

# March to the Beat

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**Count:** 80

**Wall:** —

**Level:** Phrased High Intermediate

**Choreographer:** Johanna Barnes (June 2018)

**Music:** Different Drum by Blanca

**(16 count Intro to start)**

**Details: Sequence is ABCC, ABCC, C, BB, 4-count Tag, CC**

**(Clock notation begins on your start wall as 12:00. Each phrase of each part will be noted relating to the sequence.)**

**PART A (32 counts) Start of phrase begins at 12:00 and ends at 12:00 each time.**

**Music & Lyrics Hint: smooth sound, 'attention' and 'mission'**

**A [1~8]: R PUSH-ROCK, BALL-STEP-STEP, L PUSH-ROCK, BALL-STEP-STEP (or alternate hip roll option)**

**1, 2 &R forward push/rock toward right diagonal (1); recover weight to L (2); R step next to L (&)**

**3, 4L step forward, slightly crossed (3); R step to right side, redirect to left diagonal (4)**

**5, 6 &L forward push/rock toward left diagonal (5); recover weight to R (6); L step next to R (&)**

**7, 8R step forward (7); L step forward (8)**

**Alternate Option 1-8: R touch to right diagonal with forward hip roll (1); recover back onto L (2); hip roll forward onto R (3); hold (4); L touch to left diagonal with forward hip roll (5); recover back onto R (6); roll forward onto L (7); hold (8)**

**A [9~16]: R CROSS-ROCK-RECOVER-SIDE, L CROSS-ROCK-RECOVER- $\frac{1}{4}$  L, STEP R/L,  $\frac{1}{2}$  R, L STEP**

**1, 2&cross rock R over L (1); recover weight to L (2); step R to right side (&);**

**3, 4&cross rock L over R (3); recover weight to R (4);  $\frac{1}{4}$  turn left, onto L [9:00] (&);**

5,6,7,8R step forward (5); L step forward (6); ½ turn right, onto R [3:00] (7); L step forward (8)

**A [17~24]: QUICK STEP, ¼ R SALUTE, R STEP, HITCH L, BALL-BACK, L TOUCH BACK, ½ L**

&1,2,3push off L, make a quick step forward on R (&); L step slightly past R (1); ¼ turn right, leaving weight L and R ball of foot next to L, with R arm salute (standard military-style to 'hat brim') [6:00] (2); hold (3)

4, 5&6R step forward (4); hitch L knee (5); L step down (&); R step back (6);

7, 8L touch back (7); ½ turn left, taking weight L [12:00] (8)

**A [25~32]: R HITCH, HEEL JACK, HOLD, R VAUDEVILLE, STEP L/R, ½ TURN L**

1&2,3hitch R knee (1); R step, slightly back (&); present L heel forward (2); hold (3)

&4step L back and slightly to left side (&); R step across L (4)

&5&6L step to left side (&); present R heel to right diagonal (5); R step next to L (&); L step forward (6)

7, 8R step forward (7); ½ turn left taking weight onto L [6:00] (8)

**PART B (16 counts) Start of phrase begins at 6:00 and ends at 12:00, except when it is repeated which is at 12:00**

**Music & Lyrics Hint: 'let's break the mold' and 'we're walking out' as well as 'step 1-2' and 'make history' for the repeat B**

**B [1~8]: R/L KICK-CROSS-ROCK-RECOVER STEPS, R CROSS, L BACK, QUICK OUT R- OUT L, R HEEL-HITCH**

1&2&R low kick forward (1); R step across L (&); rock back onto L (2); recover weight onto R (&)

3&4&L low kick forward (3); L step across R (&); rock back onto R (4); recover weight onto L (&)

5, 6R cross step over L (5); L small step back (6)

**&7, 8quick step R out to right side (&); quick step L out to left side (7); hitch R heel behind L (8)**

**Movement Hint 1-4&: Angle open to right as you R cross-rock-rec, to left as you L cross-rock-rec, all with a slight bounce.**

**B [9~16]: SIDE-KICK-STEP-HITCH STEPS R L, ½ TURN WALKAROUND R L R L**

**1&2R low kick to right side (1); slight hop-step down onto R (under the space you kicked to) (&); touch L behind R (2)**

**3&4L low kick to left side (3); slight hop-step down onto L (under the space you kicked to) (&); touch R behind L (4)**

**5,6,7,8step-walk forward in a half circle to the right with R (5); L (6); R (7); L [12:00] (8)\***

**Easy Option 1-4: step out R (1); touch L behind (2); step out L (3); touch R behind (4)**

**Advance Option 1-4: Add an opposite kick at the same time you replace your foot after the first kick! (kick-kick-hitch).**

