

All Shapes & Sizes

LINEDANCE.COM

Count: 112

Wall: 4

Level: Phrased Advanced

Choreographer: Kirsten Matthiessen (DK) & Jannie Tofte Andersen (DK) Jan 2017

Music: 'Shape of You' by Ed Sheeran. Buy on iTunes.

Phrasing: A, B, B, C, A, B, B, C, B, B, C*, B, Ending

***On 3rd C you only dance the first 32 counts and then go straight into B**

Intro: 16 counts (app. 9 seconds into track)

A SECTION (Always starts facing 12:00)

A[1-8] Samba basic R, L, Volta turn $\frac{3}{4}$ R sweep, Cross $\frac{1}{4}$ L,

- 1-2&** Step R to R side, rock L back, recover onto R (basic samba step) 12:00
- 3-4&** Repeat with L 12:00
- 5&6&7** Turn $\frac{1}{4}$ R crossing R slightly over L, ball L next to R, turn $\frac{1}{4}$ R crossing R slightly over L, ball L next to R, turn $\frac{1}{4}$ R crossing R slightly over L sweeping L CW 09:00
- 8&** Cross L over R, turn $\frac{1}{4}$ L stepping R back 06:00

A[9-16] $\frac{1}{4}$ L, Together x2, Vine $\frac{1}{4}$ R, Rocking chair, Slow soft hitch, Step

- 1-2&** Turn $\frac{1}{4}$ L stepping L to L side, step R next to L, step L in place 03:00
- 3-4&** Step R to R side, cross L behind R, turn $\frac{1}{4}$ R stepping R fw 06:00
- 5&6&** Rock L fw, recover onto R, rock L back, recover onto R 06:00
- 7-8** Soft hitch L, step L fw (note: imagine you're taking the step in slow motion) 06:00

A[17-24] Heel swivel $\frac{1}{4}$ R x2, Sweep, Sailor $\frac{1}{2}$ R, Step heel swivel x2, Back rock, Vine $\frac{1}{4}$ R

- &1** Swivel R heel $\frac{1}{4}$ R, swivel L heel $\frac{1}{4}$ R sweeping R CW 12:00
- 2&3** Turn $\frac{1}{4}$ R crossing R behind L, turn $\frac{1}{4}$ R stepping L in place, cross R slightly over L 06:00
- &4&5&** Step L to L side, swivel R heel in, swivel R heel back in place, repeat swivel w/L (weight ends on L) 06:00

- 6& Rock R back, recover onto L 06:00
- 7-8& Step R to R side, cross L behind R, turn $\frac{1}{4}$ R stepping R fw 09:00

A[25-32] Rock hitch x2, Toe heel flick, Cross slide, Behind $\frac{1}{4}$ R

- 1&2& Rock L fw, recover onto R, hitch L, step L next to R

Note: on the first (and only first) A you do the following arm movements on counts 1&2

:1: Both hands in front of you at waist level, R on top of L, palms up

&2: Keeping hands together flip inwards ending with hands at mouth level palms out on count 2 - 09:00

- 3&4& Repeat w/R foot

No arms 09:00

- 5&6& Touch L toe next to R (knee turned in) tap L heel diagonally L, flick L turning body slightly R, cross L over R 09:00
- 7-8& Slide R to R side, cross L behind R, turn $\frac{1}{4}$ R stepping R fw 12:00

B SECTION

Counts Footwork End facing

B[1-8] Slow batucada x2, Batucadas, Kick out out,

- 1-2& Press L fw rolling hip CCW (1), transferring weight onto R (2), step L next to R (&) 12:00
- 3-4& Repeat w/ R rolling hips CW 12:00
- 5&6& Repeat counts 1-4 double tempo - travelling slightly back 12:00
- 7&8 Kick L, step out L, step out R 12:00

B[9-16] Hip sways, Back rock, $\frac{1}{4}$ R side cross side, Back rock step, Step $\frac{1}{2}$ R x2

- &1 Sway hips L, sway hips R 12:00
- 2& Rock L back, recover onto R 12:00
- 3&4 Turn $\frac{1}{4}$ R stepping L to L side, cross R over L, step L to L side 03:00

5&6 Rock R back, recover onto L, step R fw 03:00

7&8& Step L fw, turn $\frac{1}{2}$ R stepping onto R, repeat 03:00

C SECTION (Always starts facing 06:00)

C[1-7] Cross side rock, Jazz box $\frac{1}{4}$ R, Arm movements, Body roll, Back rock w/arms,

1-2& Cross L slightly over R, rock R to R side, recover onto L 06:00

3&4& Cross R over L (3), turn $\frac{1}{4}$ R stepping L back (&), step R to R side (4)

Arms:

:4: R arm out in front of you at shoulder level, hand making a half circle - fingers pointing L

:&: L arm out in front of you at shoulder level, hand making half circle (next to R hand for a full circle) 09:00

5-6 Body roll from top down ending with weight on R

Arms:

:5: Your hands switch shape from circle to heart bending fingers down and pulling in towards your chest 09:00

&7 Rock L back, recover onto R

Arms:

Keeping arms at shoulder level, push away when rocking back, and pull in when recovering - 09:00

