

OUTSIDE INSIDE OUT

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Count: 48

Wall: 4

Level: Intermediate level

Choreographer: MIB

Music: Livin' La Vida Loca by Ricky Martin

Intro: 4/8

3 Restarts.

SIDE. TOGETHER. STEP FORWARD. HOLD, LEFT SCISSOR STEP. HOLD

1-4 Step right to side. step left beside right. step forward right, hold

5-8 Step left to side, close right beside left. step left across right, hold

RIGHT SIDE STRUT, BACK ROCK. LEFT SIDE STRUT, ROCK BACK.

1-4 Step right toe to right, drop right heel, rock back on left, rock forward on right

5-8 Step left toe to left, drop left heel, rock back on right, rock forward on left.

EXTENDED VINE RIGHT, STEP FORWARD, HOLD. PIVOT 1/2 LEFT, HOLD.

1-4 Step right to side, cross left behind right, step right to side, cross left over right.

5-8 Step right forward ,hold .On ball of right pivot1/2 left ,stepping left forward, hold (6:00)

**** (Restart during 3rd wall)**

EXTENDED VINE RIGHT, SIDE HOLD, SHIFT 3/4 TURN LEFT, HOLD

1-4 Step right to side, cross left behind right, step right to side, cross left over right.

5-8 Step right to side, hold. On ball of right shift 3/4left turn, stepping left to side. (9:00)

RIGHT SIDE ,TOGETHER, SIDE, TOUCH, LEFT SIDE ,TOGETHER, SIDE, TOUCH.

1-4 Step right to right side, close left next to right, step right to side., point left next to right.

5-8 Step left to left side, close right next to left, step left to left side, point right next to left.**

**** (Restart during 7th wall) Add your own styling for above 8 counts.**

TOE STRUT, WALK , ROCK REPLACE, BACK, HOLD

1-4 Toe strut forward with the right foot, walk forwards left, right.

5-8 Rock forward Left , replace on right, step left back, hold

START AGAIN

3rd wall (6:00) dance till count 24, then restart (facing front wall)12:00

7th wall (3:00) dance till count 40, then restart (facing front wall)12:00

11thwall(3:00) dance 1st 8 count, then restart (facing 3:00) wall.

My Apology to Winston & Joyce, i know u gays are doing the 120 counts by Elke. I know the steps are challenging but senior citizen like me can't handle that, like the song, though. I try to simplify the restarts, should be 4 or 5, but in my opinion they are not obvious, so i left them out.

The Dance is dedicated to all 539 dancers.

Happy Dancin' ! Everyone.