

BE GOOD AT IT

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Count: 160 **Wall:** 4 **Level:** advanced

Choreographer: Lauren-Dusty Boots

Music: If You Can't Be Good, Be Good At It by Neal McCoy

Do counts 1-144 twice before doing counts 145-160. After count 152 on the third wall, repeat counts 113-136 as a bridge to this particular music.

SIDE TOUCHES, CROSS-UNWIND

- 1-2 Touch right toe to right side; hold
- &3-4 Jump onto right foot in place; touch left toe to left side; hold
- &5 Jump onto left foot in place; touch right toe to right side
- &6 Jump onto right foot in place; touch left toe to left side
- 7-8 Cross-step left over right; unwind $\frac{1}{2}$ turn right shifting weight to left

SIDE TOUCHES, CROSS-UNWIND

- 9-10 Touch right toe to right side; hold
- &11-12 Jump onto right foot in place; touch left toe to left side; hold
- &13 Jump onto left foot in place; touch right toe to right side
- &14 Jump onto right foot in place; touch left toe to left side
- 15-16 Cross-step left over right; unwind $\frac{1}{2}$ turn right shifting weight to left

GRAPEVINE RIGHT, LEFT TOE FANS

- 17-18 Step right foot to right side; cross-step left behind right
- 19-20 Step right foot to right side; step left beside right
- 21-22 Fan left toe to left side; fan left toe to right side
- 23-24 Fan left toe to left side; return left toe to front

GRAPEVINE LEFT, RIGHT TOE FANS

- 25-26 Step left foot to left side; cross-step right behind left
- 27-28 Step left foot to left side; step right beside left
- 29-30 Fan right toe to right side; fan right toe to left side
- 31-32 Fan right toe to right side; return right toe to front

DIAGONAL STEPS

- 33** Step right foot diagonally forward right, turning body slightly left
- 34-36** Tap right heel 3 times (right arm is forward; left arm is back)
- 37** Step left foot diagonally forward left, turning body slightly right
- 38-40** Tap left heel 3 times (left arm is forward; right arm is back)
- 41-80** Repeat counts 1-40

MEXICAN HAT DANCE, SHIMMY LEFT

- 81** Tap right heel forward across left foot
- &82** Step right in place; tap left heel forward across right
- &83-84** Step left in place; step right foot forward in front of left; clap hands
- 85-87** Step left foot long step to left shaking shoulders
- 88** Step right beside left

MEXICAN HAT DANCE, SHIMMY RIGHT

- 89** Tap left heel forward across right foot
- &90** Step left in place; tap right heel forward across left
- &91-92** Step on right in place; step left foot forward in front of right, clap hands
- 93-95** Step right foot long step to right shaking shoulders
- 96** Step left beside right

WALKS WITH HITCH & ½ TURN, WALKS WITH HITCH & ½ TURN

- 97-99** Walk forward right, left, right
- 100** Hitch left knee and turn ½ right
- 101-103** Walk forward left, right, left
- 104** Hitch right knee and turn ½ left

RIGHT AND LEFT SIDE SHUFFLES WITH ROCK STEPS

- 105&106** Step right to right side; step left together; step right to right side
- 107-108** Rock-step left foot behind right; rock forward onto right
- 109&110** Step left to left side; step right together; sep left to left side

111-112 Rock-step right behind left; rock forward onto left

TOE STRUTS FORWARD

113-114 Step right toe forward; lower right heel to floor

115-116 Step left toe forward; lower left heel to floor

117-118 Step right toe forward; lower right heel to floor

119-120 Step left toe forward; lower left heel to floor

TOE STRUTS BACK

121-122 Step right toe back; lower right heel to floor

123-124 Step left toe back; lower left heel to floor

125-126 Step right toe back; lower right heel to floor

127-128 Step left toe back; lower left heel to floor

MEXICAN HAT DANCE

129-130& Tap right heel forward; hold; step right in place

131-132& Tap left heel forward; hold; step left in place

133&134 Tap right heel forward; step right in place; tap left heel forward

135-136 Tap right heel forward; hold & clap hands

HIP BUMPS

137-138 Push hips forward twice (right foot is still forward)

139-140 Push hips back twice

141-142 Push hips forward and back

143-144 Push hips forward and back

4 PADDLE STEPS MAKING ½ TURN LEFT

145-146 Step ball of right foot to right side (heel raised); pivot 1/8 turn left keeping left foot in place

147-148 Step ball of right foot to right side (heel raised); pivot 1/8 turn left keeping left foot in place

149-150 Step ball of right foot to right side (heel raised); pivot 1/8 turn left keeping left foot in place

151-152 Step ball of right foot to right side (heel raised); pivot 1/8 turn left keeping left foot in place

DIAGONAL STEPS

153 Step right foot diagonally forward right, turning body slightly left

154-156 Tap right heel 3 times (right arm is forward; left arm is back)

157 Step left foot diagonally forward left, turning body slightly right

158-160 Tap left heel 3 times (left arm is forward; right arm is back)

REPEAT