

Dance 4Evermore

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Count: 128

Wall: 1

Level: Phrased High Improver

Choreographer: Kay Cartwright (UK) Oct 2014

Music: Dance Forevermore by Si Cranstoun

This dance is performed in sections which relate to the verse, chorus and bridge.

The pattern of the dance is: A A B C A A B C(1-24) B C(1-24) Pose to finish

Start dancing on lyrics

PART A - 32 counts

RIGHT & LEFT SIDE STEPS

- 1-2** Step right to side, step left beside right
- 3-4** Step right to side, touch left beside right
- 5-6** Step left to side, step right beside left
- 7-8** Step left to side, touch right beside left

ZIG ZAG FORWARD AND BACK

- 9-10** Step right diagonally forward, touch left beside right
- 11-12** Step left diagonally forward, touch right beside left
- 13-14** Step right diagonally back, touch left beside right
- 15-16** Step left diagonally back, touch right beside left

LONG STEP RIGHT, LOWER & RAISE HEELS

- 17-20** Long step to right side, touch left beside right
- 21-22** Drop left heel whilst raising right heel, drop right heel whilst raising left heel
- 23-24** Drop left heel whilst raising right heel, drop right heel whilst raising left heel

LONG STEP LEFT, LOWER & RAISE HEELS

- 25-28** Long step to left side, touch right beside left
- 29-30** Drop right heel whilst raising left heel, drop left heel whilst raising right heel
- 31-32** Drop right heel whilst raising left heel, drop left heel whilst raising right heel

PART B - 64 counts

EXTENDED VINE LEFT, CHA CHA CHA LEFT

- 1-2** Step right across left, step left to side
- 3-4** Step right behind left, step left to side
- 5-6** Step right across left, step left to side
- 7-8&9** Step right behind left (7) , step left to side(8), step right beside left(&),step left to side(9),

CHECK ACROSS, CHA CHA CHA X2

- 10-11** Check right across left, replace on left
- 12&13** Step right to side, step left beside right, step right to side
- 14-15** Check left across right, replace on right
- 16&17** Step left to side, step right beside left, step left to side

ROCK BACK, CHA CHA CHA X2

- 18-19** Rock right back, replace forward left
- 20&21** Step right to side, step left beside right, step right to side
- 22-23** Rock left back, replace forward right
- 24&25** Step left to side, step right beside left, step left to side

MODIFIED JAZZ BOXES

- 26-27** Step right across left, step left back
- 28-29** Step right to side, step left across right
- 30-32** Step right back, step left to side, step right beside left.

EXTENDED VINE RIGHT, CHA CHA CHA RIGHT

- 33-34** Step left across right, step right to side
- 35-36** Step left behind right, step right to side
- 37-38** Step left across right, step right to side
- 39-40&41** Step left behind right, step right to side, step left beside right, step right to side

CHECK ACROSS, CHA CHA CHA X2

- 42-43** Check left across right, replace on right
- 44&45** Step left to side, step right beside left, step left to side
- 46-47** Check right across left, replace on left

48&49 Step right to side, step left beside right, step right to side

ROCK BACK, CHA CHA CHA X2

50-51 Rock left back, replace forward right

52&53 Step left to side, step right beside left, step left to side

54-55 Rock right back, replace forward left

56&57 Step right to side, step left beside right, step right to side

MODIFIED JAZZ BOXES

58-59 Step left across right, step right back

60-61 Step left to side, step right across left

62-64 Step left back, step right to side, step left beside right.

PART C - 32 counts

PADDLE ½ TURN LEFT

1-2 Take weight on ball of right turning 1/8 to left, place weight on left

3-4 Take weight on ball of right turning 1/8 to left, place weight on left

5-6 Take weight on ball of right turning 1/8 to left, place weight on left

7-8 Take weight on ball of right turning 1/8 to left, place weight on left

HEEL TOUCHES

9-10 Touch right heel forward, small step back on right

11-12 Touch left heel forward, small step back on left

13-14 Touch right heel forward, small step back on right

15-16 Touch left heel forward, small step back on left

PADDLE ½ TURN LEFT

17-18 Take weight on ball of right turning 1/8 to left, place weight on left

19-20 Take weight on ball of right turning 1/8 to left, place weight on left

21-22 Take weight on ball of right turning 1/8 to left, place weight on left

23-24 Take weight on ball of right turning 1/8 to left, place weight on left

HEEL TOUCHES

25-26 Touch right heel forward, small step back on right

- 27-28** Touch left heel forward, small step back on left
- 29-30** Touch right heel forward, small step back on right
- 31-32** Touch left heel forward, small step back on left

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=100791