

Cry Me Out ()

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Advanced

Choreographer: Malene Jakobsen , DK (Oct 09)

Music: Cry Me Out by Pixie Lott (CD: Turn It Up (bonus track version) [64bpm])

Intro: 8

counts from when the beat kicks in, 17 sec. into track - dance begins with

weight on R 8 (17)

Side, Back Rock, Side,

Touch, 1/8, Mambo, 1/4, 1/4, Full Turn, Rock

, , , , 1/8, , 1/4, 1/4, ,

a1-2

(a) Step L to L, (1) rock back on R, (2) recover onto L [12.00]

, , (12)

&a3

(&) Step R to R, (a) touch L beside R (3) step L to

L diagonal [10.30]

, , (10:30)

4&a

(4) Rock forward on R, (&) recover onto L, (a) step

slightly back on R [10.30], , (10:30)

5-6

(5) Rock L to L making 1/4 turn L, (6) recover onto R

making a ¼ R [10.30] □□□□□□ □□ 90□ , □□ 90□□□□ (□□ 10:30)

&a7

(&) Turn ½ R stepping back on L, (a) turn ½ R

stepping forward on R, (7) step forward on L [10.30]

□□ 180□□□□ , □□ 180□□□□ , □□□□ (□□ 10:30)

□□□

Recover ½, Ball Steps,

Step Sweep, Cross Rock, Side, Cross Rock, 1/8, Ball, Side, Coaster, Rock

□□ 1/2, □□ , □ □ , □□□□ , □ , □□□□ , 1/8, □ , □ , □□□□ , □□

8&

(8) Recovering onto R make ½ turn L on ball of R,

(&) step L next to R [4.30] □□□□□□ 180□ , □□□□ (□□ 4:30)

a1

Step R next to L, (1) step forward on L sweeping R from

back to front [4.30] □□□□ , □□□□□□□□□□ (□□ 4:30)

2&a3

(2) Cross R over L, (&) recover onto L, (a) step R

to R, (3) cross L over R [4.30]

□□□□□□□□□□ , □□□□ , □□□□ , □□□□□□□□□□ (□□ 4:30)

4&

(4) Recover onto R, (&) turn 1/

hasspace="True" negative="False" numbertype="1" sourcevalue="8" tcsc="0"
unitname="l">8 L

> stepping L to L [3.00]

□□□□ , □□ 45□□□□ (□□ 3:00)

a5

(a) Step R next to L, (5) large step L to L dragging R

towards L [3.00] □□□□ , □□□□□□□□ (□□ 3:00)

6&a

(6) Step back on R, (&) step L next to R (a) step

forward on R [3.00]

□□□□ , □□□□ , □□□□ (□□ 3□□)

7

(7) Rock forward on L, □□□□

□□□

¼, Cross Shuffle With Sweep, Cross

Shuffle, ¾, Shuffle, Full Turn, Back, Back, Sweep

1/4, □□□□□□ , □□□□ , 3/4, □□□□ , □□ , □ □ □

8

(8) Recover onto R making 1/4 turn R [6.00]

□□□□□□ 90□ (□□ 6□□)

&a1

(&) Cross L over R, (a) step R to R, (1) cross L

over R sweeping R from back to front [6.00]

□□□□□□□□□□ , □□□□ , □□□□□□□□□□□□□□ (□□ 6□□)

2&a

(2) Cross R over L, (&) step L to L, (a) cross R

over L [6.00]

□□□□□□□□ , □□□□ , □□□□□□□□ (□□ 6□□)

3

(3) Step L to L and make $\frac{3}{4}$ turn R on ball of L [3.00]

□□□□□□ 270□ (□□ 3□□)

4&a

(4) Step forward on R, (&) step L next to R, (a)

step forward on R [3.00] □□□□ , □□□□ , □□□□ (□□ 3□□)

5-6&

(5) Step forward on L, (6) turn $\frac{1}{2}$ R, (&) turn $\frac{1}{2}$ R

stepping L next to R [3.00]

□□□□ , □□ 180□ , □□ 180□□□□□□ (□□ 3□□)

a7

(a) Step back on R, (7) take a long step back on L

starting to sweep R from front to back [3.00]

□□□□ , □□□□□□□□□□□□ (□□ 3□□)

8

(8) Finish R sweep [3.00] □□□□ (□□ 3□□)

□□□□

Behind, Side, Cross Rock,

$\frac{1}{4}$, Ball Step, Mambo, $\frac{1}{4}$ X 4, Hold

□ , □ , □□□□ , 1/4, □ □ , □□ , 1/4□□ , □

&a1

(&) Cross R behind L, (a) step L to L, (1) cross R

over L [3.00]

□□□□□□□□ , □□□□ , □□□□□□□□ (□□ 3□□)

2&

(2) Recover onto L, (&) turn ¼ R stepping forward

on R [6.00]

□□□□ , □□ 90□□□□□□ (□□ 6□□)

a3

Step L next to R, (3) take a long step forward on R

dragging L towards R [6.00] □□□□ , □□□□□□□□ (□□ 6□□)

4&a

(4) Rock forward on L, (&) recover onto R, (a) step

slightly back on L [6.00] □□□□ , □□□□ , □□□□ (□□ 6□□)

5

(5) Turn ¼ R stepping forward on R [9.00]□□ 90□□□□

&6

(&) Step forward on L, (6) turn ¼ R stepping

forward on R [12.00]

□□□□ , □□ 90□□□□□□ (□□ 12□□)

&7

(&) Step forward on L, (7) turn ¼ R stepping

forward on R [3.00]

□□□□ , □□ 90□□□□ (□□ 3□□)

&8

(&) Step forward on L, (8) turn ¼ R stepping

forward on R [6.00]

□□□□ , □□ 90□□□□ (□□ 6□□)

&

(&) Hold □

TAG: It only happens ONCE AFTER wall 5, you'll be

facing 6 o'clock

□□□□□□□□ 6□□□□□

Steps Back With Sweeps X3, Back, Hold

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□□□□ 3□ , □ , □

1&a

(1) Step back on L, (&a) sweep R from front to back [6.00]

□□□□ , □□□□□□□□ (□□ 6□□)

2&a

(2) Step back on R, (&a) sweep L from front to back [6.00]

□□□□ , □□□□□□□□ (□□ 6□□)

3&a

(3) Step back on L, (&a) sweep R from front to back [6.00]

□□□□ , □□□□□□ (□□ 6□□)

4&

(4) Step back on R (& hold [6.00] □□□□ , □ (□□ 6□□)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=10694