

Poison On My Mind

LINEDANCE.COM

Count: 48

Wall: 2

Level: Intermediate/Advanced

Choreographer: Carol (Crazyhorse) Bates (Jan 11)

Music: Poison by Nicole Scherzinger

□□□

Step Back, Back, Sailor ½ Turn,

Forward Rock, Toe Strut Back

1-2

Step back on right foot, step back on left foot

□□□□ , □□□□

3&4

Step right behind left, turn ½ right stepping left to left side, step

right beside right □□□□□□ , □□ **180**□□□□□□ , □□□□

5-6

Rock forward on left, recover on right

□□□□□□ , □□□□

7-8

Touch left toe back, drop left heel (taking weight on left)

□□□□□□ , □□□□ (□□□□□□)

□□□

Step Back, Turn ½ Left, Shuffle

Forward, Jazz Box>Box>BoxBox> ¼Box>

Turn Left Touch

1-2

Step back on right, turn $\frac{1}{2}$ turn left stepping forward on left

□□□□ , □□ 180□□□□

3&4

Step forward on right, step left next to right, step forward on right □□□□ , □□□□ ,

□□□□

5-6

Cross left over right, step back on right

□□□□□□□□ , □□□□

7-8

Turn $\frac{1}{4}$ left stepping left to left side, touch right next to left

□□ 90□□□□□□ , □□□□

□□□□

Rolling Vine Right, Brush Left Over

Right, Cross Rock Recover, $\frac{1}{4}$ Chasse Turn Left

1-2

Turn $\frac{1}{4}$ turn right stepping forward on right, turn $\frac{1}{2}$ turn right stepping

back on left □□ 90□□□□□□ , □□ 180□□□□□□

3-4

Turn $\frac{1}{4}$ turn right stepping right to right side, brush left over right □□ 90□□□□□□ ,

□□□□□□□□

5-6

Cross rock left over right, recover on right

□□□□□□□□ , □□□□

7&8

Step left to left side, close right next to left, turn ¼ left stepping

forward on left □□□□ , □□□□ , □□ **90**□□□□

□□□

Right Syncopated Weave, Back Rock

Recover, Left Kick Ball Cross

1-2

Step right to right side, step left behind right

□□□□ , □□□□□□

&3-4

Step right to right side, cross left over right, step right to right

side □□□□ , □□□□□□□□ , □□□□

5-6

Rock back on left, recover on right

□□□□ , □□□□

7&8

Kick left foot forward, step left next to right, cross right over left □□□□ , □□□□ ,

□□□□□□□□

RESTART: on wall 3 - Add an

'&' count stepping weight onto left foot, and start the dance from the

beginning □□□□□□□□ &□□□□□□□□ , □□□□

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Hold, Ball Cross, Step Back, Back, Left Shuffle

Forward, Rock Forward Recover

1&2

Hold, step left to left side, cross right over left

□ , □□□ , □□□□□□□□

3-4

Step back on left, step back on right

□□□□ , □□□□

5&6

Step forward on left, step right next to left, step forward on left □□□□ , □□□□ , □□□□

7-8

Rock forward on right, recover on left foot □□□□□□ , □□□□

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Side Rock, Recover , ½ Hinge Turn Left Rock Onto Right,

Recover, ½ Hinge Turn Right, Step Together, Walk, Walk

1-2

Rock right to right side, recover on left □□□□□□ , □□□□

3-4

On ball of left turn ½ turn left rock onto right foot, recover on left

□□ 180□□□□□□□□ , □□□□

5-6

On ball of left turn $\frac{1}{2}$ turn right stepping right to right side, step

left next to right □□ 180□□□□ , □□□

7-8

Walk forward right, walk forward left

□□□□ , □□□□