

# Holding On To Yesterday (□□□□ )

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**Count:** 32      **Wall:** 4      **Level:** 0 Level

**Choreographer:** Peter & Alison, TheDanceFactoryUK (Mar 09)

**Music:** I Told You So by Carrie Underwood & Randy Travis (CD: 148bpm)

□□□ start after

**16 count intro**

□□□

**R Fwd, L Fwd Rock &**

**Recover, L Back, R Coaster Cross, L Side Rock Cross, ½ L Hinge**

□□ , □□□□□ , □□ , □□□□□ , □□□□□ , □ 1/2

**1**

**Step R forward** □□□□

**2&3**

**Rock L forward, recover**

**weight on R, step L back**

□□□□□ , □□□□ , □□□□

**4&5**

**Step R back, step L**

**together, cross step R over L**

□□□□□ , □□□□□ , □□□□□□□□

**6&7**

**Rock L side, recover**

**weight on R, cross step L over R**

□□□□ , □□□ , □□□□□□□

**8&**

**Turning ¼ left step R**

**back, turning ¼ left step L side (6 o'clock)**

□ □ 90□□□□ , □ □ 90□□□□ (□ □ 6□ □ )

□□□

**R Cross Rock &**

**Recover, R Side, L Cross Rock & Recover, ¼ L & L Fwd, R Fwd, ½ L**

**Pivot Turn, ½ L & R Back, L Back, R Coaster Cross**

□□□□□□ , □□ , □□□□□□ , □ 1/4□□ , □□ , □ 1/2, □ 1/2□□ , □□ , □□□□

**1-2&**

**Cross rock R over L, recover**

**weight on L, step R side**

□□□□□□□□ , □□□□ , □□□□

**3-4&**

**Cross rock L over R,**

**recover weight on R, turning ¼ left step L forward (3 o'clock)**

□□□□□□□□ , □□□□ , □ □ 90□□□□ (□ □ 3□ □ )

**5-6&**

**Step R forward, pivot ½**

**left, turning ½ left step R back (3 o'clock)**

□□□□ , □□ 180° , □□ 180°□□□□ (□□ 3□□ )

7

**Step L back** □□□□

8&1

**Step R back, step L**

**back, cross step R over L**

□□□□ , □□□□ , □□□□□□□□

□□□

**L Box, 1/4 L & L Side**

**Rock & Recover, L Behind-Side-Cross**

□□□ , □ 1/4□□□□□□ , □□ -□ -□□

2&3

**Step L side, step R**

**together, step L forward**

□□□□ , □□□□ , □□□□

4&5

**Step R side, step L**

**together, step R back**

□□□□ , □□□□ , □□□□

6-7

**Turning 1/4 left rock L**

**side, recover weight on R (12 o'clock)**

□□ 90□□□□□□ , □□□□ (□□ 12□□ )

**8&1**

**Cross step L behind R, step**

**R side, cross step L over R**

□□□□□□□□ , □□□□ , □□□□□□□□

**ENDING:**

□□

**On final**

**wall the dance will end here. Strike a pose.**

□□□□□□□□□□□□

□□□

**R Side Rock & Recover, R Behind, 1/4 L & L Fwd, R Fwd, L**

**Fwd, 1/2 R Pivot Turn, Full L Turn Fwd**

□□□□□□ , □□ , □ 1/4□□ , □□ , □□ , □ 1/2, □□□

**2-3**

**Rock R side, recover**

**weight on L** □□□□□□ , □□□□

**4&5**

**Cross step R behind L,**

**turning 1/4 left step L forward, step R forward (9 o'clock)**

□□□□□□□□ , □□ 90□□□□□□ , □□□□ (□□ 9□□ )

**6&7**



**right, step L forward**

□□□□ , □□ **180**□ , □□□□

**4&5**

**Step R forward, pivot ½**

**left, step R forward**

□□□□ , □□ **180**□ , □□□□

**6-8**

**Sway hips L, R, L** □□ -□ , □ , □