C[8-15] L lockstep sweep, Cross side rock, Rock collapse, Slide, Back pop

8&1-2 Step L fw (8), lock R behind L (&), step L fw sweeping R CCW (1-2) 09:00

&3& Cross R over L, rock L to L side, recover onto R 09:00

4&5-6 Rock L fw collapsing upper body (4), recover onto R straightening body (&), big step back L dragging R towards L (5-6) 09:00

&7 Step R back, touch L fw popping L knee 09:00

C[16-24] Double body roll, ¼ L cross x2, Out out hip roll, Touch step x2, Touch

- 8-1-2** Step L back starting a quick body roll from top down (8), do another body roll (1-2) weight ending L 09:00
- &3&4** Turn ¼ L stepping R to R side, cross L over R, repeat 03:00
- &5-6** Step out R, step out L starting ½ hip roll CCW – weight R 03:00
- &7&8&** Touch L next to R, step L slightly diagonally fw, touch R next to L, step R slightly diagonally fw, touch L next to R 03:00

C[25-32] Step, Sailor step behind, Side rock ¼ R, Slide, Ball coaster step, Step

- 1** Step L diagonally fw 03:00
- 2&3** Cross R behind L, step L slightly L, step R to R side 03:00
- &4&** Cross L behind R, rock R to R side, recover onto L with a ¼ R 06:00
- 5-6** Big step back R, dragging L to R 06:00
- &7&8&** Step L next to R (&), step R back (7), step L next to R (&) step R fw (8), step L next to R (&)

Note: When doing the 3rd C:

You only dance up to here and go into part B.

Instead of stepping L next to R you touch L next to R on the last & 06:00

C[33-40] Side together x2, Diagonal lockstep flick, Spiral 5/8 L, Ball cross

- 1-2&** Step R to R side, step L next to R, step R in place 06:00
- 3&4&5** Step L diagonally fw, lock R behind L, Step L fw, lock R behind L, Step L fw flicking R back 04:30
- 6-7** Step R fw (6), turn 5/8 L keeping weight on R (7) 09:00
- &8** Step L to L side, cross R over L 09:00

C[41-48] Volta 7/8 L, 1/8 L Side rock, Rock sweep sweep, Sailor ¼ L cross

- 1&2&3** Turn $\frac{1}{4}$ L crossing L slightly over R, ball R next to L, turn $\frac{1}{4}$ L crossing L slightly over R, ball R next to L, turn $\frac{3}{8}$ L crossing L slightly over R 10:30
- &4** Rock R to R side, recover onto L turning $\frac{1}{8}$ L (square up) 09:00
- &5-6** Rock R fw, recover onto L sweeping R CW, step R back sweeping L CCW 09:00
- 7&8** Turn $\frac{1}{4}$ L stepping L behind R, step R to slightly R, cross L over R 06:00

C[49-56] Side together x2, Diagonal lockstep flick, Spiral 5/8 L, Ball cross

(Repeat of counts 33-40)

- 1-2&** Step R to R side, step L next to R, step R in place 06:00
- 3&4&5** Step L diagonally fw, lock R behind L, Step L fw, lock R behind L, Step L fw flicking R back 04:30
- 6-7** Step R fw (6), turn $\frac{5}{8}$ L keeping weight on R (7) 09:00
- &8** Step L to L side, cross R over L 09:00

C[57-64] Step, Sailor step behind, Side rock $\frac{1}{4}$ R, Slide, Ball coaster step, Touch

(Similar to counts 25-32 - only the last touch is different)

- 1** Step L diagonally fw 03:00
- 2&3** Cross R behind L, step L slightly L, step R to R side 03:00
- &4&** Cross L behind R, rock R to R side, recover onto L with a $\frac{1}{4}$ R 06:00
- 5-6** Big step back R, dragging L to R 06:00
- &7&8&** Step L next to R (&), step R back (7), step L next to R (&) step R fw (8), Touch L next to R (&)

Note: When doing the 1st C:

Instead of touching L next to R you step L next to R on the last & before going into part A 06:00

Ending (starts facing 09:00)

[1-8] Slow batucada x2, Batucadas, Kick out out, Touch

- 1-2&** Press L fw rolling hip ccw (1), transferring weight onto R (&), step L next to R 09:00
- 3-4&** Repeat w/ R rolling hips cw 09:00
- 5&6&** Repeat counts 1-4 double tempo - travelling slightly back 09:00
- 7&8&** Kick L, step out out L R, touch L next to R 09:00

[9-16] Step, Sailor step behind, Side rock $\frac{1}{4}$ R, Slide, Ball coaster step, Out out

- 1** Step L diagonally fw 09:00
- 2&3** Cross R behind L, step L slightly L, step R to R side 09:00
- &4&** Cross L behind R, rock R to R side, recover onto L with a $\frac{1}{4}$ R 12:00
- 5-6** Big step back R, dragging L to R 12:00
- &7&8&1** Step L next to R (&), step R back (7), step L next to R (&) step R fw (8), step L out (&), step R out (1)

Arms:

On counts 8&1 you do:

:8: R arm out in front of you at shoulder level, hand making a half circle - fingers pointing L

:&: L arm out in front of you at shoulder level, hand making half circle (next to R hand for a full circle)

:1: Your hands switch shape from circle to heart bending fingers down 12:00

Hope you enjoy