

# Beatbox Betty

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**Count:** 48

**Wall:** 1

**Level:** Advanced Phrased

**Choreographer:** Shane McKeever (IRE), Guyton Mundy (USA) & Roy Hadisubroto (IRE) - November 2025

**Intro: Starts immediately**

**Sequence: Intro, A, B, B, A, A, Tag, B**

**INTRO Start with both feet apart**

**1 - 8 Arm movements**

**1 - 3 Bring both arms slowly up from side of body with handpalms facing up (1 - 3) 12:00**

**4 Push both hands out to side (4) 12:00**

**5 - 6 Bring both arms in front of chest with handpalms facing outwards (5 - 6) 12:00**

**7 - 8 With both arms extended forward in front of chest, slowly bring L fingertips facing down, R fingertips stays facing up while R thumb and L thumb interlock with each other (7 - 8) 12:00**

**PART A: 32c - Starting position with both feet apart**

**[1 - 8] Fan Swivel R, Hold, Ball, Side, Press, Twist Knee Out, Rock, Recover**

**1 - 2 Swivel R toes to R and L heel to L (1), Bring back to center (2) 12:00**

**3 & 4 Transfer weight to L (3), Close R next to L (&), Step L to L side (4) 12:00**

**5 - 6 Press L to L side (5), Drop L heel (&), Open body to R diagonal and Twist R knee out to R while standing on ball of R (6) 12:00**

**7 - 8 Rock on R while still standing on ball of R (7), Recover on L (8) 12:00**

**[1 - 8] Arm Movements**

**Starting position are both arms extended forward in front of chest, slowly bring L fingertips facing down, R fingertips stays facing up while R thumb and L thumb interlock with each other 12:00**

**1 - 2 Fan L hand up and to the R as R hand fans down and to the L (1), Recover back to neutral as you close both hands to a fist next to each other in front of chest. (2) 12:00**

**3 & 4 Roll knuckles up on the R hand from R pinkie, extending each knuckle up and then back down in a wave to R index finger (3), Continue waving on L hand, rolling the knuckles from L index finger to L pinkie (&), Hands are back in fisted position in front of chest (4) 12:00**

**5 & a 6 Both hands stays fisted, Take L arm diagonal up to the L, R hand stays in position (5) Bring L hand back to R hand (&), Bring R hand diagonally down to the R (a) Head looks  $\frac{1}{4}$  turn R as you bring R hand in front of mouth (6) 12:00**

**7 - 8 Open R fist from pinkie to index and then close from pinkie to index in a wave (7 - 8) 12:00**

**[9 - 16] Look L, Chasse L, Triple Step Back, Hitch Ball Step**

**1 & 2 Hold and Bring R hand behind head circling around the L side of head, ending with R thumb at chin (1), Head look up with R thumb on chin (&) Head look L with R thumb on chin while body opens to L diagonal (2) 12:00**

**3 & 4 Step L to L side and Brush L shoulder with R hand (3), Step R next to L (&), Step L to L side and Brush L shoulder with R hand (4) 12:00**

**5 & 6 Keep both feet apart and step R back (5), Step L back while feet are apart (&), Step R back while feet are apart (6) 12:00**

**7 & 8 Step L back and Hitch R (7), Step R forward (&), Step L forward (8) 12:00**

**[17 - 24] Step, Swivel, Hitch L, Knee twist Out, In, Out, Bodyroll R,  $\frac{1}{4}$  Turn L, Pony back**

**1 & 2 & Step R forward (1), Swivel both heels forward (&), Swivel both heels back to center (2), Hitch L knee (&) 12:00**

**3 - 4 Step L to L with L knee out (3), On ball of L, Twist L knee in (&), On ball of L, Twist L knee out (4) 12:00**

**5 - 6 & Bodyroll to the R (5), Bodyroll to the L (6)  $\frac{1}{4}$  Turn L and bring both hands under the shoulder, handpalms facing forward (&) 9:00**

**7 & 8 Stretch arms forward while Stepping R backwards and Hitch L knee (7), Step L back (&), Step R backwards and Hitch L knee (8) 9:00**

**[25 - 32] Walk diagonally back, Coaster Cross, Pony Step, Cross Unwind**

**1 - 2 Turn 1/8 R and Big step L backwards (1), Big step R backwards (2) 10:30**

**3 & 4 & Big step L backwards (3), Step R next to L (&), 3/8 Turn L and Cross L over R (4) Step R to R side (&) 10:30**

**5 & 6 & Cross L behind R and Hitch R knee (5), Step R to R side (&), Cross L behind R and Hitch R knee (6), Step R to R side (&) 6:00**

**7 - 8 Cross L behind R (7), Unwind ½ Turn L ending with feet apart (8) 12:00**

**PART B: 16c - Starting both with both feet apart**

**[1 - 8] Body rotation CCW, Body rotation with arm push.**

**1 - 4 Lean body to L as you start to rotate upper body around and to the right in a CCW motion with hands out to either side, at shoulder level with palm facing upwards like Matrix style (1 - 4) 12:00**

**& 5 - 8 Slightly hitch R knee as you pull palms into either side of chest (&) Step R to R side and push both handpalms out to diagonally to R and reverse the flow of the turn back to L as you push both hands forward with open palms facing forward (5 -8) 12:00**

**[9 - 16] Arm waves forward, Arm waves back, Chest pulse, Rock out with arm stretch R L**

**& 1 & 2 Hitch R as you bring L hand up handpalm facing forward, and R hand down handpalm facing back (&), Step R forward and Snake L hand down at the same time snake R hand up and forward (1) , Start leaning forward and bring L hand up and forward with handpalm facing forward at the same time snake R hand down and forward with hand palm facing back (&) Lean all the way forward and Snake L hand down and forward at the same time snake R hand up and forward ending with fingertips almost touching (2) 12:00**

**3 & 4 Recover on L and reverse the arm movements (3 &) Step R next to L and end with both hands on chest (4) 12:00**

**& While both hands still, stand on ball of feet and the push chest forward, at the same time both handpalms facing each other, fingertips pointing forward (&) 12:00**

**a 5 - 6 & Recover chest (a) Push L knee out on ball of L as you lean R and extend R hand diagonally out to R with hand open and palm facing inwards (5 - 6) Recover back bring arms in (&) 12:00**

**7 - 8 & Push R knee out on ball of R as you lean L and extend L hand diagonally out to L with hand open and palm facing inwards (7 - 8) Recover back bring arms in (&) 12:00**

**Note: When doing PART B the second time, end with the starting position of PART A on count 8**

## **TAG**

**1 - 4 Headroll**

**1 - 4 Feet are apart. Roll head CCW from front, left, back and to the right, finish looking forward to 12:00 (1 - 4) 12:00**

**Ending: The last time doing Part B, end with the chest pulse, head facing down looking at chest**

## **Musicality Note**

**The song has a lot of speed differences. The dance starts immediately when he begins to sing. It's slow so don't rush it. First time Part A will be also very slow.**

**When doing the both PART B the music will speed up.**

**After the the Tag the song will slow down again.**

**It is very important to keep listening to how he sings.**

**Have fun!!!! Any questions..... See videos!**

**Roy, Shane and Guyton**