the toes)

3RF Lock behind LF

&LF Small step forward

4RF Step forward

5LF Step forward

&RF Step next to LF

6LF Step forward

7RF Step forward

8LF 5/8 Turn Left, stepping forward (6.00)

RESTART: In wall 2 after 32, counts, Add a ¼ Turn Right, to start the dance again on count 1.

TAG: After Wall 5 doing the following steps:

Right & Left Arm Up in the Air

1-4 Right arm up in the air

5-8 Left arm up in the air

Hips, R, L, R, L

1-2 Hips to the right

- 3-4** Hips to the left
5-6 Hips to the right
7-8 Hips to the left (weight ends on LF)

- While doing the hips you bring the arms down)

1RF Step forward

2LF Step forward

3RF Step forward

4LF ½ Turn left, stepping forward.

After doing the tag, you will only be dancing the dance 2 more times. Dance the dance only up to count 32. (2x)

Enjoy, have fun!!