

Gleehab (□□□□)

LINEDANCE.COM

Count: 64 **Wall:** 2 **Level:** Beginner

Choreographer: Gary Lafferty (Mar 10)

Music: Rehab (Cast Version) by Glee (CD: 160bpm) J'ai Du Boogie, My Girl Sally

□□□ **Intro: Track starts with**

word "Ohio" sung 3 times, then 4 drumstick beats - that's your

"5,6,7,8"

□□□

Grapevine To Right With

Touch, Grapevine To Left With Touch

□□□□ , □□□□

1-4

Step to Right on Right foot, cross-step Left behind

Right, step to Right on Right, touch Left foot beside Right

□□□□ , □□□□□□□□ , □□□□ , □□□□

5-8

Step to Left on Left foot, cross-step Right behind

Left, step to Left on Left foot, touch Right foot beside Left

□□□□ , □□□□□□□□ , □□□□ , □□□□

□□□

Skates □□

1-2

Skate Right foot forward to Right diagonal, hold

□□□□□□□□ , □

3-4

Skate Left foot forward to Left diagonal, hold

□□□□□□□□ , □

5-6

Skate Right foot forward to Right diagonal, skate Left

foot forward to Left diagonal

□□□□□□□□ , □□□□□□□□ ,

7-8

Skate Right foot forward to Right diagonal, hold

□□□□□□□□ , □

□□

Weave: Front, Side, Behind,

Sweep, Behind, Side, Cross, Hold

□□ :□ , □ , □ , □ , □ , □ , □ , □ , □

1-2

Cross-step Left foot over Right, step to Right on Right

foot

□□□□□□□□ , □□□□

3-4

Cross-step Left foot behind Right, sweep Right foot

around from front to back □□□□□□□□ , □□□□□□

5-6

Cross-step Right foot behind Left, step to Left on Left

foot

□□□□□□□□ , □□□□

7-8

Cross-step Right foot over Left, hold □□□□□□□□ , □

□□□

Touch Forward, Hold, Touch

Back, Hold; Step, 1/2 Turn, Step, Hold

□□ , □ , □□ , □ , □ , □ , □ , □

1-4

Touch Left foot forward, hold, touch Left foot back,

hold

□□□□ , □ , □□□□ , □

5-8

Step forward on Left foot, pivot 1/2 turn to Right, step

forward on Left foot, hold □□□□ , □□□□ **180**□ , □□□□ , □

RESTARTS: on walls 3 & 6, you should restart

the dance at this point

□□□□□□□□□□ , □□□□

□□□

Right Toe-Strut, Left Toe-Strut; Rocking

Chair

□□

mso-font-kerning:0pt">, □□ , □□□

1-4

Touch Right foot forward, step down onto Right foot,

touch Left foot forward, step down onto Left foot

□□□□ , □□□ , □□□□ , □□□

5-6

Rock forward on Right foot, recover weight back onto

Left foot

□□□□□ , □□□□

7-8

Rock back on Right foot, recover weight onto Left foot

□□□□□ , □□□□

□□□

Shimmy

mso-font-kerning:0pt">½ Turns □□□□□ □□

1

Step Right foot forward

□□□□

3-4

Making a ½ turn over Left shoulder, shimmy shoulders,

keeping weight back on Right foot, clap on count 4

□□□□□□□□ 180□ , □□□□ , □ 4□□□

5

Push weight forward onto Left foot (it doesn't need to

move from where it is) □□□□

6-8

Making a ½ turn over Right shoulder, shimmy shoulders,

keeping weight back on Left foot, clap on count 8

□□□□□□□□ 180□ , □□□□ , □ 8□□□

□□□

Back, Kick, Back, Kick; Run Back, Kick

□

mso-font-kerning:0pt">, □ , □ , □ , □ , □ , □

1-2

Step back on Right foot, kick Left foot forward

□□□□ , □□□□

3-4

Step back on Left foot, kick Right foot forward

□□□□ , □□□□

5-6

Step back on Right foot, step back on Left foot

□□□□ , □□□□

7-8

Step back on Right foot, kick Left foot forward

□□□□ , □□□□

□□□

Left Coaster Point, Left Coaster Step

□□ □ □ , □□□

□

1-4

Step back on Left foot, step on Right foot beside Left,

touch Left foot forward, hold □□□□ , □□□□ , □□□□ , □

5-8

Step back on Left foot, step on Right foot beside Left,

step forward on Left foot, hold □□□□ , □□□□ , □□□□ , □