

# MIND JAMMIN

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**Count:** 64

**Wall:** 2

**Level:** Intermediate level

**Choreographer:** Derrick Walker

**Music:** Favorite State of Mind by Josh Gracin [CD: Single]

## **KNEE KNOCKS [w/ HITCHHIKES]**

- 1-4** With feet together knock knees in and out starting with knees knocking in (point left thumb to the left like your hitching a ride)
- 5-8** Repeat 1-4 (point right thumb to the right)

## **MONTEREY TURNS**

- 9** Touch Right Toe to Right
- 10** Pivot  $\frac{1}{2}$  turn right on ball of left and step together right
- 11-12** Touch left toe to side, step together left

## **PIGEON TOES**

- 13** Side step left pointing toes outwards
- 14** Shift weight to left toe and right heel and fan left heel out and right toe in
- 15** Shift weight to left heel and right toe and fan left toe out and right heel in
- 16** Shift weight to left toe and right heel and fan left heel out and right toe in
- 17-20** Repeat traveling right!!!!!!

## **MONTEREY TURNS**

- 21-24** Repeat 9-12!!!!!!!!!!

## **SCOOT, SCOOT, WALK, WALK, REPEAT**

- 25-26** Scoot Left Foot Forward twice while Right Knee is hitched
- 27-28** Step Forward Right Foot, Step Forward Left Foot
- 29-32** Repeat 25-28

## **STEP, SLAP, STEP, SLAP, VINE RIGHT w/ $\frac{1}{4}$ TURN**

- 33-34** Step Right Foot to Right Side, Kick Left Foot behind Right while slapping your boot with your Right Hand

- 35-36** Step Left Foot to Left Side, Kick Right Foot behind Left while slapping your boot with your Left Hand
- 37-40** Step Right Foot to Right Side, Step Left Foot behind Right Foot, Step Right Foot Forward making  $\frac{1}{4}$  turn Right, Step Left next to Right

### **HEEL/TOE, TOE STRUT**

- 41-42** With weight on both feet you will have your heels facing outward and your toes facing inward, Bring to Center
- 43-44** With weight on both feet you will have your heels facing inward and your toes facing outward, Bring to Center
- 45-46** Touch ball of Right Forward, step down on Right Heel
- 47-48** Touch ball of Left Forward, step down on Left Heel

### **WALK, WALK, WALK, KICK, REPEAT**

- 49-50-51** Making  $\frac{1}{4}$  turn Right, Walk forward Right, Left, Right
- 52** Kick Left Foot Forward while making  $\frac{1}{2}$  turn Left
- 53-54-55** Walk forward Left, Right, Left
- 56** Kick Right Foot Forward while making  $\frac{1}{4}$  turn Right

### **ROCKS, $\frac{3}{4}$ TURN STEPS**

- 57-58** Rock Right Foot Forward, Recover on Left Foot
- 59-60** Rock Right Foot Backward, Recover of Left Foot
- 61** Step Right Foot Forward, making  $\frac{1}{4}$  turn Left
- 62** Step on Left Foot making  $\frac{1}{2}$  turn Left

### **63-64 Step in place Right, Left REPEAT**