**[\*TAG\* HERE after REPEAT B]: Cross L over R at end of (repeat) Part B (8), unwind ½ turn right over 4 counts, then start Part C (turn that ¼ right to 3:00 to start C).**

**PART C (32 counts) Start of 1st C-phrase begins at 3:00. Start of 2nd C-phrase begins at 9:00.**

**When you do a 3rd C-phrase in the sequence, you will begin at 3:00.**

**Clock notations below are for the 1st C-phrase beginning at 3:00 only.**

**Music & Lyrics Hint: 'march to the beat' and 'left right left' and 'standout'. Also, the 3rd in a row Part C, is basically an instrumental phrase (only background vocals 'left-right-left' repeats quietly).**

**C [a1~8]: QUICK ¼ R TURN, MARCH-HOLD R L, ROCK-RECOVER-BACK, OUT-OUT\*\***

**(or ROCK-RECOVER, ½ PIVOT TURN R, ½ CLOSE TURN R, OUT R\*\*)**

**aquick ¼ turn R (pushing off of L) [3:00] (a)**

**1-2,3-4R step forward (1); hold (2); L step forward (3); hold (4)**

5 & aR rock forward (5); recover back onto L (&); small step back (a); pause through count (7)

& 8L small step out to left (&); R small step out to right (8)

**Arm Styling 1-4: (should feel natural to do) arm bent, elbow out, and forearm chest level, L with R step and R with L step**

**\*\*Optional R FULL SYNCOPATED TURN 5-8:**

5 & aR rock forward (5); recover back onto L (turn the L foot inward) (&); ½ turn right stepping onto R [9:00] (a);

& 8 Close L next to R while making ½ turn R, taking weight on L [3:00] (&); R small step out to right (8)

**Musicality: \*Counts 5-8\* go with the lyrics 'diff-rent-drum' and 'we do/that'. (Dance to lyrics and not counts)**

**C [9~16]: LEFT-RIGHT-LEFT HIP-HOP-HITCHES, dance to OUR OWN RHYTHM\*\* OR HIP PULSE-CIRCLES**

1&2&lift L knee (from hip) (1); step down onto L (&); lift R knee (from hip) (2); step down onto R (&)

3&4lift L knee (from hip) (3); step down onto L (&); hold (4)

5,6,7,8\*\*The lyrics are 'to our own rhythm' on every Part C (rhythm being 2 hits). There are SO many ways to interpret this; through hip circles, quick sways, hip thrusts, 'flossing', off beat hip thrusts, hands together and snaking them down with bent knees...try something!

**However\*\* since I know you're not always feeling creative here's a basic 4 count:**

5,6,7,8with feet apart, generally split weight, rock hips forward to L (5); rock hips back to R (6); rock forward to L (7); and circle counter-clockwise back to R (hip circle(s) (8) (try syncopating this basic movement to the lyrics)

**C [&17~24]: HEEL GRIND-ROCK-RECOVER R L, ¼ TURN JAZZ BOX**

&1, 2quick weight change to L (&); R heel press forward, toes turned to the left (1); rotate toes right (angle body and with L foot) while returning weight to L (2)

**&3, 4&step R next to L (&); L heel press forward, toes turned to the right (3); rotate toes left (angle body and with R foot), while returning weight to R (4); step onto L (&);**

**5,6,7,8R step across L (5); L step back (6); R step  $\frac{1}{4}$  right [6:00] (7); L step forward (8)**

### **C [&25~32]: QUICK FORWARD STEP WITH ARMS, PUSH-SKATES R L**

**&1, 2pushing off L, quick step forward onto R (&); step L next to R, while bringing arms out and slowly up (1); hold (2)**

**3, 4pulse body into the floor (through slightly bent knees) to mark time (finish arm movement) (3-4)**

**5, 6pushing off L, swivel stepping R to right angle\* (5); coming back to center, touch L toe next to R (6)**

**7, 8pushing off R, swivel stepping L to left angle\* (7); come back to center, leave R in place, weighted mostly L (8)**

**\*Arm Styling 5-8: Think 'disco thumbs.' Skate R, with R arm/hand to right, and left hand/arm back (5);**

**Skate L, with L arm/hand to left, and right hand/arm back (7)**

**(BEGIN AGAIN, and most certainly DWYF!)**

**FLOOR SPLIT Alternative: Choreography titled REDIRECT ATTENTION, as a Novice and/or Easy-Intermediate level option. 32-count, 2-wall version which draws upon the movement of March to the Beat.**

**V1.0**

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**This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel.**

**<http://www.youtube.com/user/DanceWhatYouFeel>**

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