

# CENTIPEDE STOMP

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**Count:** 62      **Wall:** 4      **Level:** advanced

**Choreographer:** Darhla & Dale Andrews

**Music:** Ain't Your Dog No More by Billy Ray Cyrus

## SAILOR SHUFFLES

- 1      Cross right foot behind left and step
- &      Step slightly to the side on left foot
- 2      Step slightly to the side on right foot
- 3      Cross left foot behind right and step
- &      Step slightly to the side on right foot
- 4      Step slightly to the side on left foot
- 5-8    Repeat beats 1 through 4

## JUMP, CROSS, UNWIND, HOLD

- 9      Jump feet apart
- 10     Jump and cross right over left
- 11     Unwind ½ turn to the left
- 12     Hold

## RUNNING MAN, SCUFF

- &      Scoot backward on right foot
- 13     Hop onto left foot
- &      Scoot backward on left foot
- 14     Hop onto right foot
- &      Scoot backward on right foot
- 15     Hop onto left foot
- &      Scoot backward on left foot
- 16     Hop onto right foot
- &      Scoot backward on right foot
- 17     Hop onto left foot

- & Scoot backward on left foot
- 18 Hop onto right foot
- & Scoot backward on right foot
- 19 Hop onto left foot
- & Scoot backward on left foot
- 20 Scuff right foot forward

### **FORWARD SHUFFLES, MILITARY PIVOT, FORWARD SHUFFLES**

- 21&22 Shuffle forward right
- 23&24 Shuffle forward left
- 25 Step forward on right foot
- 26 Pivot  $\frac{1}{2}$  turn to the left on ball of right foot and shift weight to left foot
- 27&28 Shuffle forward right
- 29&30 Shuffle forward left

### **ROMPS**

- & Step ball of right foot back and diagonally right
- 31 Touch left heel forward
- & Step left foot back to home
- 32 Touch right toe next to left foot
- & Step ball of right foot back and diagonally right
- 33 Touch left heel forward
- & Step left foot back to home
- 34 Touch right toe next to left foot

### **MILITARY TURNS LEFT, STOMPS**

- 35 Step forward on right foot
- 36 Pivot  $\frac{1}{4}$  turn to the left on ball of foot and shift weight to left foot
- 37-38 Repeat beats 35 and 36
- 39-40 Repeat beats 35 and 36
- 41 Stomp right foot next to left
- 42 Stomp left foot next to right

## **SWIVEL WALK LEFT, SWIVEL WALK RIGHT**

- 43 Swivel heels to the left
- 44 Swivel toes to the left
- 45 Swivel heels to the left
- & Swivel toes to the left
- 46 Swivel heels to the left
- 47 Swivel heels to the right
- 48 Swivel toes to the right
- 49 Swivel heels to the right
- & Swivel toes to the right
- 50 Swivel heels to the right

## **SYNCOPATED VINES LEFT & RIGHT, TURN**

- 51 Step to the left on left foot
- 52 Cross right foot behind left and step
- & Step to the left on left foot
- 53 Cross right foot over left and step
- 54 Step to the left on left foot
- 55 Step to the right on right foot
- 56 Cross left foot behind right and step
- & Step to the right on right foot
- 57 Cross left foot over right and step
- 58 Step to the right on right foot and make a  $\frac{1}{4}$  turn to the right with the step

## **$\frac{3}{4}$ KICK TURN**

- 59 Kick left foot forward
- 60 Swing left foot around and make a  $\frac{1}{2}$  turn to the right on ball of right foot
- 61 Kick left foot forward and make a  $\frac{1}{4}$  turn to the right on ball of right foot
- 62 Step down on left foot

## **REPEAT**

## OPTIONAL LOW IMPACT MANEUVER

- 59 Step forward on left foot
- 60 Pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot
- 61 Step forward on left foot
- 62 Pivot  $\frac{1}{4}$  turn to the right on ball of left foot (weight remains on left foot)

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=60550](https://www.linedance.com/index.php?f=dance_view&id=60550)