

Heads and Tails

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Count: 64

Wall: 2

Level: Improver

Choreographer: Daniel Trepas, Remco Zwijgers, Ivonne Verhagen, Jo Kinser & John Kinser, Giuseppe Scaccianoce (5/17 L'ile D'Oleron Holiday-Texas Side Step) May 2017

Music: Heads Carolina, Tails California by Jo Dee Messina (3:30) 134 bpm

Notes: start after 16 counts

[1-8] Walk, walk, anchor step, together, cross, touch toe, tap forward, hold, together, step forward, ½ pivot.

- 1,2** Walk forward RF (1), walk forward LF (2);
- 3&4** On the right diagonal step RF behind LF (3); recover weight in place to LF (&); step back on the RF (4);
- &5&6** Still on right diagonal, step LF together next to RF (&); cross RF over LF (5); tap left toe forward (12.00 wall) (&); touch left toe forward (6);
- 7&8&** Hold (7); step LF together with RF (&); step RF forward (8); ½ turn pivot over left shoulder, weight back onto RF once turned (&);

[9-16] Together, knee pop, heel jack, together, cross, ¼, behind cross, ¼, cross, side, behind touch.

- 1&2** Step LF together with RF (7); putting weight forward onto the toes pop knees forward (&); recover knees back to standing (2);
- 3&4** Cross RF over LF (3); step LF to left side (&); right heel to right side (4);
- &5&6** Step RF together with LF (&); cross LF over RF (5); ¼ turn left stepping RF slightly to the right (7); cross LF behind RF (6);
- &7&8¼ turn left stepping RF slightly to the right side (&); cross LF over RF (7); step RF to right side (7); touch left toe behind RF (8);**

[17-24] Touch side with 2 hip bumps (last one taking weight), rocking chair, ¼ touch side with 2 hip bumps (last one taking weight), ¼ coaster step.

- 1&2** Touch LF to the left side with two left hip bumps, the second taking the weight to the LF as you square up to the 9.00 wall (1&2);
- 3&4&** Rock forward into the RF (3); recover weight back onto the LF (&); rock back on the RF (4); recover weight forward onto the LF (&);

5&6¹/₄ turn left touching RF to right side as you bump right hip twice, last one taking the weight (5&6);

7&8¹/₄ turn left stepping LF back (7); step RF next to LF (&); step forward in the LF (8);

[25-32] Funky walks on diagonal R, L, double R, L, R, sailor, cross.

1&2& Step RF to right diagonal (1); touch left toe next to RF (&); step LF to left diagonal (2); touch right toe next to LF (&);

3&4& Step RF to right diagonal (3); step left toe next to RF (&); step RF to right diagonal (4); touch left toe next to RF (&);

5&6 Step LF to left diagonal (5); touch right toe next to LF (&); step RF to right diagonal (6);

7&8 Cross LF behind RF (7); step RF to right side (&); cross LF over RF (8);

[&33-40] Side, together, cross, ¹/₄, ¹/₄, cross, tap, side rock, step, bump hips round.

&1,2 Step RF to right side (&); step LF next to RF (1); cross RF over LF (2);

3&4¹/₄ turn right stepping back on the LF (3); ¹/₄ turn right stepping RF to right side (&); cross LF over RF (4);

&5,6 Tap right toe to ride side (&); step RF to right side (5); recover weight to LF (6);

7&8& Bump hips in a square: right, back, left, forward (7&8&)

[41-48] Cross, back, side, cross, ¹/₄ back, side, ball, step, 4 chugs turning ¹/₂ turn.

1&2& Cross LF over RF (1); step back on RF (&); step LF to left side (2); cross RF over LF (&);

3&4¹/₄ turn right stepping back on the LF (3); step RF to right side (&); step forward on LF (4);

&5 Tap right toe forward (&); stomp RF forward (5);

6,7,8³ x chugs a ¹/₂ turn on the RF (6,7,8);

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