

No Superhero

LINEDANCE.COM

Count: 116

Wall: 2

Level: Intermediate

Choreographer: Trizia Ruggiero [March 2017]

Music: Something Just Like This / Chainsmokers & Coldplay

INTRO: 14 COUNTS / start on vocals

SECTION 1: WALKS - SIDE ROCK TOGETHER

1-2 Walk forward on R-walk forward on L

3&4 Rock R to side - replace beside L

5-6 Walk forward L- walk forward R

7&8 Rock L to side- replace beside R

SECTION 2: MONTEREY HALF TURNS

1-4 Point R toe to side -half turn to R- point L to side -replace weight onto L

5-8 Point R toe to side- half turn R- point L to side - replace weight onto L

SECTION 3: CROSS SIDE BEHIND POINT

1-4 Cross R over L- step L to side- step R behind L- point L to side

5-8 Cross L over R- step R to side - step L behind R- point R to side

SECTION 4: ROCKING CHAIR/ STEP PIVOT HALF TURN/ SAILOR QUARTER TURN

1-4 Rock forward on R-recover on L- rock back on R-recover on L

5-6 Step forward on R -half pivot turn over L shoulder [6.00]

7&8 Sailor quarter turn L [3.00]

SECTION 5: ROCK/COASTERS/ SHUFFLES/ SKATES

1-2 Rock forward on R- recover on L

3&4sweep R back- weight onto ball of L- replace weight on R

5-6 Rock forward on L- recover on R

7&8sweep L back - weight onto ball of R- repacement weight on L

SECTION 6: SHUFFLES BACK- SKATES

1&2 Step back on R- bring L to R- step back on R

3&4 Step back on L- bring R to L-step back on L

5-8 Skate forward R-L-R-L

SECTION 7: STEP FORWARD/ HITCH QUARTER TURN/ JAZZBOX

1-2 Step R forward [optional-R arm out stretched like superman]

3-4 Hitch R knee [whilst making quarter turn R] replace weight onto R

5-8 Cross L over R- step back on R-step L to side -step R beside L

SECTION 8: GRAPEVINES

1-4 Step R to side-step L behind R- step R to side - touch L beside R

5-8 Step L to side - step R behind L- step L to side- touch R beside L

SECTION 9: SIDE TOUCHES/ SIDE TOGETHER SIDE

1-4 Step R to side - touch L beside R- step L to side - touch R beside L

5&6 Step R to side - angling body slightly forward-step L beside R- step R to side

7&8 Step L to side- angling body slightly forward- step R beside L - step L to side

SECTION 10: SIDE TOGETHER SIDE/ SIDE TOUCHES

1&2 Step R to side- angling body slightly forward- step L beside R- step R to side

3-6 Step L to side - touch R beside L- step R to side- touch L beside R

7&8 Step L to side-angling body slightly forward- step R beside L - step L to side

SECTION 11: SIDE TOGETHER SIDE/ SIDE TOUCHES

1&2 Step R to side-angling body slightly forward- step L beside R- step R to side

3&4 Step L to side - angling body slightly forward- step R beside L - step L to side

5-8 Step R to side - touch L beside R- step L to side- touch R beside L

[OPTIONAL -when doing side together side stretch alternate arms out like superman]

SECTION 12: KICK & POINT/ JAZZBOX QUARTER TURN

1&2 Kick R forward- point L to side

3&4 Kick L forward- point R to side

5-8 Cross R over L - step back [making quarter turn] on L- step R to side - touch L beside R
[9.00]

SECTION 13: JAZZBOX QUARTER TURN/ V-STEP

1-4 Cross L over R- step back [making quarter turn] on R- step L to side – step R beside L [6.00]

5-8 Step R forward- step L forward- step R back – step L back

SECTION 14: JAZZBOX QUARTER TURNS

1-4 Cross L over R- step back [making quarter turn] on R- step L to side – touch R beside L [3.00]

5-8 Cross R over L- step back[making quarter turn] on L- step R to side – step L beside R [6.00]

SECTION 15: V-STEP

1-4 Step R forward- step L forward- step R back- step L back

End of Dance

WALL 2- DANCE SECTIONS 1 - 8

TAG : SIDE TOUCHES /

1-4 Step R to side – touch L beside R - Step L to side – touch R beside L

CONTINUE DANCE FROM SECTION 12 [KICK AND POINTS] TO SECTION 14 INCLUSIVE

RESTART DANCE FROM SECTION 9 [SIDE TOUCHES SIDE TOGETHER SIDE] SEC 10 AND THEN

1&2step R to side - step L beside R- step R to side

3&4step L to side [making quarter turn L] step R behind L - Step L forward

RESTART DANCE FROM SECTION 5 -15 INCLUSIVE

THEN REPEAT WALL ONE

END OF DANCE

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