

# NOW I CAN DANCE

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**Count:** 80

**Wall:** 2

**Level:** Beginner/Intermediate level

**Choreographer:** Joseph Yip

**Music:** Do You Love Me by The Contours

**Sequence:** AB, AA, BB, AA(Omitting last 8 counts-do up to 5th eight where music will soften down), BB

## SECTION A

### MASHED POTATOES BACK, RIGHT VINE $\frac{1}{4}$ RIGHT TURN, STOMP

- 1 With wt on ball of left foot, turn both toes inward & lift right foot slightly off floor
- 2 Step back on right foot, turning both toes outward
- 3 With wt on ball of right foot, turn both toes inward & lift left foot slightly off floor
- 4 Step back on left foot, turning both toes outward
- 5-8 Right to right, left behind right, right forward  $\frac{1}{4}$  turn right, left stomp next to right

### SWIVEL HEELS, TOES LEFT, RIGHT VINE $\frac{1}{4}$ RIGHT TURN, STEP

- 1-2-3-4 Swivel heels left, then toes left, for steps 3-4 repeat 1-2
- 5-8 Right to right, left behind right, right forward  $\frac{1}{4}$  turn right, left step next to right

### MONTEREY $\frac{1}{2}$ TURN RIGHT TWICE

- 1-2 Right toe touch side, turn  $\frac{1}{2}$  right & step on right next to left
- 3-4 Left toe touch side, left step next to right (weight on left)
- 5-8 Repeat 1-4

### TOE STRUTS, 'ROCKING CHAIR'

- 1-4 Right toe touch back, snap down right heel, left toe touch back, snap down left heel
- 5-6-7-8 Step back right, rock onto left, step forward right, rock onto left

### TOE STRUTS, 'ROCKING CHAIR'

- 1-4 Right toe touch back, snap down right heel, left toe touch back, snap down left heel
- 5-6-7-8 Step back right, rock onto left, step forward right, rock onto left

### RIGHT VINE (OPTIONAL FULL TURN), TOUCH, LEFT VINE $\frac{1}{2}$ TURN LEFT, STEP

**1-2-3-4** Step right to right, step left behind right, step right to right, touch left next to right

**5-6-7-8** Step left to left, step right behind left, step forward left  $\frac{1}{4}$  left, step right next to left turning  $\frac{1}{4}$  left on left

## **SECTION B**

### **JUMP BACK & HOLD TWICE, MONTEREY $\frac{1}{2}$ TURN RIGHT**

**1-2** Bending knees slightly jump back on both feet with both palms pushing forward, hold

**3-4** Repeat 1-2

**5-6** Right toe touch side, turn  $\frac{1}{2}$  right & step on right next to left

**7-8** Left toe touch side, left step next to right (weight on left)

### **JUMP BACK & HOLD TWICE, SHIMMY RIGHT, STEP**

**1-2** Bending knees slightly jump back on both feet with both palms pushing forward, hold

**3-4** Repeat 1-2

**5-7** Step long step right to right side, shimmying shoulders (over 3 counts)

**8** Step left next to right with a clap

### **JUMP BACK & HOLD TWICE, PIVOT $\frac{1}{2}$ TURN LEFT TWICE**

**1-2** Bending knees slightly jump back on both feet with both palms pushing forward, hold

**3-4** Repeat 1-2

**5-6-7-8** Step right forward, pivot  $\frac{1}{2}$  turn left, twice

### **CROSS STEP, HOLD & CLAP 2, SIDE, HOLD & CLAP, TWICE**

**1&2-3-4** Right cross over left(1), hold & clap twice(&2), left to left(3), hold &clap(4)

**5&6-7-8** Repeat 1&2-3-4