

# MAMBO MY LOVE

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**Count:** 32

**Wall:** 4

**Level:** Beginner/Intermediate level

**Choreographer:** Oon Yean Wee (Malaysia) Oct 06

**Music:** Mambo Rock by Bill Haley & The Comets, Album: The Very best Of (84 bpm)

## Intro 32 Counts MAMBO RIGHT, MAMBO LEFT, HIP ROLLS WITH ½ TURN

- 1 & 2** Rock Right foot to Right side, recover weight on Left foot, cross Right foot over Left foot
- 3 & 4** Rock Left foot to Left side, recover weight on Right foot, cross Left foot over Right foot
- 5 & 6 & 7 & 8 &** Making a ½ turn Left stepping on each count moving hips in a counter clockwise circle (Stepping on every count RLRLRLRL)

## HEEL BALL CROSSES, DWIGHT SWIVELS, KICK, CROSS, TURN

- 1 & 2** Touch Right heel diagonally forward to right, step Right foot back, cross Left foot over Right foot
- 3 & 4** Touch Right heel diagonally forward to right, step Right foot back, cross Left foot over Right foot
- 5** Swivel Left heel Right touching Right toe beside Left foot
- &** Swivel Left toe Right touching Right heel diagonally forward Right
- 6** Swivel Left heel Right touching Right toe beside Left foot
- 7 & 8** Kick Right foot diagonally forward to right, cross Right foot over Left foot, turn ¾ Left (unwind weight on Left)

## MAMBO RIGHT, MAMBO LEFT, MAMBO FORWARD, MAMBO BACKWARD

- 1 & 2** Rock Right foot to Right side, recover weight on Left foot, step Right foot beside Left foot
- 3 & 4** Rock Left foot to Left side, recover weight on Right foot, step Left foot beside Right foot
- 5 & 6** Rock Right foot forward, recover weight on Left foot, step Right foot beside Left foot
- 7 & 8** Rock Left foot back, recover weight on Right foot, step Left foot beside right foot

## CROSS, STEP, CROSS, SCISSOR STEP, RIGHT SHUFFLE WITH 1/2 TURN, LOCK LEFT SHUFFLE FORWARD

- 1 & 2** Step Right foot behind Left, step Left foot to Left side, cross Right foot over Left foot
- 3 & 4** Step Left foot to Left side, step Right foot beside Left foot, cross Left foot over Right foot
- 5 & 6** Step Right foot forward with  $\frac{1}{4}$  turn Right, step Left foot beside Right foot, step Right foot forward with  $\frac{1}{4}$  turn Right

**7 & 8 Step Left foot forward, cross Right foot behind Left, step Left foot forward Start Again, Have Fun !!!!**