

# Amor A La Mexicana Banda

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**Count:** 96

**Wall:** 1

**Level:** Phrased High Beginner / Intermediate

**Choreographer:** Anthony & Deshimona (MLD-INA) Dec 2012

**Music:** Amor La Mexicana Emilio Mix by Thalia, Album: Thalia con Banda Grande Exitos

**Sequence : A Tag BBB A Tag BB Tag CC HOLD B Ending**

**Note : The dance will start on vocal, count 1 will be on “quie..” of “quiero” .. use the style of salsa, cumbia and ranchero.**

**A : 32 COUNTS**

**A1. SIDE MAMBO STEP TO RIGHT & LEFT**

**1&2R** foot steps to right side, recover to L foot, R foot steps next to L foot

**3&4L** foot steps to left side, recover to R foot, L foot steps next to R foot

**5&6R** foot steps to right side, recover to L foot, R foot steps next to L foot

**7&8L** foot steps to left side, recover to R foot, L foot steps next to R foot

**A2.FORWARD LOCK STEP - PIVOT ½, (2x)**

**1&2R** foot steps forward, L foot locks behind R foot, R foot steps forward

**3&4L** foot steps forward, (turn ½ to Right) R foot steps forward, L foot steps forward

**5&6R** foot steps forward, L foot locks behind R foot, R foot steps forward

**7&8L** foot steps forward, (turn ½ to Right) R foot steps forward, L foot steps forward

**A3.CHARLESTON - ANKLE TWIST FORWARD & BACKWARD**

**1&2R** foot steps forward (with ronde action), L foot steps on the spot, R foot steps backward (with ronde action)

**3&4L** foot steps backward (with ronde action), R foot steps on the spot, L foot steps forward (with ronde action)

**5&6R** foot touches forward then do the twist to L-R-L

**7&8R foot touches backward then do the twist to L-R-L**

#### **A4.CROSS OVER, STEP LOCK, TRIPLE CHA**

**1&2R cross over L, L step backward, R step to R side**

**3&4L step forward, R lock behind L, L step forward**

**5&6R step next to L, L step next to R, R step to R side**

**7&8L step next to R, R step next L, L step to L side**

#### **TAG : 6 COUNTS**

#### **TOE HEEL CROSS, CHEST BUMPING**

**1&2R foot touches next to L foot, R foot touches on heel on R side, R foot crosses over L foot**

**3&4L foot touches next to R foot, L foot touches on heel on L side, L foot crosses over R foot**

**5&6R foot steps next to L foot then bump forward the chest 3 (three) times**

#### **B : 32 COUNTS**

#### **B1.OPEN LEG STANDING with BOTH FIST UP on EACH SIDE, HIT CHEST 2 times with RIGHT HAND, DRAG LINE**

**1 2 3 4** Open both legs straightly while both fist raised up on both side

**5&6R fist hits Left chest three (3) times (count : 5-6, stabbing)**

**7 8R fist draw/drag a straight line from Left chest to R chest**

#### **B2.ROLL HIP to LEFT, BODY RIPPLE**

**1 2** Roll hip to Left

**3 4** Roll hip to Left

**5 6** Bend on knees, push knees and lower hip backward

**7 8** Pull chest up

#### **B3. DIAGONAL FORWARD LOCK STEP TO RIGHT & LEFT , DIAGONAL BACK SHUFFLE TO RIGHT & LEFT (LASO HAND STYLE)**

**1&2R foot steps diagonally forward to Right (1.30), L foot locks behind R foot, R foot steps diagonally forward to Right on the same direction (hand styling : make the laso style on Right hand for count 1&2).**

**3&4L foot steps diagonally forward to Left (10.30), R foot locks behind L foot, L foot steps diagonally forward to Left on the same direction (hand styling : make the laso style on Right hand for count 3&4).**

**5&6R foot steps diagonally back to Right (1.30), L foot next to R foot, R foot steps diagonally back to Right on the same direction (hand styling : make the laso style on Right hand for count 5&6).**

**7&8L foot steps diagonally back to Left (10.30), R foot next to L foot, L foot steps diagonally back to Left on the same direction (hand styling : make the laso style on Right hand for count 7&8).**

#### **B4. CUMBIA, COMPACT TWIST**

**1&2** Step R behind L, recover on L, step R to R side,

**3&4** Step L behind R, recover on R, step L to L side

**5&6** Hip twisting to R-L-R

**7&8** Hip twisting to L-R & back to centre

#### **C : 32 COUNTS (The beat get faster)**

##### **C1. WEAVE TO RIGHT, COMPACT TWIST**

**1 2 3 4R foot steps to R side, L foot crosses over R foot, R foot steps to R side, L foot touch heel to L side**

**5 6 7 8** Hip twisting on the spot to L-R-L-R

##### **C2. WEAVE TO LEFT, COMPACT TWIST**

**1 2 3 4L foot steps to L side, R foot crosses over L foot, L foot steps to L side, R foot touch heel to R side**

**5 6 7 8** Hip twisting on the spot R-L-R-L

##### **C3. ½ TURN PADDLE, CROSS AND CLOSE**

**1 2 3 4R steps to R side, recover to L foot, (turn ¼ to L) R foot steps to R side, recover to L foot**

**5 6(Turn ¼ to L) R foot steps to R side, recover to L foot**

**7 8R foot crosses over L foot, L foot steps next to R foot**

#### **C4. HEEL & TOE TOUCH**

**1 2 3 4R foot's heel touches to forward diagonal to R, R foot touches next to L foot, R foot's heel touches to forward diagonal to R, R foot step next to L foot**

**5 6 7 8L foot's heel touches to forward diagonal to L, L foot touches next to R foot, L foot's heel touches to forward diagonal to L, L foot step next to R foot**

**HOLD : 1 count**

**ENDING : 12 counts**

#### **COMPACT STEP, TURN UPPER BODY**

**1&2** Compact step on R-L-R

**3&4L foot steps to L side, hold, R foot steps to R side,**

**5&6** Turn upper body diagonally backward to R (hand style : open your facing forward R hand palm and place it in front of your R eyes, put your L hand on your waist)

#### **HAVE A NICE DANCE**

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