

Nightshift ()

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Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Kath Dickens , UK (Aug 10)

Music: Nightshift by Dr Victor

Intro: 23 secs from start, or 32

Counts from heavy beat, starting on vocals.. "Marvin"

Rock, Recover, Triple Full Turn

Right, Cross, Side, 1/4 Sailor Step Fwd

, , , 1/4

1-2

Rock fwd on Right, recover weight back onto Left.

,

3&4

Triple full turn to Right on the spot stepping R-L-R (Coaster for easier

option). - , , ()

5-6

Cross Left over Right, step side Right.

,

7&8

Sweep Left Foot behind Right, make 1/4 turn Left stepping on Right, step

fwd on Left. (9.00)

, 90 , (9)

□□

& Walk, Walk, Mambo Fwd, Back,

Drag, &, Walk, Walk

□ -□ □ , □□□ , □ □□ , □ -□ □

&12

Step Right next to left (&) walk fwd L-R

□□□□ , □□□□ , □□□□

3&4

Rock fwd on Left, recover weight to Right, step slightly back on Left.

□□□□□ , □□□□ , □□□□□

5-6

Take a long step back on Right, drag Left foot back.

□□□□□□ , □□□□

&78

Step onto Left (&), walk fwd R-L.

□□□ , □□□□□ , □□□□

□□□

Rock, Recover, 1/4 Touch, 1/4 Turn,

Touch, 1/4 Turn, Sailor Step

□□ □□ , 1/4□ 1/4□ , □□ 1/4□□ , □□□

1-2

Rock fwd on Right, recover weight back onto Left

□□□□ , □□□

3-4

Make 1/4 turn to Right and touch Right next to Left, make another 1/4

turn Right stepping fwd on Right. (3.00)

□□ 90□□□□ , □□ 90□□□□ (□□ 3□□)

5-6

Touch Left at side of Right, make another 1/4 turn Right as you step

side Left. (6.00) □□□□ , □□ 90□□□□ (□□ 6□□)

7&8

Step Right behind Left, step Left to side, step slightly diagonal Right. □□□□□□ ,

□□□□ , □□□□

Try doing counts 3-6 with hip bumps and a little attitude.

3-6□□□□□□□□

□□□

Step, Touch, Shuffle x2 □□□ □□ □□□

□□□□

1-2

(Moving fwd) step on Left to Left Diagonal, touch Right next to Left.

(□□□)□□□□□□□□ , □□□□

3&4

Shuffle to Right diagonal stepping R-L-R.

□□□□□□ -□ , □ , □

5-8

Repeat 1 - 4 again. □□ 1-4

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Rock, Recover, Triple Full Turn, Cross, 1/4 Turn, 1/4

Chasse

mso-font-kerning:0pt">□□ □□ , □□□□ , □□ 1/4, 1/4

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1-2

Rock fwd on Left, recover weight back onto Right.

□□□□ , □□□

3&4

Triple full turn to the Left on the spot stepping L-R-L (Coaster for

easier option) □□□□□□ -□ , □ , □ (□□□ -□□□)

5-6

Cross Right over Left, make 1/4 turn Right as you step back on Left (9.00)

□□□□□□□□ , □□ 90□□□□ (□□ 9□□)

7&8

Make another 1/4 turn Right as chasse to Right to side stepping R-L-R. (12.00) □□ 90

□□□□ -□ , □ , □ (□□ 12□□)

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

mso-font-kerining:0pt">& Side, Left Jazzbox, Hip Bumps x4

mso-font-kerining:0pt">□ □

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&12

Step Left next to Right (&) Step side Right, cross Left over Right,

□□□ , □□□ , □□□□□□□

3-4

Step Back on Right, step to side on Left.

□□□ , □□□

5-8

Bump hips to R-L-R-L □□ -□ , □ , □ , □

RESTARTS: come on wall 3 (6.00) and wall 6

(12.00)

□□□ (□□ 6□) , □□□ (□□ 12□)□ , □□□

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mso-font-kerining:0pt">

mso-font-kerining:0pt">Rock, Recover, Shuffle Back, Shuffle 1/2, 1/4 Pivot

mso-font-kerining:0pt">□□ □□ , □□□ , □□□ , □ 1/4

1-2

Rock fwd on Right, recover weight on left.

□□□□ , □□□

3&4

Shuffle Back, R-L-R □□□ -□ , □ , □

5&6

Shuffle 1/2 turn Left L-R-L (6.00)

□ **180**□□□□ -□ , □ , □ (□□ **6**□□)

7-8

Step fwd on Right, make 1/4 turn Left as you transfer weight onto Left. (3.00) □□□□
, □□ **90**□□□□□□ (□□ **3**□□)

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Cross, Side, Sailor Step x2 □□

□ ,

mso-font-kerning:0pt">□□□ □□□□

1-2

Cross Right over Left, step Left to side.

□□□□□□□□ , □□□□

3&4

Step Right behind Left, step Left to side, step Right to side.

□□□□□□ , □□□□ , □□□□

5-8

Repeat steps 1- 4 starting on Left.

□□□□ **1-4**

Optional ending = Just do an extra triple full turn.

□□□□□□□□□□□□□□

