

Push It Up (□□□)

Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Neville Fitzgerald & Julie Harris (May 10)

Music: Push It Up by Daniela

□□□ **Starts After 32 Counts.** 32□□□□

□□□

Out, Out, Hold, & Side, Cross,

Back, Side, Cross.

□ , □ , □ , □ □ , □□□□□

1-2

Step forward & out on Left, step forward & out on Right.

□□□□ , □□□□

3&4

Hold, step Left next to Right, step Right to Right side.

□ , □□□□ , □□□□

5-8

Cross step Left over Right, step back on Right, step Left to Left side,

cross step Right over Left.

□□□□□□□□ , □□□□ , □□□□ , □□□□□□□□

□□□

Side, 1/4 Hinge, Cross Shuffle, Side,

1/4 Hinge, Rock Step.

□ , 1/4□ , □□□□ , □ , 1/4□ , □□ □□

1-2

Step Left to Left side, make 1/4 turn to Right stepping Right to Right

side. □□□□ , □□ 90□□□□

3&4

Cross step Left over Right, step Right to Right side, cross step Left

over Right. □□□□□□□□ , □□□□ , □□□□□□□□

5-6

Step Right to Right side, make 1/4 turn to Left stepping Left to Left

side. □□□□ , □□ 90□□□□

7-8

Cross rock Right over Left, recover on Left.

□□□□□□□□ , □□□□

□□□

Side, Hold, & 1/4 Rock Step,

Coaster Step, Step, 1/2 Pivot.

□ , □ , □ 1/4□□ □□ , □□□□ , □ □

1-2

Step Right to Right side, Hold. □□□□ , □

&3-4

Step Left next to Right, make 1/4 turn to Right rocking forward on

Right, recover on Left. □□□□ , □□ 90□□□□□□ , □□□□

5&6

Step back on Right, step Left to Right, step forward on Right.

□□□□ , □□□□ , □□□□

7-8

Step forward on Left, pivot 1/2 turn to Right.

□□□□ , □□□ 180°

□□□

Point, Cross, Point, 1/4, Rock Step,

1/2, 1/2.

□ , □□ , □ , 1/4, □□ □□ , 1/2 1/2

1-2

Point Left to Left side, cross step Left over Right.

□□□□ , □□□□□□□□

3-4

Point Right to Right side, make 1/4 turn to Right stepping Right next to

Left. □□□□ , □□ 90°□□□□

5-6

Rock forward on Left, recover on Right.

□□□□□□ , □□□□

7-8

Make 1/2 turn to Left stepping forward on Left, 1/2 turn Left stepping

back on Right. □□ 180°□□□□□□ , □□ 180°□□□□□□

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**mso-font-kerining:0pt">Stomp, Hold, & Walk, Walk, Brush, Step, Brush,
Step.**

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□ □ , □

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1-2

Stomp Left behind Right, Hold. □□□□□□□□ , □

&3-4

Step Right next to left, walk forward Left-Right.

□□□□ , □□□□ , □□□□

5-6

Brush Left forward, step Left forward & slightly across Right.

□□□□ , □□□□□□□□

7-8

Brush Right forward, step Right forward & slightly across Left.

□□□□ , □□□□□□□□

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**mso-font-kerining:0pt">Step, 1/2 Pivot, Step, 1/2 Turn, 1/4, Rock, Recover,
Side.**

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mso-font-kerining:0pt">, □ , □ , 1/4,

mso-font-kerining:0pt">□□ □□ , □

1-2

Step forward on Left, pivot 1/2 turn to Right.

□□□□ , □□□ 180□

3-4

Step forward on Left, make 1/2 turn to Left stepping back on Right.

□□□□ , □□ 180□□□□

5-6

1/4 turn to Left stepping Left to left side, cross rock Right over Left □□ 90□□□□ ,

□□□□□□□□

7-8

Recover on Left, step Right to Right side. □□□□ , □□□□

****R** RESTART: Wall 2 & Wall 5, Dance up to &**

including Count 8 in

Section 6.. (Count 48), Then Restart dance from beginning... (Count 1)

□□□□□□□□□□ , □□□□

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mso-font-kerining:0pt">Cross, Side, Sailor 1/4, Step, 1/2, 1/2, 1/4 Point.

mso-font-kerining:0pt">□□

mso-font-kerining:0pt">, □ , 1/4

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">, □ , 1/2 1/2 1/4

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1-2

Cross step Left over Right, step Right to Right side.

□□□□□□□□ , □□□□

3&4

Make 1/4 turn to Left stepping Left behind Right, step Right next to

left, step forward on Left.

□□ 90□□□□□□□□ , □□□□ , □□□□

5-6

Step forward on Right, make 1/2 turn to Right stepping back on Left.

□□□□ , □□ 180□□□□□□

7-8

1/2 turn to Right stepping forward on Right. 1/4 turn to Right pointing

Left to left side. □□ 180□□□□□□ , □□ 90□□□□□□

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mso-font-kerning:0pt">

mso-font-kerning:0pt">& Point, Hold, & Point, Hold, & Rock Step,

Coaster Step.

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□ ,

mso-font-kerning:0pt">□ , □ □ □ □ , □□

&1-2

Step Left next to Right, point Right to Right side, Hold.

□□□□ , □□□□ , □

&3-4

Step Right next to Left, point Left to Left side, Hold.

□□□□ , □□□□ , □

&5-6

Step Left next to Right, rock forward on Right, recover on Left.

□□□□ , □□□□□ , □□□□

7&8

Step back on Right, step Left next to Right, step forward on Right.

□□□□ , □□□□ , □□□□