

Ez Creepin Ab

LINEDANCE.COM

Count: 24

Wall: 4

Level: Absolute Beginner

Choreographer: Sher Mcintosh (CAN) - October 2023

No Tags, No Restarts

Section 1: R Charleston repeated Twice

1 - 4 R Toe point Fwd, R foot step back, L toe point behind, L foot step down

5 - 8 R Toe point Fwd, R foot step back, L toe point behind, L foot step down

Section 2: Walk four times fwd while making 1 / 4 Turn Left, R Charleston

1 - 4 Walk forward (RLRL) and make 1/ 4 turn to the left

5 - 8 R Toe point Fwd, R foot step back, L toe point behind, L foot step down

Section 3: R Step side R while making a dip (bend knees), L together (and straighten up), 4 Hips (LRLR), repeat all from beginning two times

1 - 2 Step R to R side (by bending knees and dipping), L together (and stand back up)

3&4& Sway Hips LRLR rapidly (we did a lot of rapid arm motions here see demo)

5 - 6 Step R to R side (with a dip), L foot together (stand back up)

7&8& Sway Hips LRLR rapidly (feel free to embellish with arm movements for fun!)

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