

Easy For Girls

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Count: 72

Wall: 2

Level: Intermediate / Advanced - polka

Choreographer: Séverine Fillion (France, May 2012)

Music: « It's Easy For Girls » by Abbey Powell

Intro : 20 counts AB AB A*A* B AB Tag A*A* B Final

PART A - 8 counts

[1-8] STOMP FWD, HOLD x 3, STEP 1/2 TURN x 2, STOMP, HOLD

1-4 Stomp right fwd, Hold x 3

At walls 3 & 5 (at 12:00), dance 2 x A* : Counts 1-4 modified : Stomp Right fwd, Hold, Stomp R fwd, Hold

5&6& Left step fwd, ½ turn right, left step fwd, ½ turn right

7-8 Stomp left next to right, Hold

PART B - 64 counts

[1-8] KICK BALL CROSS, TOUCH, KICK, COASTER STEP, CROSS, SIDE POINT

Turn your body diagonally right (at 1:30)

1&2 Kick right diagonally right fwd, right ball next to left, left cross over right

3-4 Touch right next to left, Kick right diagonally right fwd

5&6 Right step back, left next to right, right step fwd

7-8 Left cross over right, touch right toe to right side (body facing 12 :00)

[9-16] SAILOR SHUFFLE, SCUFF, BRUSH BACK, STOMP, HOLD

1&2 Right cross over left, left to left, right heel diagonally right fwd

&3 Right step slightly back, left cross over right

&4 Right step to right side, left heel diagonally left fwd

&5 Left step next to right, Scuff right fwd

6 Brush right backward

7-8 Stomp right next to left, Hold

[17-24] KICK BALL CROSS, TOUCH, KICK, COASTER STEP, CROSS, SIDE POINT

Turn your body diagonally left (at 11:30)

- 1&2** Kick left diagonally left fwd, left ball next to right, right cross over left
- 3-4** Touch left next to right, Kick left diagonally left fwd
- 5&6** Left step back, right next to left, left step fwd
- 7-8** Right cross over left, touch left toe to left side (body facing 12 :00)

[25-32] SAILOR SHUFFLE, SCUFF, BRUSH BACK, STOMP, HOLD

- 1&2** Left cross over right, right to right, left heel diagonally left fwd
- &3** Left step slightly back, right cross over left
- &4** Left to left side, right heel diagonally right fwd
- &5** Right step next to left, Scuff left fwd
- 6** Brush left backward
- 7-8** Stomp left next to right, Hold

[33-40] SYNCOPATED SPLITS, APPLEJACKS

- &1** Right to right, left to left (OUT OUT)
- &2** Recover on right to the center, left next to right (IN IN)
- &3** Right to right, left to left (OUT OUT)
- &4** Recover on right to the center, left next to right (IN IN)
- 5-8** Applejacks

[41-48] STOMP FWD, ½ TURN, FULL TURN LEFT, KICK BALL HEEL & TOE TOUCH BACK x 2,

- 1-2** Stomp right fwd, ½ turn left 6 :00
- 3-4½ turn left stepping right back, ½ turn left stepping left fwd**
- 5&6** Kick right fwd, right step next to left, left heel diagonally left fwd
- &7-8** Recover on left (&), Touch right toe cross behind left x 2

[49-56] 1/4 TURN & SHUFFLE FWD, 1/2 TURN, 1/4 TURN, CROSS ROCK FWD, SIDE SHUFFLE

- 1&2¼ turn right & Shuffle right left right fwd 9 :00**

3-4½ turn right stepping left back, ¼ turn right stepping right to right side 6 :00

5-6 Rock step left cross over right, recover on right

7&8 Shuffle left right left to left side

[57-64] HEEL HOOK HEEL FLICK 1/4 T, STOMP, HOLD, SWIVETS, SWIVET R 1/4 TURN, HOOK

1&2 Right heel fwd, Hook right cross over left leg, right heel fwd

&3 Flick right diagonally right back with ¼ turn left, Stomp right to right side 3 :00

4 Hold

5& Swivet right (swivel right toe to right & left heel to left), recover to the center

6& Swivet left (swivel left toe to left & right heel to right), recover to the center * Final

7 Swivet right with ¼ turn right (ending weight on left) 6 :00

8 Hook right cross over left leg

TAG : At the end of wall 4 (at 12 :00) : Rocking chair

1-4 Rock step right fwd (on heel), recover on left, rock step right back, recover on left

FINAL : At the end of wall 5 on count 62 (at 3 :00), turn ¼ left with the Swivet left to finish

facing (weight on left)

63-64 Small right step fwd, small left step fwd

1-2 Full Turn fwd to left (Right - Left)

3-4 Walks fwd Right Left

5-6 Right step fwd, ½ turn left

7-8 Right step fwd, ½ turn left

Enjoy !!

Thanks for the music suggestion to Franck Boucheraud, Talent Buyer for the Country Bike Festival, Tours France

Choreography danced to Voghera Festival (2012) with the French-Italian Team!