

POSTMAN

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Yvonne Hammond

Music: Please Mr. Postman by The Carpenters

1-2- Touch right toe across front of left, kick right foot forward

3&4 Shuffle back right-left-right

5-6 Touch left toe across front of right, kick left foot forward

7&8 Shuffle back left-right-left

1&2- Shuffle to the right stepping right-left-right

3-4 Rock step left behind right, step right in place

5&6 Shuffle to the left stepping left-right-left

7-8 Rock step right behind left, step left in place

1-2- Step right toe forward, drop right heel down

3-4 Step left toe forward, drop left heel down

5-8 Double hip bumps right, double hip bumps left

1-2 Step forward on right, step back on left

3&4 Turn ½ turn right & shuffle forward right-left-right

5-6 Step forward left, step forward right

7&8 Shuffle forward left-right-left

REPEAT