

Friends For Life

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Count: 32 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Tracie Lee, Maddison Glover & Simon Ward, Australia - October 2017

Music: Whole Lot In Love, By Austin Burke. Album: Austin Burke EP, iTunes

Winners: 2017 Dance Fusion Instructors Choreography Competition (Team Australia)

Notes: 8 Count Tag On Walls 2 & 4 and a 4 Count Tag On Wall 5

Dance starts after 16 count intro on vocals, Ends facing front wall at end of dance.

[1-8] L fwd sweeping R, Cross/step R, Hold, L side, R behind sweeping L, L behind R, ¼ R, L shuffle fwd

- 1-2** Step left slightly forward & in front of right sweeping right forward, Cross/step right across left 12.00
- 3** Hold 12.00
- &4** Step left slightly left, Step right behind left sweeping left back 12.00
- 5-6** Step left behind right, Step right to right side turning ¼ turn right 3.00
- 7&8** Step left slightly forward, Lock/step right behind left, Step left slightly forward 3.00

[&9-16] R out, L out, R centre, cross/step L, Hold, Unwind ½ R, Drop heels, R coaster step, Walk L,R

- &1&2** Step right slightly to right, Step left slightly to left, Step right at centre, Cross/step left over right 3.00
- 3** Hold 3.00
- &4** Unwind ½ turn right on balls of feet raising heels, Drop weight onto heels 9.00
- 5&6** Step right back, Step left beside right, Step right forward 9.00
- 7-8** Step left forward, Step right forward 9.00

[17-24] Rock L fwd, Recover R, L back, Touch R, R back, Touch L, Step L together, Walk R,L, R fwd ¼ chase L

- 1-2** Rock/step left forward, Recover weight back on right 9.00
- &3** Step left slightly back, Touch right toe forward & in front of left 9.00
- &4** Step right slightly back, Touch left toe forward & in front of right 9.00

&5-6 Step left beside, Step right forward, Step left forward 9.00

7&8 Step right forward, Pivot $\frac{1}{4}$ turn left taking weight onto left, Cross/step right over left 6.00

[25-32] $\frac{1}{4}$ turn R, $\frac{1}{4}$ turn R, Cross L chasse, Step R, Step L beside R to diagonal, Cross/step R, $\frac{3}{4}$ turn R

1-2 Make a $\frac{1}{4}$ turn right & step left back, Make a further $\frac{1}{4}$ turn right & step right to right side 12.00

3&4 Cross/step left over right, Step right slightly to right, Cross/step left over right 12.00

&5-6 Step right to right, Step left beside right turning body to left diagonal 10.30, Cross/step right over left 12.00

7-8 Make a $\frac{1}{4}$ turn right & step left back, Make a further $\frac{1}{2}$ turn right & step right forward 9.00

RESTART

Tags:-

At the end of walls 2 & 4 you will do the following 8 counts

[1-8] Rock L fwd, Recover R, L coaster step, Rock R fwd, Recover L, R coaster step

1-2 Rock/step left forward, Recover weight onto right,

3&4 Step left back, step right beside left, Step left forward

5-6 Rock/step right forward, recover weight onto left

7&8 Step right back, Step left beside right, Step right forward

At the end of Wall 5 you will do the following 4 counts

[1-4] Left rocking chair

1-4 Rock/step left forward, Recover weight onto right, Rock/step left back, Recover weight onto right

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