

NEW DAY

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Count: 66 **Wall:** — **Level:** —

Choreographer: Sylvia Priestley

Music: That's What Makes You Strong by The Judds

Partner: Position Closed Western, Man facing LOD. Lady's steps mirror man's except where indicated. Progressing toward LOD

STEP, ROCK, SHUFFLE, WALK, WALK, SHUFFLE

1-2MAN: Step back on left, rock forward on right

LADY: Step forward on right, rock back on left

3&4MAN: Left shuffle forward, left, right, left.

LADY: Right shuffle back, right, left, right

5-6MAN: Walk forward right, left.

LADY: Walk back on left, right

7&8MAN: Right shuffle forward, right, left, right.

LADY: Left shuffle back, left, right, left

STEP, ROCK, SHUFFLE, STEP, ROCK, CHA-CHA

9-10MAN: Step forward on left foot, rock back on right.

LADY: Step back on right, rock forward onto left

11&12MAN: Left shuffle back, left, right, left

LADY: Right shuffle forward, right, left, right

Release lady's left hand and passing right hand over man's head move lady behind man

13-14MAN: Step back on right foot, rock forward on left

LADY: Walk forward left, right

15&16MAN: Right cha-cha-cha. (in place)

LADY: Left shuffle, turning $\frac{1}{2}$ right

STEP, ROCK, CHA-CHA, STEP, ROCK, SHUFFLE

17-18MAN: Step forward on left foot, rock back on right.

LADY: Walk right, left

19&20MAN: Left cha-cha-cha (in place)

LADY: Right shuffle turning a further $\frac{1}{2}$ right to face partner

Dropping hands into closed western hold

21-22MAN: Step back on right, rock forward on left

LADY: Step forward on left, rock back on right

23&24MAN: Right shuffle forward right, left, right.

LADY: Left shuffle back, left, right, left

$\frac{1}{4}$ TURN, TOGETHER, SIDE CHASSE, ROCK, STEP, TURN $\frac{1}{2}$ SHUFFLE

25-26MAN: Turn $\frac{1}{4}$ on left foot, step right beside left (OLOD)

LADY: Turn $\frac{1}{4}$ on right foot, step left beside right (ILOD)

27&28MAN: Chasse to left on left right, left

LADY: Chasse to right on right, left, right

29-30MAN: Rock back on right, step forward on right

LADY: Rock back on left, step forward onto right

Release mans right hand, lady's left hand

31&32MAN: Turn $\frac{1}{2}$ to left using right, left, right

LADY: Turn $\frac{1}{2}$ to right using left, right, left

Lady passes on man's left under man's left arm to face OLOD. Resume double open hand hold

ROCK, STEP, CHASSE, ROCK, STEP, TURN $\frac{1}{2}$ SHUFFLE

33-34MAN: Rock back on left, step forward on right

LADY: Rock back on right, step forward on left

35&36MAN: Chasse to left on left, right, left

LADY: Chasse to right on right, left, right

37-38MAN: Rock back on right, step forward on left

LADY: Rock back on left, step forward on right

Release mans right hand, lady's left hand

39&40MAN: Turn $\frac{1}{2}$ to left using right, left, right

LADY: Turn $\frac{1}{2}$ to right using left, right, left

Lady passes on man's left under man's left arm to face ILOD

ROCK, STEP, SIDE CHASSE, SIDE, BEHIND, $\frac{1}{4}$ TURN & FORWARD SHUFFLE

41-42MAN: Step back on left, forward on right

LADY: Step back on right, rock forward on left

43-44MAN: Step left to side left, step right behind left

LADY: Step right to side, step left behind right

Promenade position lady's left hand in man's right hand

45&46MAN: Step forward $\frac{1}{4}$ turn left into left forward shuffle (left, Right, left)

LADY: Step forward $\frac{1}{4}$ turn right into right forward shuffle (right, left, right)

47-48MAN: Step forward right, step forward left

LADY: Step forward left, step forward right

SHUFFLE FORWARD, $\frac{1}{4}$ TURN VINE, CHASSE, ROCK, STEP, TURN $\frac{1}{2}$ SHUFFLE

49&50MAN: Right shuffle forward on right, left, right

LADY: Left shuffle forward on left, right, left

51-52MAN: Step left $\frac{1}{4}$ turn on left foot, step right foot behind left

LADY: Step right $\frac{1}{4}$ turn on right foot, step left foot behind right

Rejoin hands in double open hand

53&54MAN: Chasse to left on left, right, left

LADY: Chasse to right on right, left, right

55-56MAN: Step back on right, rock forward on left

LADY: Step back on left, rock forward on right

Release mans right hand, lady's left hand

57&58MAN: Turn $\frac{1}{2}$ to left using right, left, right

LADY: Turn $\frac{1}{2}$ to right using left, right, left

Lady passes on man's left under man's left arm to face ILOD. Resume double open hand hold

ROCK STEP, SIDE CHASSE, STEP, ROCK, $\frac{1}{4}$ TURN SHUFFLE.

59-60MAN: Step back on left, rock forward on right

LADY: Step back on right, rock forward on left

61&62MAN: Chasse to left on left, right, left

LADY: Chasse to right on right, left, right

63-64MAN: Step back on right, rock forward on left turning $\frac{1}{4}$ right (LOD)

LADY: Left step back. Rock forward onto right

65&66MAN: Small shuffle back on right, left, right

LADY: Turning $1\frac{1}{4}$ to right, using left, right, left.

Variation: turn a $\frac{1}{4}$ to right using left, right, left

REPEAT