

MAIN EVENT

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Count: 172 **Wall:** 4 **Level:** advanced

Choreographer: Robert Cordoba & Doug Endo

Music: Gonna Make You Sweat by C&C Music Factory

Start 1/4 turn to Right from main wall

- 1-4** Forward 4 steps (right, left, right, left)
- &** Running man Bring right foot up to left knee
- 5** Bring right down, slide left back
- &** Bring left foot up to right knee
- 6** Bring left down, slide right back
- &** Bring right foot up to left knee
- 7** Step forward on right pivoting $\frac{1}{4}$ to left
- 8** Slide left behind right

- 9** Hop cross left over right
- 10** Pivot $\frac{1}{2}$ to right
- 11&12** Hop 3 times pivoting $\frac{1}{2}$ to left

- 13-14** Push step to right with right, back to center
- 15-16** Push step to left with left, back to center
- 17-18** Pivot $\frac{1}{4}$ turn to left, push to right with right, back to center
- 19-20** Pivot $\frac{1}{4}$ turn to right, push to left with left, back to center

- 21** Hop while pivoting to left $\frac{1}{4}$
- 22** Hop while pivoting to right $\frac{1}{2}$
- 23** Hop while pivoting to left $\frac{1}{2}$

- 24** Hop backwards with both feet
- 25** Step to side with left
- 26** Slide right to left
- 27** Step forward with left
- 28** Slide right to left while pivoting $\frac{1}{4}$ to right
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- 29** Hop forward with both feet
- 30-32** Pivot backwards on right a full turn using left to push 3 times
- 33&** Kick right to side
- 34&** Kick left to side
- 35&** Toes out, in
- 36&** Toes out, in, then pivot $\frac{1}{4}$ turn to left
- 37&** Kick right to side
- 38&** Kick left to side
- 39&** Toes out, in
- 40&** Toes out, in
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- 41-44** Step with left 4 times to right turning $\frac{1}{2}$ (pivot on right, weight left)
- 45-48** Step with right 4 times to left turning $\frac{1}{2}$ (pivot on left, weight right)
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- 49&50** Jump with feet apart, jump together, jump with feet apart
- &** Jump $\frac{1}{2}$ to right, land with feet together
- 51&** Jump out, jump in
- 52&** Jump out, jump $\frac{1}{2}$ to left, land with feet together
- 53&** Jump out, jump in
- 54&** Jump out, jump $\frac{1}{2}$ to right, land with feet together
- 55&56** Jump out, jump in, jump out

- 57-60** Step with right 4 times to left turning $\frac{1}{4}$ (pivot on left, weight right)
- 61&** Kick left to front, step back left
- 62&** Step back right, step left in place
- 63** Step forward with right
- 64** Slide left to right, turn $\frac{1}{4}$ to left
- 65&** Kick left to front, step back left
- 66&** Step back right, step left in place
- 67** Step forward with right
- 68** Slide left to right, turn $\frac{1}{4}$ to left
- 69&** Kick left to front, step back left
- 70&** Step back right, step left in place
- 71** Step forward with right
- 72** Slide left to right, turn $\frac{1}{4}$ to left
- 73&** Kick left to front, step back left
- 74&** Step back right, step left in place
- 75** Step forward with right
- 76** Slide left to right, turn $\frac{1}{4}$ to left
- 77&** Kick left to front, step back left
- 78&** Step back right, step left in place
- 79** Step forward with right
- 80** Slide left behind right
- 81** Pivot $\frac{1}{4}$ to right while kicking out with left
- &** Step in place with left
- 82&** Step behind with right, step to side with left

- 83&** Kick out with right, step in place with right
- 84&** Step behind with left, step to side with right
- 85&** Kick out with left, step in place with left
- 86&** Step behind with right, step to side with left
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- 87** Step forward with right
- 88** Pivot $\frac{1}{4}$ to left, sliding left to right
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- &** Running man Bring right foot up to left knee
- 89** Bring right down, slide left back
- &** Bring left foot up to right knee
- 90** Bring left down, slide right back
- &** Bring right foot up to left knee
- 91** Step forward on right
- &92** Swivel heels to right, then back to center
- &** Running man Bring right foot up to left knee
- 93** Bring left down, slide right back
- &** Bring right foot up to left knee
- 94** Bring right down, slide left back
- &** Bring left foot up to right knee
- 95** Step forward on left
- &96** Swivel heels to left, then back to center
- 97** Jump with feet apart
- 98** Jump together crossing right over left
- 99&100** Jump out, jump together, jump out
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- 101-104** With feet apart, hop to right 4 times
- 105&** Moving back to left: toes in, out

- 106&** Toes in, out
- 107&** Toes in, out
- 108** Toes in
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- 109** Right leg up to right with right arm up (elbow bent)
- 110** Step to right push right arm back
- 111-112** Step to right 2 times
- 113** Step back on right
- 114** Step back left
- 115** Step back right
- 116** Hold
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- 117** Weight on left, pivot $\frac{1}{2}$ to left with right
- 118** Pivot $\frac{1}{2}$ back
- 119** Pivot $\frac{1}{2}$ to left
- &120** Jump and cross right over left, jump apart
- 121** Pivot $\frac{1}{2}$ to right
- 122** Pivot $\frac{1}{2}$ back
- 123** Pivot $\frac{1}{2}$ to right
- &124** Jump and cross right over left, jump apart
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- 125-126** Step big step forward with right for 2 beats
- 127-128** Step left to right for 2 beats
- 129-130** Step back with left for 2 beats
- 131-132** Step right to left for 2 beats
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- &133-136** Raise right foot to left knee, step to right with right, slide left to right
- &137-140** Raise left foot to right knee, step to left with left, slide right to left

Original choreography of previous 8 beats:

- &** Raise right foot to left knee
- 133** Step to right with right
- 134** Slide left to right
- 135&136** Toes out, in, out
- &** Raise left foot to right knee
- 137** Step to left with left
- 138** Slide right to left
- 139&140** Toes out, in, out

- 141-144** Walk forward right, left, right, left

- 145&** Jump with feet apart, jump together
- 146&** Jump feet apart, jump together
- 147&** Jump feet apart, jump together
- 148&** Jump feet apart, jump together, turning $\frac{1}{4}$ to left

- 149&** Kick to side with right, cross right over left (weight on right) (kick, cross)
- 150&** Step back on left, forward touch with right heel, step on right (hitch, step)
- 151&** Kick to side with left, cross left over right (weight on left) (kick, cross)
- 152&** Step back on right, forward touch with left heel, step on left (hitch, step)
- 153&** Kick to side with right, cross right over left (weight on right) (kick, cross)
- 154&** Step back on left, forward touch with right heel, step on right (hitch, step)
- 155&** Kick to side with left, cross left over right (weight on left) (kick, cross)
- 156&** Step back on right, forward touch with left heel, step on left (hitch, step)

- 157** Squat down
- 158** Come back up

- 159&** Kick out with left, step in place with left
- 160&** Step behind with right, step to side with left
- 161&** Kick out with right, step in place with right
- 162&** Step behind with left, step to side with right
- 163&** Kick out with left, step in place with left
- 164** Step behind with right, step to side with left
- 165&** Step back on right, rock forward on left
- 166&** Rock back on right, rock forward on left

- 167&** Kick out with right, step in place with right
- 168&** Step behind with left, step in place with right
- 169&** Kick out with left, step in place with left
- 170&** Step behind with right, step in place with left
- 171** Cross right over left
- 172** Pivot ½ to left

REPEAT