

Hey-O

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Count: 80

Wall: 2

Level: Intermediate

Choreographer: The JD Five (U.K) Jan 2013

Music: Hey-O by Johnny Reid. Album: Dance with Me

32 count Intro

(Section 1) Kick, Kick, Touch, Kick, Touch, Kick, Behind Side Cross

- 1 2 Kick Right foot across Left, Kick Right to Right Diagonal
- 3 4 Touch Right behind, Kick Right to Right Diagonal
- 5 6 Touch Right behind, Kick Right To Right Diagonal
- 7&8 Step Right behind Left, Step Left to Left side, Cross Right over Left

(Section 2) Kick, Kick, Touch, Kick, Touch, Hitch, Behind side cross

- 1 2 Kick Left foot across Right, Kick Left to Left Diagonal
- 3 4 Touch Left behind, Kick Left to Left Diagonal
- 5 6 Touch Left behind , Hitch Left knee to Diagonal
- 7&8 Step Left behind Right, Step Right to Right side, Cross Left over Right

(Section 3) Rock, Recover, Hitch, Cross, Side, Behind, ½ Turn, Hold

- 1 2 Rock out to Right Side, Recover onto Left
- 3 4 Hitch Right across Left, Cross Right over Left
- 5 6 Step Left to Left side as you dip, Slide Left foot behind Right keeping weight on Right foot
- 7 8 Unwind ½ turn Left transferring weight to Left, Hold (6.00)

(Section 4) Side, Shimmy ¼ Turn

- 1 Step Right to Right side
- 2-8 With feet apart and knees bent, Shimmy shoulders as you begin a slow turn ¼ left over 7 counts transferring the weight onto the left foot (3.00)

(Section 5) Side, Hold, Rock Recover, Side, Hold, Rock Recover

- 1 2 Step Right to side, Hold
- 3 4 Rock Left behind Right, Recover onto Right
- 5 6 Step Left to Left Side, Hold

7 8 Rock Right behind Left, Recover onto Left

(Section 6) Side with ¼ turn, Hold, Rock Recover, Side, Hold, Rock Recover

1 2 Step Right to Right side as you make a ¼ turn Left, Hold (12.00)

3 4 Rock Left behind Right, Recover onto Right

5 6 Step Left to Left side, Hold

7 8 Rock Right behind Left, Recover onto Left

Restart: wall 3

(Section 7) Dwight swivels, Rock Recover, Side Rock

1 Swivel Left heel Right touching Right toe beside Left foot

2 Swivel Left toe Right touching Right heel diagonally forward Right

3 Swivel Left heel Right touching Right toe beside Left foot

4 Step Right To Right Side

5 6 Rock Left Behind Right, Recover onto Right

7-8 Rock out to Left Side, Recover onto Right

(Section 8) Dwight swivels, Rock Recover, Side Rock

1 Swivel Right heel Left touching Left toe beside Right foot

2 Swivel Right toe Left touching Left heel diagonally forward Left

3 Swivel Right heel Left touching Left toe beside Right foot

4 Step Left To Left Side

5 6 Rock Right Behind Left, Recover onto Left

7-8 Rock out to Right Side, Recover onto Left

(Section 9) 1/4 Left, hold, ½ Right, Hold

1-4 Make ¼ turn Left pointing Right toe back, Hold for 3 counts (9.00)

5-8 Make ½ turn Right rolling right knee, Hold for 3 counts (3.00)

(Section 10) Hip Rolls with 1/2 turn left, Cross Unwind 1 ¼ turn Left

1-4 Roll Hips twice anticlockwise making ½ turn left transferring weight onto Left foot (9.00)

5-8 Cross Right over Left and unwind 1 ¼ turn Left keeping weight on Left Foot (6.00)

TAG 1: 32 counts. Danced at the end of wall 4

Repeat the Last 16 counts of the dance (Section 9 and 10) then add on the following 16 counts

Chasse Right, Rock Recover, Chasse Left, rock Recover,

- 1&2** Step Right to Right side, Close Left to Right, Step Right To right side (12.00)
- 3 4** Rock Left behind Right, recover onto Right.
- 5&6** Step Left to Left Side, Close Right to Left, Step Left To Left side
- 7 8** Rock Right Behind Left, recover onto Left

Right Shuffle, Step Pivot Left Shuffle, Step Pivot

- 1&2** Step Right Forward, Close Left to right, Step Right Forward
- 3 4** Step Left forward, Pivot $\frac{1}{2}$ Turn Right (6.00)
- 5&6** Step Left foot Forward, Close Right to Left, Step Left Forward
- 7 8** Step Right Forward, Pivot $\frac{1}{2}$ turn Left (12.00)

Wall 5: Only dance 64 Counts (Section 8) then dance the last 16 counts of the Tag and Restart the dance again

Enjoy

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