

LONELY CHA CHA

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Count: 40 **Wall:** 1 **Level:** beginner partner dance

Choreographer: Flo Reding

Music: The Lonely by Robert A. Welch & Helen Reisen

Position: Begin in closed dance position

ROCK STEP, CHA-CHA-CHA, ROCK STEP, CHA-CHA-CHA

1MAN: Step forward on left foot

LADY: Step back on right foot

2MAN: Rock back on right foot

LADY: Rock forward on left foot

3&4MAN: Cha-cha back left-right-left

LADY: Cha-cha forward right-left-right

5MAN: Step back on right foot

LADY: Step forward on left foot

6MAN: Rock forward on left foot

LADY: Rock back on right foot

7&8MAN: Cha-cha forward right-left-right

LADY: Cha-cha back left-right-left

ROCK STEP, WRAP, ROCK STEP UNWRAP

On first rock step couple begins double hand hold

9MAN: Step forward on left foot

LADY: Step back on right foot

10MAN: Rock back on right foot

LADY: Rock forward on left foot

Man lifts lady's right hand and places her in wrap position at his right side

11&12MAN: Cha-cha in place wrapping lady right side left-right-left

LADY: Lady makes left/2 turn to left on cha-cha-cha right-left-right

13MAN: Step back on right foot

LADY: Step back on left foot

14 Rock forward on left foot

LADY: Rock forward on right foot

15&16MAN: Cha-cha in place unwrapping lady right-left-right

LADY: Lady makes left/2 turn to right on cha-cha left-right-left

ROCK STEPS, SHUFFLES, ROCK STEP SHUFFLES

17MAN: Step forward on left foot

LADY: Step back on right foot

18MAN: Rock back on right foot

LADY: Rock forward on left foot

19&20MAN: Left lead shuffle back left-right-left

LADY: Right lead shuffle forward right-left-right

21&22MAN: Right lead shuffle back right-left-right

LADY: Left lead shuffle forward left-right-left

23&24MAN: Left lead shuffle back left-right-left

LADY: Right lead shuffle forward right-left-right

25MAN: Step back on right foot

LADY: Step forward on left foot

26 Rock forward on left foot

LADY: Rock back on right foot

27&28MAN: Right lead shuffle forward right-left-right

LADY: Left lead shuffle back left-right-left

29&30MAN: Left lead shuffle forward left-right-left

LADY: Right lead shuffle back right-left-right

31&32MAN: Right lead shuffle forward

LADY: Left lead shuffle back left-right-left

ROCK STEP, CHA-CHA-CHA, LADY TURNS, CHA-CHA-CHA

33MAN: Step forward on left foot

LADY: Step back on right foot

34MAN: Rock back on right foot

LADY: Rock forward on left foot

35&36MAN: Cha-cha back left-right-left

LADY: Cha-cha forward right-left-right

Drop lady's left hand, man lifts his left hand and turns lady under the arm

Lady does full turn to the right on next two counts

37MAN: Step back on right foot

LADY: Step on left foot

38 Rock forward on left foot

LADY: Step on right foot

39&40MAN: Cha-cha in place right-left-right and resume closed dance position

LADY: Cha-cha in place left-right-left and resume closed dance position.

REPEAT