

Rainbows End

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Count: 64

Wall: 1

Level: Intermediate

Choreographer: Knox Rhine 1/2009

Music: Dance Above The Rainbow/ Ronan Hardiman [117 bpm] 16 count intro

Alt. Music:

Fisher's Hornpipe/ David Schnafer [132 bpm] 8 count intro

Jig It Up/ Dave Sheriff [138 bpm] 16 count intro

CROSS, CLAP, KICK-BALL-CROSS, KICK-BALL-CROSS, UNWIND, CLAP

- 1-2 Step RIGHT foot across in front of left leg. Clap
- 3 Kick LEFT foot forward-left
- & Step LEFT foot beside right foot
- 4 Step RIGHT foot across in front of left leg
- 5 Kick LEFT foot forward-left
- & Step LEFT foot beside right foot
- 6 Step RIGHT foot across in front of left leg
- 7-8 Unwind 1/2 turn left on ball of BOTH feet. Clap

TRIPLE DOROTHY, PIVOT

- 9 Step RIGHT foot forward
- 10 Lock-Step LEFT foot up-behind right foot
- & Step RIGHT toe/ball to right side
- 11 Step LEFT foot forward-left
- 12 Lock-Step RIGHT foot up-behind left foot
- & Step LEFT toe/ball to left side
- 13 Step RIGHT foot forward-right
- 14 Lock-Step LEFT foot up-behind right foot
- & Step RIGHT toe/ball to right side
- 15 Step LEFT toe/ball forward
- 16 Pivot 1/2 turn right on ball of RIGHT foot

TRIPLE DOROTHY, PIVOT

- 17 Step LEFT foot forward
- 18 Lock-step RIGHT foot up-behind left foot
- & Step LEFT toe/ball to left side
- 19 Step RIGHT foot forward-right
- 20 Lock-Step LEFT foot up-behind right foot
- & Step RIGHT toe/ball to right side
- 21 Step LEFT foot forward-left
- 22 Lock-step RIGHT foot up-behind left foot
- & Step LEFT toe/ball to left side
- 23 Step RIGHT toe/ball forward
- 24 Pivot 1/2 turn left on ball of LEFT foot

CROSS, CLAP, KICK-BALL-CROSS, KICK-BALL-CROSS, UNWIND, CLAP

- 25-26 Step RIGHT foot across in front of left leg. Clap
- 27 Kick LEFT foot forward-left
- & Step LEFT foot beside right foot
- 28 Step RIGHT foot across in front of left leg
- 29 Kick LEFT foot forward-left
- & Step LEFT foot beside right foot
- 30 Step RIGHT foot across in front of left leg
- 31-32 Unwind 1/2 turn left on ball of BOTH feet. Clap

SYNCPATED WEAVE, KICK

- 33 Step RIGHT foot across in front to left leg
- & Step LEFT foot to left side
- 34 Step RIGHT foot across behind left leg
- & Step LEFT foot to left side
- 35 Step RIGHT foot across in front of left leg
- 36 Kick LEFT foot forward-left

SYNCOATED WEAVE, KICK

- 37 Step LEFT foot across in front of right leg
- & Step RIGHT foot to right side
- 38 Step LEFT foot across behind right leg
- & Step RIGHT foot to right side
- 39 Step LEFT foot across in front of right leg
- 40 Kick RIGHT foot forward-right

IRISH SHUFFLES, 1/4 TURN, 1/4 TURN

- &-41 Lift RIGHT knee up and step across in front of left leg
- & Step on ball of LEFT foot
- 42 Step on ball of RIGHT foot
- &-43 Lift LEFT knee and step across in front of right leg
- & Step on ball of RIGHT foot
- 44 Step on ball of LEFT foot
- &-45 Lift RIGHT knee and step across in front of left leg
- & Step on ball of LEFT foot
- 46 Step on ball of RIGHT foot
- 47 Pivot 1/4 turn right on ball of RIGHT foot, stomp LEFT foot beside right foot
- 48 Pivot 1/4 turn right on ball of RIGHT foot, stomp LEFT foot beside right foot

IRISH SHUFFLES, 1/4 TURN, 1/4 TURN

- &-49 Lift LEFT knee up and step across in front of right leg
- & Step on ball of RIGHT foot
- 50 Step on ball of LEFT foot
- &-51 Lift RIGHT knee and step across in front of left leg
- & Step on ball of LEFT foot
- 52 Step on ball of RIGHT foot
- &-53 Lift LEFT knee and step across in front of right leg
- & Step on ball of RIGHT foot
- 54 Step on ball of LEFT foot

55 Pivot 1/4 turn left on ball of LEFT foot, stomp RIGHT foot beside right foot

56 Pivot 1/4 turn left on ball of LEFT foot, stomp RIGHT foot beside right foot

SYNCOPATED CROSS SIDE SHUFFLES

57 Step RIGHT foot across in front of left leg

& Step LEFT foot to left side

58 Step RIGHT foot across in front of left leg

& Step LEFT foot to left side

59 Step RIGHT foot across in front of LEFT leg

& Step LEFT foot to left side

60 Step RIGHT foot across in front of left leg

61 Step LEFT foot across in front of right leg

& Step RIGHT foot to right side

62 Step LEFT foot across in front of right leg

& Step RIGHT foot to right side

63 Step LEFT foot across in front of right leg

& Step RIGHT foot to right side

64 Step LEFT foot across in front of left leg