

BABY SHAKE THAT ASS

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Count: 88

Wall: 2

Level: Intermediate/Advanced level

Choreographer: Neville Fitzgerald (June 04)

Music: Push Up by Freestylers

Starts on Vocal.. 32 Counts. Phrasing: A A A B Tag A A B A A B B

Part A: Side, Behind & Walk, Walk, Step, Pivot 1/2 , Rock, Recover.

1-2& Step Left to Left side, step Right behind Left, step Left to Left side.

3-4 Walk Forward Right-Left.

5-6 Step Forward Right, pivot 1/2 turn to Left.

7-8 Rock to Right side on Right, recover on Left.

Behind, Side, Cross, Point & Heel & Cross, Rock, Recover.

1-2 Step Right behind Left, step Left to Left side.

3-4& Cross Right over Left, point Left toe to Left side, step Left next to Right.

5&6 Touch Right heel diagonally forward Right, step Right to Right side, cross Left over Right.

7-8 Rock to Right side on Right, recover on Left.

Behind, Unwind, Rock, Recover, Sailor 1/4 Turn, Kick & Point.

1-2 Touch Right behind Left, unwind full turn to Right taking weight onto Right.

3-4 Rock to Left side on Left. recover on Right.

5&6 Step Left behind Right, make 1/4 turn to Left stepping Right to Right side, step Left to Left side.

7&8 Kick Right toe Forward, step Right next to Left, point Left toe to Left side.

Sailor 1/4 Turn, Rock, Recover, 3x 1/2 Turn & Step.

1&2 Step Left behind Right, make 1/4 turn to Left stepping Right to Right side, step Left to Left side.

3-4 Rock Forward on Right, recover on Left.

5-6 Make 1/2 turn to Right stepping Forward on Right, 1/2 turn to Right stepping Back on Left.

7&8 Make 1/2 turn to Right stepping Forward on Right, step Left next to Right, step Forward on Right.

Part B: Rock, Kick, Sailor Step, Behind, Unwind, Cross & Heel.

- 1-2** Rock to Left side on Left (bending Left knee & going down slightly), As you straighten up kick Right to Right Forward diagonal.
- 3&4** Step Right behind Left, step Left to Left side, step Right to Right side.
- 5-6** Touch Left behind Right, unwind 1/2 turn to Left taking weight on Left.
- 7&8** Cross Right over Left, step Left to Left side, touch Right heel forward diagonal Right.

& Step Pivot 1/2, 1/2 Turn, Hitch, Hip Bumps.

- &1-2** Step Right next to Left, step Forward on Left, pivot 1/2 turn to Right.
- 3-4** Make 1/2 turn to Right stepping Back on Left, hitch Right knee across Left.
- 5-6** Step Right to Right side bumping hips Right, bump hips Left.
- 7&8** Bump hips Right-Left-Right.

& Cross Rock, Recover, Chasse Right, Cross, Unwind, Hip Bumps.

- &1-2** Step Left to Left side, cross rock Right across Left, recover on Left.
- 3&4** Step Right to Right side, step Left next to Right, step Right to Right side.
- 5-6** Cross Left over Right, unwind 1/2 turn to Right.
- 7&8&** Bump hips Left-Right-Left-Right. (Slower option- 7-8 Bump hips Left-Right)

Bum Rolls Left & Right, Step Pivot 1/2 Turn, Rock & Cross.

- 1-2** Stick your bum out knees bent slightly & imagine you are writing a letter C with it on the inside of a steamy window? Roll it up to the Left, out & down bringing it back in at the bottom.
- 3-4** Do the previous 2 counts again but drawing a C the wrong way round?. Roll it up to the Right, out & down bringing it back in at the bottom. ?
- 5-6** Step Forward on Right, pivot 1/2 turn to Left.
- 7&8** Rock to Right side on Right, recover on Left, cross step Right over Left.

TAG: Side, Together, Left Shuffle, Step, Pivot 1/2, Rock & Cross.

- 1-2** Step Left to Left side, step Right next to Left.
- 3&4** Step Forward on Left, step Right next to Left, step Forward on Left.
- 5-6** Step Forward on Right, pivot 1/2 turn to Left.
- 7&8** Rock to Right side on Right, recover on Left, cross step Right over Left.

Side, Together, Left Shuffle, Step, Pivot 1/2, Rock & Cross.

- 1-2** Step Left to Left side, step Right next to Left.
- 3&4** Step Forward on Left, step Right next to Left, step Forward on Left.
- 5-6** Step Forward on Right, pivot 1/2 turn to Left.
- 7&8** Rock to Right side on Right, recover on Left, cross step Right over Left.