

And In Between

LINEDANCE.COM

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Pam Coles (May 2010)

Music: From Time To Time by Rascal Flatts. CD: Rascal Flatts

(1-8) Step Forward, Pivot $\frac{1}{2}$ Turn, Forward Shuffle, $\frac{1}{4}$ Turn step, Together, Chasse.

1-2 Step right forward. Pivot $\frac{1}{2}$ left.

3&4 Step forward right. Close left next to right, Step right forward.

5-6 $\frac{1}{4}$ right stepping left to left side. Step right beside left.

7&8 Step left to left side. Close right beside left. Step left to left side.

(9-16) Step Forward, Together, Sailor $\frac{1}{4}$ Turn, Step Forward, Together, Sailor $\frac{1}{2}$ Turn.

1-2 Step right forward. Step left beside right,

3&4 Cross right behind left. Turn $\frac{1}{4}$ right stepping left to left side. Step right beside left.

5-6 Step left forward. Step right beside left.

7&8 Cross left behind right. Turn $\frac{1}{2}$ left stepping right to right side. Step left beside right.

(17-24) Side, Together, Forward Shuffle, Side, Together, Chasse.

1-2 Step right to right side. Step left beside right.

3&4 Step right forward. Close left beside right. Step right forward.

5-6 Step left to left side. Step right beside left.

7&8 Step left to left side. Close right beside left. Step left to left side.

(25-32) Cross Rock, $\frac{1}{4}$ Turn shuffle, Walk, Walk, Forward Mambo.

1-2 Cross rock right over left. Recover onto left.

3&4 $\frac{1}{4}$ turn right stepping right forward. Close left beside right. Step Forward right.

5-6 Walk forward left. Walk forward right.

7&8 Rock forward on left. Rock back on right. Step back on left.

(33-40) Walk Back, Walk Back, $\frac{1}{2}$ Turn shuffle, Pivot $\frac{1}{4}$, Cross Shuffle.

1-2 Walk back right. Walk back left.

3&4 $\frac{1}{2}$ turn right stepping right forward. Close left beside right. Step forward right.

5-6 Step forward left. Pivot $\frac{1}{4}$ turn right.

7&8 Cross left over right. Step right to right side. Cross left over right.

(41-48) Side Rock, Behind Side Cross, Side Rock, $\frac{1}{4}$ Turn Coaster Step.

1-2 Rock right to right side. Recover onto left.

3&4 Step right behind left. Step left to left side. Cross right over left.

5-6 Rock left to left side. Recover onto right.

7&8 $\frac{1}{4}$ turn left stepping left back. Step right beside left. Step left forward.

(49-56) Pivot $\frac{1}{2}$ Turn, $\frac{1}{4}$ Turn chasse, Back Rock, Chasse.

1-2 Step forward right. Pivot $\frac{1}{2}$ turn left.

3&4 $\frac{1}{4}$ turn left stepping right to right side. Close left beside right. Step right to right side.

5-6 Rock left behind right. Recover onto right.

7&8 Step left to left side. Close right beside left. Step left to left side.

(57-64) Cross Rock, $\frac{1}{4}$ Turn Shuffle, Forward Rock, $\frac{1}{4}$ Turn chasse.

1-2 Cross rock right over left. Recover onto left.

3&4 $\frac{1}{4}$ turn right stepping forward right. Close left beside right. Step forward right.

5-6 Forward rock on left. Recover onto right.

7&8 $\frac{1}{4}$ turn left stepping left to left side. Close right beside left. Step left to left side.

(1-8) Step Forward, Pivot $\frac{1}{2}$ Turn, Forward Shuffle, $\frac{1}{4}$ Turn step, Together, Chasse.

1-2 Step right forward. Pivot $\frac{1}{2}$ left.

3&4 Step forward right. Close left next to right, Step right forward.

5-6 $\frac{1}{4}$ right stepping left to left side. Step right beside left.

7&8 Step left to left side. Close right beside left. Step left to left side.

(9-16) Step Forward, Together, Sailor $\frac{1}{4}$ Turn, Step Forward, Together, Sailor $\frac{1}{2}$ Turn.

1-2 Step right forward. Step left beside right,

3&4 Cross right behind left. Turn $\frac{1}{4}$ right stepping left to left side. Step right beside left.

5-6 Step left forward. Step right beside left.

7&8 Cross left behind right. Turn $\frac{1}{2}$ left stepping right to right side. Step left beside right.

(17-24) Side, Together, Forward Shuffle, Side, Together, Chasse.

- 1-2 Step right to right side. Step left beside right.
- 3&4 Step right forward. Close left beside right. Step right forward.
- 5-6 Step left to left side. Step right beside left.
- 7&8 Step left to left side. Close right beside left. Step left to left side.

(25-32) Cross Rock, $\frac{1}{4}$ Turn shuffle, Walk, Walk, Forward Mambo.

- 1-2 Cross rock right over left. Recover onto left.
- 3&4 $\frac{1}{4}$ turn right stepping right forward. Close left beside right. Step Forward right.**
- 5-6 Walk forward left. Walk forward right.
- 7&8 Rock forward on left. Rock back on right. Step back on left.

(33-40) Walk Back, Walk Back, $\frac{1}{2}$ Turn shuffle, Pivot $\frac{1}{4}$, Cross Shuffle.

- 1-2 Walk back right. Walk back left.
- 3&4 $\frac{1}{2}$ turn right stepping right forward. Close left beside right. Step forward right.**
- 5-6 Step forward left. Pivot $\frac{1}{4}$ turn right.
- 7&8 Cross left over right. Step right to right side. Cross left over right.

(41-48) Side Rock, Behind Side Cross, Side Rock, $\frac{1}{4}$ Turn Coaster Step.

- 1-2 Rock right to right side. Recover onto left.
- 3&4 Step right behind left. Step left to left side. Cross right over left.
- 5-6 Rock left to left side. Recover onto right.
- 7&8 $\frac{1}{4}$ turn left stepping left back. Step right beside left. Step left forward.**

(49-56) Pivot $\frac{1}{2}$ Turn, $\frac{1}{4}$ Turn chasse, Back Rock, Chasse.

- 1-2 Step forward right. Pivot $\frac{1}{2}$ turn left.
- 3&4 $\frac{1}{4}$ turn left stepping right to right side. Close left beside right. Step right to right side.**
- 5-6 Rock left behind right. Recover onto right.
- 7&8 Step left to left side. Close right beside left. Step left to left side.

(57-64) Cross Rock, $\frac{1}{4}$ Turn Shuffle, Forward Rock, $\frac{1}{4}$ Turn chasse.

- 1-2 Cross rock right over left. Recover onto left.

3&4 ¼ turn right stepping forward right. Close left beside right. Step forward right.

5-6 Forward rock on left. Recover onto right.

7&8 ¼ turn left stepping left to left side. Close right beside left. Step left to left side.

Contact: pam@winsladefarm.eclipse.co.uk

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=79857