

MR VAIN

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Count: 64 **Wall:** 2 **Level:** Intermediate level

Choreographer: Paul Crawshaw (England)

Music: Mr Vain by Culture Beat

32 count intro from start of beat, start on lyrics

SYNCOPATED HIP BUMPS, SYNCOPATED STEP LOCK STEPS

- 1&2** Step diagonally forward on right, bumping hips forward back forward
- 3&4** Step diagonally forward on left, bumping hips forward back forward
- 5&6** Step forward on right, lock left behind right, step forward on right
- 7&8** Step forward on left, lock right behind left, step forward on left

SYNCOPATED JAZZ BOX WITH POINT, CROSS SHUFFLES TO LEFT

- 1-2** Cross right over left, step back on left
- &3-4** Step right next to left, cross left over right, point right toe to right
- 5&6** Cross right over left, step left to left, cross right over left
- &7&8** Step left to left, cross right over left, step left to left, cross right over left

SYNCOPATED JAZZ BOX WITH POINT, CROSS SHUFFLES TO RIGHT

- 1-2** Cross left over right, step back on right
- &3-4** Step left next to right, cross right over left, point left toe to left
- 5&6** Cross left over right, step right to right, cross left over right
- &7&8** Step right to right, cross left over right, step right to right, cross left over right

ROCKING ROGER RABBITS

- &1&2** Scoot back on left, step back on right behind left, scoot back on right, step back on left behind right
- &3&4** Scoot back on left, step back on right, rock forward on left, rock back on right
- &5&6** Scoot back on right, step back on left behind right, scoot back on left, step back on right behind left
- &7&8** Scoot back on right, step forward on left, rock back on right, rock forward on left

1/2 MONTEREY TURN RIGHT, HEEL AND TOE SWITCHES

- 1-4** Touch right toe to right, on ball of left turn 1/2 right and place right next to left, touch left to left, step left next to right
- 5&6** Touch right heel diagonally forward, step right next to left, touch left heel diagonally forward
- &7&8** Step left next to right, touch right toe behind left, place right next to right, touch left heel diagonally forward

1/4 MONTEREY TURN RIGHT, HEEL AND TOE SWITCHES

- &1-4** Step left next to right, touch right toe to right, on ball of left turn 1/4 right and step right next to left, touch left to left, step left next to right
- 5&6** Touch right heel diagonally forward, step right next to left, touch left heel diagonally forward
- &7&8** Step left next to right, touch right toe behind left, step right next to left, touch left heel diagonally forward

RIGHT ROCK, LEFT CROSS SHUFFLE, LEFT ROCK, RIGHT CROSS SHUFFLE

- &1-2** Step left next to right, rock right to right, recover weight on left
- 3&4** Cross right over left, step left to left, cross right over left
- 5-6** Rock left to left, recover weight on right
- 7&8** Cross left over right, step right to right, cross left over right

1/2 PIVOT LEFT, FORWARD RIGHT SHUFFLE, FORWARD ROCK, TRIPLE 3/4 TURN LEFT

- 1-2** Step forward on right, pivot 1/2 left
- 3&4** Step forward on right, place left next to right, step forward on right
- 5-6** Rock forward on left, recover weight on to right

7&8 3/4 turn left, stepping left right left