

FOLLOW ME HOME

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Count: 48 **Wall:** 2 **Level:** Intermediate level

Choreographer: Teresa & Vera (July 07)

Music: Follow Me Home by The Sugababes (CD: Taller in more Ways) 80 bpm

Start dance. 32 count intro, 1st step is just before main vocals. STEP SIDE, ROCK BACK REPLACE 1/4, R LOCK BACK, ROCK & SPIN, SHUFFLE FWD

- 1** Take large step out to R side
- 2&3** Rock back on L slightly behind R, replace weight on R, making ¼ turn R, step back on L
- 4&5** Step back on R, lock L in front of R, step back on R
- 6&7** Rock back on L, replace weight on R, step fwd on L and spin full turn R hooking R foot in front of L calf (Option, if you don't want to spin then just step fwd on L)
- 8&1** Shuffle fwd on R [3 o'clock]

TWINKLE-ish! SAILOR 1/4 TURN x 2

- 2&3** Cross L over R, step R to R side, step back on L to slight L diagonal
- 4&5** Step R behind L, make ¼ turn L stepping L to L side, step R to R side
- 6&7** Repeat counts 2&3
- 8&1** Repeat counts 4&5 [9]

CROSS ROCK STEP BACK, ROCK BACK REPLACE STEP FWD, CROSS ROCK REPLACE 1/4, TRIPLE FULL TURN

- 2&3** Cross Rock L over R, replace weight on R, step back on L to slight L diagonal
- 4&5** Rock back R slightly behind L, replace weight on L, step fwd on R to slight R diagonal
- 6&7** Cross rock L over R, replace weight on R, make ¼ turn L stepping fwd on L
- 8&1** Triple whole turn L travelling fwd stepping R.L.R (Option, shuffle fwd instead of turn) [6]

2 PRISSY WALKS, QUICK 1/2, WEAVE

- 2-3** Walk fwd L, R
- 4&5** Step fwd L, make ½ turn R stepping fwd on R, step fwd L,
- 6-7-8&** Cross R over L, step L to L side, step R behind L, step L to L side [12]

KICK CROSS ROCK REPLACE KICK & TOUCH x2

1&2& Kick R across L, cross R over L, rock L to L side, replace weight on R

3&4 Kick L across R, cross L over R, touch R to R side

5&6& Repeat counts 1&2& *RESTART here on wall 5 facing home wall

7&8 Repeat counts 3&4 *RESTART here on walls 2 facing back wall & 4facing home wall

WHOLE TURN, CHASSES, TWINKLE-ish 1/2, TWINKLE CROSS

1-2 Travelling to R side make a full turn R stepping R, L (Option, instead of turn step R to R side, step L next to R)

3&4 Chasses R to R side

5&6 Cross L over R, making 1/4 turn L step back on R, make another 1/4 turn L stepping L to L side

7&8& Cross R over L, step L to L side, step R to R side, cross L over R. [6]

Restarts: 3, all hopefully easy ish to hear in the music! 1st one on WALL 2 do up to & including counts 1 to 8 of the 3rd section, the kick cross rock bit, start dance from beginning facing the 6 o'clock wall. 2nd one will be in the SAME place in the dance on WALL 4 facing the home wall. 3rd one is in 5th SECTION, END of counts 3&4 facing home wall. They are pretty easy really! Honest!

Dance goes out of phrase for 1 wall, at the end, dance will end on the cross rock replace 1/4, triple full turn, facing the front Luv T&V xx EMail / Website